

# Briefs

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 offered by Houston's Baylor College of Medicine.  
 The brochure also covers heart health, reproductive health, osteoporosis and emotional wellness.  
 A free copy of the brochure is available to anyone who sends a stamped, self-addressed, business-size (#10) envelope to: "Women's Health," Office of Public Affairs, Room 176B, Baylor College of Medicine, Houston, Texas 77030.  
**CAN HORMONES PROTECT AGAINST BREAST CANCER?**  
 HOUSTON — In a newly funded study of breast cancer, scientists are investigating how

hormones can protect against the No. 1 cancer among North American women.  
 "We already know that women who have their first full-term pregnancies before age 20 achieve a 50 percent reduction in their risk of breast cancer," said Dr. Daniel Medina, a cell biologist at Baylor College of Medicine in Houston, "and we know that women who wait until after age 30 to have their first full-term pregnancies increase their risk of developing breast cancer."  
 In a five-year study funded by the National Cancer Institute of the National Institutes of Health, Medina and other researchers will attempt to learn

how female hormones affect breast cancer.  
 Breasts undergo many changes during pregnancy, altering the cellular nature of the breast in the process.  
 "If we can learn the mechanisms of these changes and how they can confer protection from breast cancer," he said, "we may be able to devise a way to achieve those same results by other ways."  
 Medina said a form of three-dimensional imaging called confocal microscopy will help scientists follow normal and cancer cells to learn how they respond to hormonal changes and to locate cancer-resistant cells.

# Oscars

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 to try to beg the academy to "nominate us." "Please, nominate us." It is time for our people to form the kind of syndications (investment pools) that they use to finance their movies. Distribution houses are nothing but a desk, a phone and a few trucks (relatively speaking) to get our movies around to our very lucrative market, in our movie houses—if need be. Since they are excluding us, exclude us all the way. Could you imagine 25 percent of a \$100 billion industry just walking away. Neither can they, but if they can whiteout our faces from their realities, when do we whiteout our dollars?  
 It's unlikely that the flood gates of Hollywood are going to open to black talent overnight (if ever). For them, it's not about Oscar night. That's the party after the done deal. It's about business. Black movies make the highest yield

(investment versus return) of any genre in Hollywood but we can't do their deals. They're letting us know our skills don't play in their game. And recognition at their party don't either.  
 Can't we do for ourselves what we do for them. Make them lock out our movies, prove their bias, then recognize our own. Until then, we're like puppies with our noses pressed against a window, looking to get in out of the cold. Oscar night was a pretty cold place to be, if you were a black artist. One black nomination for the sake of mention (out of 166); all other performances take a seat in Hollywood's balcony. In the colored section, where we used to be. As Oscar Night fades to black, blacks just keep being faded off the page. And we see whiteout hasn't lost its touch. Except for a spot, everything's covered up. You can barely see it.

# Hilton

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 them for greater issues throughout their life time.  
 The organization that has personally chosen is the All-African Peoples Revolutionary Party (AAPRP). For some college students, the campus organization could be the NAACP or the campus newspaper. The point is to get involved.  
 Today, Ture has prostate cancer and is being treated for it by some of the best conventional and holistic doctors in the New York area.  
 At this time, I would like to also encourage men over the age of 40, who are reading this column, to please get a checkup as soon as possible. Don't delay. I know I won't.  
 College students need to have as many of us around as possible to be a part of their intellectual and spiritual growth. And also for the next stage of the revolution.  
*Hilton: Higher Education is an internationally syndicated column designed to dialogue with college and world readers. Education is ongoing and certainly not limited to the classroom. Let's talk. (909)899-0650 (4) bus. & (8) fax.*

# Financial

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 attendance.  
 Each school will have a different financial aid budget for attendance. UNLV's budget includes tuition, fees, books/supplies, transportation, and personal expenses is \$9,700 for on-campus students and \$9,800 for off-campus students.  
 "We base the budget on expenses as we know they are in Las Vegas," she said.  
 Stopes and Wilson urge students to call the financial aid office at the school they wish to attend to find the specifics of that applications process. Some

schools require additional applications for campus-based aid programs including scholarships and grants, which may have earlier deadlines.  
 FAFSAs are available for pick-up at any college or university which administrators federal financial aid funds the December of the year prior to college admission.  
 The forms can be mailed no sooner than January 1st of the next year.  
 For more information, call UNLV Student Financial Services at 895-3424 or CCSN's Financial Aid Office at 651-4315.

# SENIOR NEWS

## PARADISE COMMUNITY CENTER

Senior activities are held Monday through Friday from 10 a.m. to 2 p.m. at 4770 S. Harrison Dr. (near Tropicana and McLeod). Field trips, stretch and exercise classes, brown bag bingo, health screenings and senior club meetings are planned each month. Call Pauli at 455-7513 for information.

## PARKDALE COMMUNITY CENTER

3200 Ferndale offers a senior social hour every Thursday morning, and Pinochle games are Wednesday at 10 a.m. Also, Scrabble games are held every Thursday at 10 a.m. Pot-lucks are held every 4th Thursday of the month excluding holidays. The center — which also offers classes including Show Troupe, Senior Tap, and Senior Stretch — is located near Boulder Highway and Desert Inn.

## SUNRISE CENTER SENIORS

2240 Linn Lane, (near East Lake Mead and Nellis) meet for field trips, workshops and luncheons each month. You may join the planned activities such as Chair Exercise, Senior Stretch and Tap Dancing classes or expand on your own ideas and talents.

## WHITNEY SENIOR CENTER

5700 Missouri (Boulder Highway and Tropicana). Activities include classes in line dancing, Man John, Sittercise, ceramics, and oil painting. Activities include bocce ball, card games, bingo, guest speakers and more. The center is open Monday through Friday from 9 a.m. - 4 p.m. The Senior Nutrition lunch program is served daily for those 60 and older. One day advance reservations are required. A \$1.25 donation is required. Call Betty at 455-7576 for more information.

## DOOLITTLE SATELLITE SENIOR CENTER

The Doolittle Satellite Senior Center, located inside the Doolittle Community Center, T 1901 N. "J" St., (at W. Lake Mead) is open to people age 55 and older from 10 a.m. to 2 p.m., Monday through Friday.

Please call 229-6125 to confirm the time and date of the activity and to sign up.

The Healthy Strides Group meets at 10 a.m., every Monday and Friday. Chair Exercise classes meet at 10 a.m., Tuesday and Thursday. Bingo is played at noon every Tuesday and Thursday.

Sewing and stitching classes meet at 12 noon every Wednesday.

# Advisor

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 Whether saving for a home, a child's education, or retirement, many people make half-hearted attempts at financial planning, or worse, do nothing at all.  
 "It's too complicated." "I don't have time." "I don't know where to begin." When it comes to putting together a financial plan, these are just some of the excuses we use to rationalize our own lack of action. Many Americans would like to get started with the help of a financial advisor but don't know how to find one. OppenheimerFunds created a tool to help.  
*Finding a Financial Advisor Who's Right for You* was designed to help you find a financial advisor who will work with you in developing and achieving your financial goals. The brochure takes you step-by-step through the process of collecting names, conducting interviews, making the final decision, and maintaining a relationship with an advisor. And, there are checklists and worksheets to help guide your search.  
 Just because it's your financial future doesn't mean you have to plan it alone. The right advisor can be invaluable,

providing expert and objective guidance in dealing with what can be a complex subject — your money.  
 To get started, call 1-800-525-7048 for a free copy of OppenheimerFunds' *Finding The Financial Advisor Who's Right For You*.

# Youth

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 professionals that they can mold their lives after," Thompson said.  
 The Martin Luther King Jr. Center, located at 1316 Morgan St., sponsors two free youth oriented programs: the Martin Luther King Jr. Youth Committee and Choices for the Future. Created in 1991, the youth committee is a social organization, which performs public service. Membership is open to students in grades 7 through 12.  
 Free ACT and SAT classes, computer training and career days are among the many services provided through the Choices for the Future Program.  
 For more information about King Center activities, call 631-1913.

# This Week In Black History

- March 28** — In 1966 Bill Russell was named coach of the Boston Celtics basketball team, the first Black to coach a major American professional basketball team.  
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- March 29** — In 1918 the great Pearl Bailey, a black female entertainer, was born in Newport, Va.  
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- April 1** — In 1966 the first World Festival of Black Arts was held in Dakar-Senegal. It lasted until April 26.  
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- April 2** — In 1939 Marvin Gaye, famed Black musician was born in Washington, D.C. He was shot to death by his father in Los Angeles on April 1, 1984.  
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- April 3** — In 1950 Carter G. Woodson died, he was called the father of Black History.

# Etchings

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 as provided by Sections 17214 through 17216.2 and 24357 through 24359 of the Franchise Tax Board Code.  
 Students receiving scholarships from CPSSF are very serious about their course of studies and their future. The scholarships afford them the opportunity to continue their educational pursuits and they are more than grateful.  
**Lifeline** —  
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 and no direct budget, staff said.  
 Lifeline provides free pregnancy tests, baby food, infant and maternity clothing and furniture when available. The all-purpose agency recently finalized an agreement with the Clark County School District to host Horizon High School classes for teen-agers 16 years old and under.  
 For more information about Lifeline, call 871-6585.

**ADVERTISE  
 CALL NOW  
 380-8100**

**"All Sides Matter"**  
**Barbara Robinson & Don Schlesinger**  
 Wednesday Evening • 6:35 pm - 7:35 pm  
**KRBO 105.1 FM**  
 This Week's Topic:  
**"The State of Tobacco in Nevada"**  
*Call in and ask questions: 642-3230*  
 1-800-660-1051  
 (outside Clark County)