

Cancer

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although male breast cancer is rare.

The federal Centers for Disease Control and Prevention reports that breast cancer is the second leading cause of death for all women (after lung cancer) and the leading cause of cancer death in women between the ages of 20 and 59. It is the most common cancer among women, excluding non-melanoma skin cancers.

Breast cancer is the most invasive cancer among women in the United States, accounting for nearly one out of every three cancers diagnosed. Every three minutes someone is diagnosed with breast cancer, and every 13 minutes a woman dies from the disease.

According to the American Cancer Society, about 1.3 million women will be diagnosed with breast cancer annually world wide, and about 465,000 will die from the disease annually.

The disease's most common risk factors are sex, age, personal history, family history and breast cancer genes.

Women are at the highest risk; risk increases as a woman grows older. Women who have had breast cancer and women with a history of breast disease may develop it again. The risk of developing breast cancer increases for a woman whose mother, sister, daughter or two or more relatives have had the disease.

On the positive side, earlier detection and better treatments have helped to steadily reduce breast cancer death rates since 1990.

However, African-American women have a higher breast cancer death rate than women of any other racial or ethnic population. This concerns Beatty.

"We as a community are so closed-mouthed when it

comes to these things. That is one of the reasons we do not have accurate statistics about breast cancer in African-American women in Southern Nevada and other communities," she said.

"This same closed-mouthness prevents us from obtaining adequate treatment and support. Because African-American women have a higher incidence of developing breast cancer and have a higher death rate attributed to the disease is the reason we need to speak out more."

When a doctor comes back with a diagnosis of cancer, she said many people shut down, unable to fathom the new reality of their lives.

"The medical community throws out a lot of technical terms that you can't possibly get your mind around," she said. "Our organization takes up where the doctors leave off, because we've been there. We have a personal interest and can be there emotionally where a medical provider cannot."

According to the Sisters Network Inc. website, the organization's national branding campaign, "Stop the Silence," speaks directly to the nation's African-American communities' long-standing history of not discussing cancer and other life-threatening health concerns.

Beatty said the organization can often inform clients about issues that their doctors miss.

"We hear about early detection and the importance of performing monthly breast self-exams, but no one mentions that because of the density of African-American women's breasts, the exams should be done differently and more thoroughly," she said.

"We teach different techniques of breast self-examination and we are ready and

able to demonstrate these techniques to anyone."

Beatty said African-American women are developing the disease at earlier ages than other ethnic groups.

"It is commonly believed that women should begin having mammograms at about age 40," she said. "Our organization teaches that African-American women should begin these exams 10 to 20 years earlier than this, particularly if there is a history of breast cancer in the family. Women should also request sonograms in addition to the mammograms."

Sisters Network Inc. reaches out to women by helping with completing insurance forms, assisting with family care, transportation, nutritional advice, assisting with the costs of mammograms, and a host of other support services and information sharing beyond

treatment of the disease itself that the medical community does not consider.

Beatty said, "Sometimes a woman needs to know where she can get a ride to her treatment or someone to watch her children. Or she just may need to talk about her concerns, what's going to happen at her treatment sessions, or how she feels about her doctor. Doctors have no time to listen to a woman's concerns outside the medical treatment, or expertise in these matters. This is where we can step in."

Sisters Network Inc. is working hard to let citizens in the Las Vegas Valley know that there is help in the community for their concerns about breast cancer.

"It is important to know that you do not have to be rushed out of a doctor's office after you've been given a diagnosis of breast cancer or anything else," she said.

LEGAL NOTICES

REGIONAL TRANSPORTATION COMMISSION

Purchasing & Contracts
600 South Grand Central Parkway, Ste. 350
Las Vegas, Nevada 89106-4512
Fax: (702) 676-1588

REQUEST FOR PROPOSALS

RFP NO. 09-007

TRANSIT VIDEO ADVERTISING FRANCHISE

Scope of Work: Marketing, coordinating and providing program management of displaying advertising messages on the interior of the RTC vehicles.

Pre-Proposal Conference: Will be held on November 7, 2008 at 9:00 a.m., at RTC, South Grand Parkway, Las Vegas, Nevada, Room 108. The purpose of this conference is to discuss the specifications.

Proposal Opening: All proposals must be received by December 4, 2008 at 3:00 p.m. at the Regional Transportation Commission, 600 South Grand Central Parkway, Las Vegas, Nevada 89106, 1st floor reception desk. Proposals must be time-stamped no later than 3:00 p.m. Proposals will be publicly opened immediately thereafter in Room 108. Proposals time-stamped after that date and time will not be considered in the award and will be returned to the Proposer.

Solicitation Documents may be obtained on October 27, 2008 at the Regional Transportation Commission, 600 South Grand Central Parkway, Las Vegas, Nevada 89106, 1st floor reception desk or by e-mailing a request to hauhts@rtcnsnv.com.
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INVITATION TO BID NO. 09-008

CUSTODIAL SERVICES

Scope of Work: Custodial Services for 5 Locations: South Strip Transfer Terminal, IBMF South Strip Transfer Terminal, IBMF Vault/Probe Building, IBMF FR Maintenance Farebox Shop, Tompkins Vault/Probe Building and Tompkins Farebox Shop

Pre-Bid Conference: Will be held on October 30, 2008 at 10:00, at the South Strip Transfer Terminal, 6775 Gilespe Road, Las Vegas, Nevada 89119. The purpose of this conference is to discuss the specifications. A site walk-through of all the locations will immediately follow the Pre-Bid Conference.

Bid Opening: All Bids must be received by November 13, 2008 at 3:00 at the Regional Transportation Commission, 600 South Grand Central Parkway, Las Vegas, Nevada 89106, 1st floor reception desk. Bids must be time-stamped no later than 3:00 p.m. Bids will be publicly opened immediately thereafter in Room 108. Bids time-stamped after that date and time will not be considered in the award and will be returned to the Bidder.

Solicitation Documents may be obtained October 24, 2008 at the Regional Transportation Commission, 600 South Grand Central Parkway, Las Vegas, Nevada 89106, 1st floor reception desk or by e-mailing a request to hauhts@rtcnsnv.com.
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"If there's anything you need to know about your condition or treatment, they are obligated to answer you."

Sisters Network Inc. wants the word out. By educating people, they hope to create an informational domino effect: one person will tell two; those two will tell four and so on. The end result, members hope, will be an educated populace that will take up the fight against

breast cancer.

"Many African-American women are suffering and dying from breast cancer," she said. "This is mainly due to a lack of information, detection, and failure to seek treatment. Sisters Network is here in the community to educate, inform and support in numerous ways."

For more information, contact Sisters Network Inc. at (702) 648-3410.



HOUSING AUTHORITY OF THE COUNTY OF CLARK (HACC)

REQUEST FOR PROPOSAL FOR

RFP#: 8296-0064 - CONSULTANT
FAIR HOUSING AND EQUAL OPPORTUNITY - AUDIT

The Housing Authority of the County of Clark (HACC) is requesting sealed proposals from qualified and experienced firms and/or individuals capable and ready to enter into a contract agreement to assist HACC in responding to FHEO audit findings and complying with the HUD VCA - Voluntary Compliance Agreement. Respondents to this solicitation must have documented experience in assisting in responding to FHEO audit findings for agencies the Housing Authority of Clark County, NV and have achieved successful results.

A pre-proposal conference will be held in the HACC's Board Room on **November 10, 2008 at 2:00 PM** at which time the RFP documents, scope of work (SOW), will be distributed.

Sealed responses to this solicitation will be received by HACC until **1:00 PM** local time on **November 26, 2008**. No late proposal will be accepted.

Respondents to this solicitation must have documented experience of comparable work. Minority- and women-owned businesses are encouraged to respond.

All RFP documents are available on the HACC website at www.haccnv.org in Portable Document Format (PDF). Contact the Contracts Administration Department at (702)451-8041 Ext. 1424 if you wish to pick up the RFP document.
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PUBLIC NOTICE

Notice of Public Hearing Regarding the 2009-2030 Regional Transportation Plan and the 2009-2012 Transportation Improvement Program

The Regional Transportation Commission of Southern Nevada (RTC) is proposing to adopt the Regional Transportation Plan (RTP) for FY 2009-2030 and the Transportation Improvement Program (TIP) for FY 2009-2012. The RTP and TIP list all transportation projects in Southern Nevada that are expected to receive federal funding under Federal Highway Administration or Federal Transit Administration programs.

A public hearing on the RTP and TIP will be held on **Thurs., Nov. 13, 2008**, at the RTC Board of Commissioners' Meeting at 8:45 a.m. in the Clark County Government Center, 500 S. Grand Central Pkwy., Las Vegas, NV 89155.

The documents proposed for adoption may be viewed online at rtcnsnv.com on October 31.

EMPLOYMENT



The Regional Transportation Commission of Southern Nevada is currently recruiting for the following positions:

Paratransit Eligibility Specialist

For complete details and to apply on-line please visit

www.rtcnsnv.com

RTC is an Equal Opportunity/Affirmative Action Employer