

In sports, is getting an upper hand really cheating?

As long as people have been competing against each other in sports they have been trying to find some way to emerge victorious when the final tallies are taken. When the equipment or the ability to gain the upper hand over an opponent is lacking, the competitors try to find something that will finally make their efforts pay dividends.

Once upon a time, tennis rackets were made primarily of wood. Then, the Head Company experimented with aluminum in the rackets, and the wood became archaic. Aluminum soon gave way to titanium, and metal racquets are the weapons that make Andy Roddick serve 152 miles per hour. Prince racquets were next.

In the days of Ben Hogan, Byron Nelson, Bobby Jones and Sammy Snead, the golf clubs, especially the drivers, two, three, and four woods, were made naturally out of wood, thus, the name "woods." Now, the woods are made of aluminum or some other metal.

Baseball gloves were much smaller when players like Ty Cobb, George Herman (Babe) Ruth, Lou Gehrig, and even when Jackie Robinson played. Cobb also played with sharp spikes which helped him slide into a base and spike the infielder. The gloves today are enormous.

And almost everyone who is a sports fan remembers the championship football game when the New York Giants were beaten by the Chicago Bears who sent out to a college and got some tennis shoes to wear because the frozen field was too hard for their spikes to grip.

And some players, like George Brett, a Hall of Famer from Kansas City, and Sammy Sosa, have been known to put cork in their bats to gain an advantage at the plate.

Modern day athletes are constantly being examined and have trainers or doctors prescribing various solutions and vitamins they should take to remain in good condition. There are hundreds of pharmacies and health stores, with billions of different mixtures, which are reported to aid a person or an athlete in keeping the body in top form.

No matter whether a person takes Vitamins A, D, C, B-12 or B-6, he cannot determine just how much his



SPORTS PACE

By Huel Washington

body is being helped by the consumption of those minerals. He can only guess, unless he is under serious medical treatment and is being tested regularly.

Athletes who reportedly took the performance enhancing drug THG orally or topically are the only ones who really know whether it really helped them increase their previous activities.

Quite a number of athletes who reportedly used the banned substances also aided their conditions psychologically; they thought they were being helped chemically, but who knows?

The desire to win her races after leaving college also was the thing that led Kelli White to winning the 100 and 200 meters at the World Championships in Paris and \$120,000. She confessed to using a cream, given to her by coach Remi Korchemny who she had run for since she was 12 years old, and some flax seed oil and vitamins.

White did what many athletes do. Go to the GNC store and buy some strength build-

ing drugs. The shelves are overflowing with this pill, capsule, tonic or syrup that is bound to make you feel better and live longer.

The media hounds are really after Barry Bonds now that Jason Giambi's testimony to the Federal agents has been revealed. But while saying Bonds introduced him to Greg Anderson, who went to high school with Bonds, Giambi also said he worked out at Gold's Gym in Las Vegas and made buys of the forbidden drugs in Sin City.

Looking back on the worldwide sports picture, ath-

letes from Russia and China have been accused of using something besides Ginseng to assist them in their athletic performances. Everyone loves a winner, and the winners love to be admired.

The media, primarily Caucasian, hates Bonds because of his aloofness, so they are hitting homeruns with stories about the BALCO scandal. Bonds reportedly stated that he didn't think there was any harm using the various ointments he was given by his personal trainer Anderson.

If he knew it was an illegal steroid, there is no way he would have told the fans at Pac Bell Park that he owes all of his success to Anderson. He would expose his hand to everyone. Does that make sense?

From ice skating and

bobsledding to horse racing, participants are always looking to find a way to win. It's human nature. But is coming up with a way to win wrong? Who declared steroids illegal?

Roger Bannister smoked a cigarette after breaking the four minute mile mark.

Nowadays, however, smoking leads to lung cancer. Bannister is still alive but he quit smoking.

In a recent article, Bannister said if he had known when he was younger that smoking was as bad as they claim, he would have quit before making (See Sports Pace, Page 16)

EMPLOYMENT

Public Information Administrator

The Regional Transportation Commission of Southern Nevada is currently recruiting for a Public Information Administrator.

Provides supervision, training, work review and evaluation of staff; organizes and assigns work, sets priorities, and follows-up. Researches information from departmental sources, including conducting interviews and reviewing files and other written documentation. Writes and edits news releases, brochures, broadcast presentations, newsletters and similar materials for newspapers, magazines, and broadcast media. Represents the RTC in appearances with various media; develops and maintains media contacts. Designs visual presentations and works with graphic specialists; works with web team to develop and maintain all RTC-related websites and online activities. Plans and coordinates special events such as open houses, exhibits, tours, dedications, etc.; ensures media coverage.

Starting salary: \$47,164.00 (salary range \$47,164.00-\$73,103.68)

Position closes: 5:00pm, December 28, 2004

For more information on the position, or to apply, please visit: www.accessclarkcounty.com

A Clark County application form and questionnaire must be submitted.

RTC is an Equal Opportunity / Affirmative Action Employer.

Jacob Snow, General Manager
Regional Transportation
Commission
600 S. Grand Central Pkwy., Ste. 350
Las Vegas, NV 89106

Phone: (702) 676-1500
TDD (702) 676-1834
www.rtcsonthernnevada.com



Program/Promotions Assistant

KTUD-TV has an immediate opening for a full-time Program/Promotions Assistant. This position is responsible for maintaining program schedules, coordinating information for programming, scheduling on-air promotions and public service announcements, keeping comprehensive records for the programming and promotions department, preparing quarterly reports required by the FCC, other duties as assigned. No phone calls please. EOE.

Please mail your resume to:
Human Resources
KTUD-TV
3790 So. Paradise Rd. Ste. 100
Las Vegas NV 89109
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HELP WANTED

The Las Vegas Valley Water District

CIVIL ENGINEER / CIVIL ENGINEER P.E. ASSISTANT CIVIL ENGINEER - PLANNING

Planning, design & const of wtrwrks capital progs &/or maint projs. Prepares master plans & operational plans utilizing network modeling software.

Civ Engr/Civ Engr PE req's grad 4-yr coll in civ engrng & 3 yrs resp prof civ engrng exp, preferably in a wtr util. Desire strong computer skills w/proficiency in hydraulic modeling, database dvlpmnt & GIS. Also desire candidates w/strong writing & negotiation skills. Registration as Prof Engr highly desirable. Asst Civ Engr req's grad 4-yr coll w/degree in civ engrng & 1 yr prof exp, incl pub wtrwrks design & const.

Salary: Civ Engr, \$68,633 - \$85,791 yr, DOQ; Civ Engr, P.E., \$72,062 - \$90,078 yr, DOQ, Asst Civ Engr, \$59,284 yr, + generous bnfts pkg.

The application package for any of the above positions may be obtained from:
Las Vegas Valley Water District, Human Resources Dept.
1001 S. Valley View Blvd., Las Vegas,
apply online or download at www.lvwwd.com.
Filing Deadline: Immediately. Open till filled.

Faxes and resumes will not be accepted in lieu of the required application package.

www.lvwwd.com



LEADERS IN SERVICE
AA/EOE/MFD

The Las Vegas-Clark County Library District, Las Vegas, Nevada, the proud recipient of Gale/Library Journal's 2003 "Library of the Year" Award is recruiting for:

TEMPORARY PART-TIME ADULT SERVICES ASSISTANT

\$14.85 Hourly

Bachelor's Degree required; computer experience required; and library or public contact experience required. Closing Date: December 16, 2004.

PART-TIME OFFICE ASSISTANT II

\$12.69 Hourly

High school diploma or GED equivalency required; one (1) year general clerical or secretarial experience required; proficiency in Windows and word processing required; typing skills required; or an equivalent combination of training, education, and experience that provides the necessary knowledge, skills and abilities. Selected candidate must possess, or have the ability to obtain, valid Nevada Driver's License at the time of hire. Closing Date: December 16, 2004

For complete job announcement visit our web site at <http://www.lvccld.org> or apply in person at LVCCLD Human Resources Department, 833 Las Vegas Blvd. North, Las Vegas, NV 89101.

LVCCLD is an EOE

Published: Las Vegas Sentinel-Voice - December 9, 2004

Senior Vault Attendant

The Regional Transportation Commission of Southern Nevada is currently recruiting for a Senior Vault Attendant.

Provides lead direction; training and work review for vault operations. Provides input into evaluation, disciplinary and other personnel matters. Ensures that documents such as bank deposits and armored carrier receipts are completed accurately and timely. Assists in maintaining, troubleshooting and repairing revenue collection and vault equipment. Receives, sorts, audits and counts cash revenues in accordance with established guidelines. Oversees and participates in the sale and distribution of fare media and merchandise.

Starting salary: \$29,725.28 (salary range: \$29,725-\$46,065)

Position closes: 5:00pm, December 27, 2004

For more information or to apply, please visit:

www.accessclarkcounty.com
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LEGAL NOTICES

NOTICE OF INVITATION FOR BIDS IFB NO. B05005

Sale of Excess Materials & Equipment

LVHA CONTACT PERSON	Michael Gifford, C.P.M., Purchasing Manager Telephone 702/386-2973, TDD 702/386-0789
HOW TO OBTAIN THE IFB DOCUMENTS ON THE APPLICABLE INTERNET SITE	1. Access www.haclv.org . 2. Click on the "BIDS/RFPs" icon on left side and follow the directions. 3. Problems accessing system or registering? Call customer support, 1/866/526-9266.
PRE-BID CONFERENCE	Thursday, 12/16/04, 2:00 p.m., 340 N. 11th Street, LV, NV 89101
BID SUBMITTAL RETURN	LVHA Contracts & Purchasing Office 340 N. 11th Street, Suite 180, LV, NV 89101
BID SUBMITTAL DEADLINE	Tuesday, 1/4/05, 4:00 p.m.

(Minority- and/or women-owned businesses are encouraged to respond)

