COMMUNITY BILLBOARD

THURSDAY, DECEMBER 20

The Salvation Army is in need of volunteers for the Christmas Angel Tree Distribution. From 8:30 am – 5:00 pm at Cashman Field. For more information please call 870-4430, ext. 10.

FRIDAY, DECEMBER 21

The Salvation Army is in need of volunteers for the Christmas Angel Tree Distribution. From 8:30 am – 5:00 pm at Cashman Field. For more information please call 870-4430, ext. 10.

SATURDAY, DECEMBER 29

The Cultural and Community Affairs Division of the City of Las Vegas Department of Leisure Services presents a Rites of Passage Workshop from 10 am-3 pm at the West Las Vegas Arts Center, 947 West Las Vegas Blvd. Following the workshop will be the Karamu Feast, a joyous celebration of African-American ancestry that takes place on the sixth day of Kwanza, from 3 pm-5 pm. admission is free. for more info please call 229-4800.

MONDAY, DECEMBER 31

Mountaintop Faith Ministries invite the community to a special New Year's Eve Service,"Bring the New Year in at the Mountaintop," @ 9pm. It will be held at Mountaintop Faith Ministries, 2845 Lindell Road. For more info please call 367-1636.

SATURDAY, JANUARY 5

The West Las Vegas Arts Center will hold an African American cultural focus entitled "Employ your mother wit: optimal health of the body, mind and spirit." At 1pm, 947 W. Lake Mead Blvd., for more information call 229-4800.

JANUARY 14

The West Las Vegas Arts Center will hold a Community Gallery featuring Beyond the Boundaries and Craps: A Black Man's Game at 947 W. Lake Mead Blvd., for more info call 229-

FRIDAY, JANUARY 18

The West Las Vegas Arts Center will hold a Poet's Corner at 7pm. Established poets as well as open mike at 947 W. Lake Mead Blvd., for more information call 229-4800.

FRIDAY, JANUARY 25

The West Las Vegas Arts Center will host On Stage: An Evening With Walter Mason & Friends at 8pm in the West Las Vegas Library Theatre at 947 W. Lake Mead Blvd., for more information call 229-4800.

ONGOING

Matt Kelly will be holding a food drive for the community which will run through Dec. 21. For more information please contact Ms. Deborah Harris at 799-4750... The Reed Whipple Cultural Center will feature The Riches of Family: An American Journey from Slavery to Prosperity, the works of Rick Hyman, through February 23 ... Left of Center Art Gallery and Studio will hold an art exhibit by local artist Jorge Arcos entitled "Faces of Mexico." Over 30 oil and watercolor works depicting the rich and colorful Mexican culture. It will run from December 9 until February 15... The Southern Nevada Chapter of the Lupus Foundation of America Inc. meets the 3rd Wednesday of each month inside the Sunrise Hospital doctors' conference room, 3187 S. Maryland Parkway, from 7-9p.m. Participants will discuss a variety of subjects about lupus in an effort to educate and support lupus sufferers. Call 566-1425 for additional details... The West Las Vegas Arts Center, 947 West Lake Mead Blvd., invites the community members to share the history, traditions and customs during the monthly "Voices of the African Diaspora," at 6p.m. The host will be Hasani Kefing Palacio. Participants are encouraged to participate in a discussion of pertinent, contemporary issues experienced by African Americans. "Voices of the African Diaspora" is a free presentation by the Cultural and Community Affairs Division of the City of Las Vegas Department of Leisure Services. This program is provided to the community every first Tuesday of each month. Call 229-4800 for additional details regarding this event... Family Home Hospice is offering ongoing training for volunteers. Volunteers will provide emotional support to terminally ill patients, care-giving respite, errand running, companionship and socialization for and caregivers, office help and assistance with the hospice's bereavement program. Call 671-1193 to register for an upcoming training session.... The Las Vegas Fibromyalgia Syndrome/Chronic Fatigue Syndrome Support Group will hold meetings every second Tuesday at Desert Springs Hospital, 2075 E. Flamingo Rd., from 5-5p.m. Participants are advised that this is a smoke-free and fragrancefree meeting due to individuals that suffer from chemical sensitivity. Call 645-2153 for more information.

The Las Vegas Sentinel-Voice accepts Community Billboard announcements for non-profit and church organizations. Send notices: 900 E. Charleston Blvd., Las Vegas, NV 89104 or fax to (702) 380-8102.

TransAfrica

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allowing the real flow of democratic participation in various countries.

The actor expressed particular concern about new trade arrangements informally known as globalization and their impact on working people.

"...If we look at globalization in the form that it is taking now, it's been more friendly to those who have capital and money and the ability to expand their capital and money.

"Those without this ability become non-voices in this process.

"What you saw at Durban was those people who were most victimized by globalization, civil society and NGOs, those people who are on the ground and who have no voice in this (globalization) process.

"Whether it's through the WTO (World Trade Organization), whether it's through ratification of agreements like NAFTA (North American Free Trade Agreement), or whatever, you see that all of these have had an enormous impact of people on the ground."

The holidays are a stressful time for many people, but if you have arthritis, the stress may be taking a greater toll on your body and mind. People with arthritis or related diseases such as lupus or fibromyalgia go through the same kinds of stressful periods are everywore also, but the effects could be amplified because

People with arthritis or related diseases such as lupus or fibromyalgia go through the same kinds of stressful periods as everyone else, but the effects could be amplified because of the diseases. The results can lead to headaches, upset stomach or disease flare-ups.

Arthritis manageable, even with holiday stress

Special to Sentinel-Voice

However, you can learn how to manage stress. Here are some tips: Do the important things, such as holiday shopping, early; Turn down extra duties; Prioritize; eliminate what's superfluous or redundant; Put stressful situations in perspective; Learn to relax. Try deep breathing, guided imagery, visualization; Set goals and create a plan to reach them; Find outlets for stress such as exercise or journal writing; Focus on the positive; Use support systems such as family, friends or clergy; Don't push yourself beyond your limits. Pace yourself and schedule rest breaks.

Vouchers

(Continued from Page 11) for African-American children. In its own words, the study, entitled, "Rhetoric and Reality: What We Know and What We Need to Know About Vouchers and Charter Schools," said "small-scale, experimental, privately funded voucher programs targeted to low-income students suggest a possible (but as yet uncertain) modest achievement benefit for African-American students after one to two years in voucher schools" compared to local public schools.

Moreover, this "uncertain" effect of vouchers was tied to the fact that more often than not, Black students were making use of small, "escape hatch" schools, not at all something that would be generally available for most children in public schools.

This means that despite the

TV ads showing Black parents pinning away for vouchers, those who have mostly benefited from private school attendance have been White middle-class children.

This led the Rand study to suggest that "it is also possible that the options [created by vouchers and charter schools] will, in practice, disproportionately benefit middle and upper-income families." In short, the Rand study agrees that Blacks stand in danger of being used as pawns in a public relations game.

This bill sets out an ambi-

tious goal of 12 years for all students to achieve proficiency in Math and English. But an analysis by another organization, the Education Trust, finds that whether or not the 12-year goal will be reached is related to the progress-made by Blacks and Hispanic students. But in the historic one-way process of cultural assimilation that has Black and Hispanics students responding to tests designed according to the White middle class norm, how could it be otherwise?

This bill seems like a reasonable approach, but it may also take far more than \$3.7

billion to wipe away the educational effects of centuries of past and present racial oppression.

Dr. Ron Walters is the distinguished leadership scholar in the Academy of Leadership and professor of government and politics at the University of Maryland at College Park.

Reform

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have become painfully apparent in the months since the recession has spread across the economy. Congress must take heed of them and give recipients a fighting chance to reduce their poverty and dependency on government assistance.

In other words, Congress must be inspired by the economic privation welfare-to-work recipients who put their faith in the system are now enduring to build an equitable program that provides real opportunities for economic self-sufficiency.

Maya Rockeymoore is the Senior Resident Scholar for Health and Income Security for the National Urban League Institute for Equality and Opportunity.

Clingman

(Continued from Page 11) was spirit and there was power in the house during the BAFCA seminar; you should have been there.

But since you could not be there, let me tell you more. As I said, BAFCA is on a tour across this country to spread the economic gospel and to stimulate a collective and cooperative power movement among and within Black churches. The seminar series, the essence of economic empowerment for Black people. Sponsored by the Richard Allen Foundation and its subsidiary, Visions 2000, BAFCA is helping ministers, and the churches in which they teach, how to move to a state of competitive readiness, which is the imperative for the 21st century.

Dr. Anderson leads the

attendees through a six-session training the trainer course that comprises the following topics:

* Why is an empowerment plan for Black people necessary, and how can we make it happen?

*How can Blacks become competitive?

- * Rebuilding physical communities and competing as a team;
- churches. The seminar series, titled, "Economic and Ethnic ling business and institutions Wellness Summit," captures the essence of economic em-
 - * Using vertical business integration to maximize control of education, economic, and political resources; and

* Expand the traditional role of the Black Church.

If you have heard Dr. Claud Anderson before you know it's wise to do as George Fraser says in his Success Guide Millennium, "Put on your seatbelts." He sets the house on fire with his stark, straightforward, eye-opening, and no-holds-barred descriptions of our economic situation in this country.

His solutions for Black people to "get out of the ditch," as Dr. Claud puts it, make all the sense in the world.

It boggles my mind why we do not act on his message. I have been in meetings during which he spoke and witnessed everyone saying, Amen" and "That's right, brother," only to see those same persons weeks, months, and years later still doing what they have always done, the memory of Dr. Anderson having faded in the distance.

Well, Dr. Anderson, Bishop Frank Stewart, John Brown, Ernestine Henning, and all the rest of the leaders at BAFCA are out there again sounding the alarm to our people, namely our Black ministers, the powerbrokers of the community. As I stated in my opening and closing remarks, "This is about stewardship.

It is about Black people taking care of what we have been given." I referred to the passage in the Bible in Luke 12:42-44 and posed the question, "Who is that faithful and wise steward?"

We must realize that when the owner of everything on this earth returns, he will ask a question similar to that one asked in the parable. What will your answer be?

BAFCA will continue to carry its message across the U.S., attempting to prod us, to cajole us, to admonish us in the way we should go.

We had better listen, as Dr. Anderson tells us, "Before it's too late."