

ENTERTAINMENT

A BOOK REVIEW

# No more excuses!

By Stephanie E. Myers  
Special to Sentinel-Voice

For all of us who claim we don't have time to read, to look for a new job or, time to change the direction of our lives, author/motivational speaker Willie Jolley challenges us in his new book, "It Only Takes a Minute to Change Your Life!"

Published by St. Martin's Press, "It Only Takes a Minute to Change Your Life," is a quick, read filled with inspirational messages within everyone's range. It is perfect for those of us who simply don't have much time to read a big book with long chapters. In his preface Jolley says, "In an age of Minute Rice, instant coffee, fast food, quick cash and phone loans we now are happy to present, minute motivation!"

Jolley's book is lauded by motivational greats like the "Master Motivator" himself Les Brown, world renowned speaker Zig Zigler and Mark Victor Hansen, author of the best seller "Chicken Soup for the Soul." Much of the book is based on scripts used in Willie Jolley's nationally syndicated radio talk show, "The Magnificent Motivational Minute." Each one consists of a one minute message and are all easy reading. Jolley says that audience response to his "One Minute Messages" was so positive that he decided to package them into a book.

In addition to the delightful "Minute Messages," Willie Jolley shares personal anecdotes about his career growth from jingle singer, to drug counselor, to motivational speaker as a part of the Les Brown Dream Team, that includes Billy Preston and Gladys Knight. The book also includes lyrics from motivational songs that he and friends have written.

Some of the stories Jolley tells are about everyday people, others are about the rich and famous. Still others reach back to history and the Bible to make their points. Jolley spices up some of his stories with parables that effectively use symbols and animal imagery. Although some portions of the book may see repetitive, Jolley makes a good case for repeatedly drilling the message of success into our minds.

Ministers and religious groups can borrow from Jolley as they prepare sermons and messages. Since his emphasis is on motivation, he offers a new dimension to the community-at-large as he exhorts people to be the best that they can be. Jolley's unabashed view is one of success and ambition. He uses his own life as an illustration of what can be achieved by positive thinking and the willingness to take risks.

This book should be particularly popular for youth groups, schools and community organizations. The "Magnificent Motivational Minutes," are short enough to hold the interest of young people, but profound enough to spark their imagination and stimulate their minds. Youth can dramatize the "Minutes," use them to give speeches, or base school essays on them. Because Jolley is a father and husband, he is able to speak to young people with love and concern.

For adults, the uses are obvious. In this time of downsizing, cutbacks and mid-career changes, all of us can benefit from the inspirational messages in Jolley's book. The book is small enough to carry in a briefcase, purse or pocket so it's easy to read a "Magnificent Motivational Minute" when we're on the subway, in an airport or even in line at the supermarket. Willie Jolley has taken away all our excuses with his claim that—"It Only Takes a Minute to Change Your Life."

Let's face it—we all have a minute!

Stephanie E. Myers is vice president of R.J. Myers Publishing Company, co-author of the "Can Do Kids," "Success Kits," "The Rescue of Robby Robo," and the newly-released AfroChristocentric book, "St. Maurice of Aganum, A Courageous Christian Soldier."

# Bryson debuts at Detroit Opera House

Special to Sentinel-Voice  
Dubbed the "King of Balladeers," two-time Grammy and Oscar Award winner Peabo Bryson will fill out an all-star cast of vocalists in a Michigan Opera Theatre production of George and Ira Gershwin's "Porgy and Bess", opening May 30 and scheduled for fourteen performances at the magnificent Detroit Opera House.

Bryson will take the role of Sportin' Life, the drug-dealer and devil's ambassador to Charleston's Catfish

Row, who sings the hit song "It Ain't Necessarily So."

During his eighteen-year musical career, Bryson has achieved success as a writer, recorder and performer of music of many different styles. Some of his chart-topping hits include "A Whole New World" from the Disney movie "Aladdin", "If You're Ever in my Arms Again," "Can You Stop the Rain," and duets with Natalie Cole in "What You Won't Do for Love" and Roberta Flack in "Tonight I Celebrate my Love."



PEABO BRYSON



## GRAND OPENING!

SALES EXPO - MAY 30TH !!!

# COUNTRY RIDGE VILLAS

WITH OUR SPECIAL FINANCING, LET US SHOW YOU HOW TO OWN YOUR OWN HOME !

**\*\* BAD CREDIT ????**

- WE WORK THROUGH THE CONSUMER CREDIT COUNSELING SERVICE

**\*\* DON'T HAVE THE DOWN PAYMENT ???**

- WE CAN HELP! WITH SPECIAL FINANCING !!

## VISIT US TODAY !!

FIRST COME, FIRST SERVED TO RESERVE A NEW HOME !!

PRE-REGISTER FOR OUR GRAND OPENING SALES EXPO  
MAY 30TH !!!

**\*\* FREE FOOD      \*\* MUSIC      \*\* 10:00 AM TO 6:00 PM**

## TOWNHOMES FROM THE HIGH \$60'S

LOCATED ON TONOPAH BETWEEN BONANZA AND WASHINGTON - 702-648-4263

LLAMEN HOY PARA ESPANOL !



Ultimate Pest Control • Work Guaranteed  
Office Hours: 8 am - 5 pm Mon.-Fri.  
License No. 2340

**New York Style Pest Control**  
(Put your pest to rest)  
**649-6868**

Zyra & Robert Thomas, Owners & Operators  
3424-C E. Lake Mead  
North Las Vegas, Nevada 89030