

# Kappa

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and other targeted sites. In addition, every year the group goes to New Orleans for the Bayou Classic - a homecoming football match-up between the historic Black colleges Grambling State University and Southern University.

These trips are the highlights of a regimen that shapes the everyday lives of the program's members, who attend bi-weekly business meetings, go to church together once a month, and participate in community service activities that are planned on a monthly and yearly basis. Recent examples of these activities include a community clean-up, the Unity Fest, the Iverson tree planting, and hosting of the Martin Luther King banquet and the NAACP banquet.

At home, members are required to learn the ideas and facts contained in two books. The first, distributed nationally by the Guide Right program, addresses issues of community service and self-esteem. The second was written and compiled by Garrett and Weekly for the local membership. It contains information the two mentors feel their charges should know, including the history and purpose of the Guide Right program, the Black National Anthem, and the Seven Principles of Kwanzaa. Students must write an essay on the life of an African-American male whose achievements are stellar but not widely known and recorded.

Guide Right attracts exceptional young men who provide for each other a compatible peer group that reinforces positive qualities and tendencies. According to Garrett, the message is, "You can be cool while giving back to the community." One of the rewards, he says, is

recognition - from mayors, governors and others. Another is the common bond forged with other Kappa Leaguers both locally and nationally. The fraternity is an extended family of upstanding citizens who aim high. They are groomed for the future and trained to be leaders.

As Garrett points out, this generation's productive young citizens will come back, as he and Weekly have, to become the next generation of leaders and role models. One former graduate of the local chapter, who grew up in the projects, is now a teacher in the Clark County School District. Another just graduated from Prairie View A & M with a B.S. in Architecture, and a third is graduating this week from Idaho State University.

This year's Beautillion will highlight the achievements of four young men who've been in the Guide Right program since 6th grade. Victor McCraney, a senior at Silverado HS with a 4.4 GPA, is on his way to Howard University; Will Covington, according to Garrett an outspoken motivator and a role model for the other guys, has also chosen Howard as his next destination; Dony'a Willis, a talented jazz percussionist and, says his mentor, a fun-loving mover and shaker, will be heading out to Florida A & M; and Joseph Thrower, chairman of the executive board of Guide Right - "the man", says Garrett, "the guy who gets things done and saves the day," - will go from Western HS to Xavier University in Baton Rouge.

The \$20 ticket price buys dinner and contributes to Guide Right's scholarship fund. For additional information, call the Kappa line at 393-2262.

# Al-Aziz

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in their effort to present the truth about Capt. Aziz, they should have contacted him or a representative of the Nation of Islam for comment," Muhammad said.

Following the 45-minute press conference at Mosque No. 7, Muhammad and his aides took Aziz for a walk on the 125th Street commercial strip.

He said it was designed to show Aziz's roots in the community and the residents' good response to his new assignment.

Muhammad was evasive when asked if Aziz would sue the *Village Voice* about the front page article. "We reserve the right, but no decision has been made at this point," he said.

Meanwhile there has been community outrage over Aziz's appointment to head Mosque No. 7. Critics say naming Aziz head of the mosque that bears the name of the man he was convicted of killing was impractical.

"My office has received

numerous calls from Harlem residents expressing outrage over the appointment of Aziz to the position of Captain of Mosque No. 7," state Sen. David Patterson wrote in a statement.

Patterson called the appointment a "blow to the legacy" of Malcolm X and called attention to an acknowledgment made four ago by Farrakhan that he "helped create the atmosphere" that encouraged Malcolm X's killers.

He said that the minister should take responsibility for

helping to heal the pain that was caused as a result of Malcolm's death.

"In 1995, Minister Farrakhan appeared to possess great sensitivity when he held a public apology and reconciliation meeting with Malcolm X's widow, Dr. Betty Shabazz, at the Apollo Theater," Patterson said.

He stressed that the decision will further "antagonisms" towards the Nation of Islam. "It will also thwart legitimate efforts by the organization to address community problems," he said.

# Farmers

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land and ever increasing control over America's food supply.

Farm experts report that if Black and small farmers are to survive, they must improve their production and distribution methods to financially support the land. The business side of farming was an important component of the conference. "It provided great networking opportunities, good business opportunities by bringing together farmers, buyers and distributors under one roof," said Grant.

The farmers will next meet in a working conference in June or July and will hold meetings with the NAACP during its summer convention, reported Dewayne Boyd of the National Black farmers Conference.

# Migraine

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fine," he said. "Patients with little warning need something that works quickly."

Medication choices include Imitrex, which comes in injectable, nasal and pill forms, a nasal spray Migranal, and oral medications Zomig and Amerge. Two more pills are awaiting FDA approval. Reaction times vary with injections being the quickest.

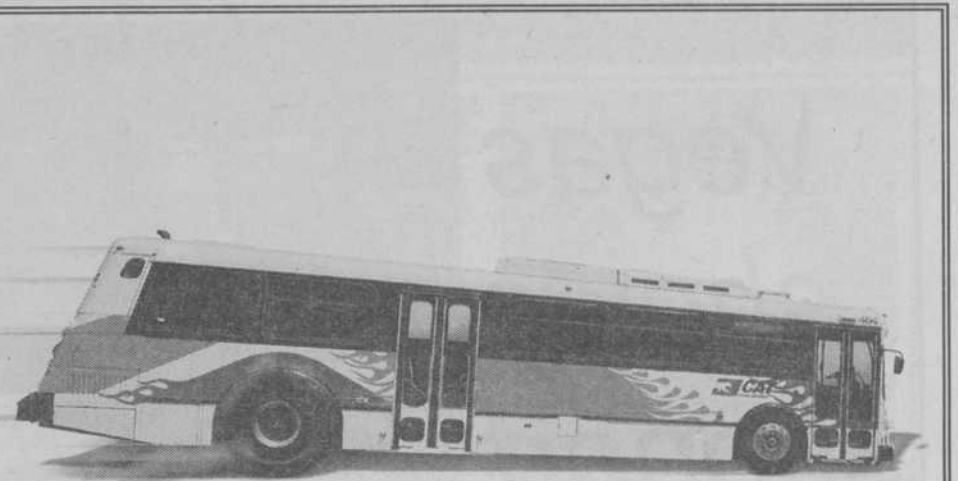
"Injections can work in five to 10 minutes and on average provide relief in 30 to 45 minutes," Derman said. "Nasal sprays can take from 10 minutes to an average of one hour and

15 minutes, and pills take anywhere from 30 minutes to two-and-a-half hours to react."

Since most people are accustomed to taking pills, drug companies are hoping to find a pill that will work in 30 minutes for most patients.

"As we learn more about the mechanism of migraine, more medications will become available," Derman said. "A combined treatment of nasal spray and pill, which is being tested at Baylor, also should prove effective."

Derman cautions that people with high blood pressure and coronary artery disease should not use these medications.



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