

TRAVEL WITH BATES

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 that blow through the palms and in the rhythm of the activities.
 Visit the museum of Anthropology for an introduction to the area's Mayan past. Cedam museum, downtown in the Bahia complex, features treasures taken from the deep by underwater explorers.
 El Rey is a minor archaeological site where you will see the remains of several small pyramids and buildings dating back 800 years.
 For a change of pace take a "pirate cruise" to Isla Mujeres, or if you want live music, there are Fiesta nights each evening of the week at any of the large resorts.

Every conceivable water sport can be learned or enjoyed. You can charter a yacht for a day of fishing or learn how to master a jet-ski. Imagine what the sunny warm waters of Cancun will do for stress or for an overworked mind.
 Puerto Vallarta is a world filled with romance and culture. Experience the beauty of the under crowded beaches and the charm of Mexican villages preserved in time.
 The harmonious contrast of a Mexican village with cobblestone streets, red tile roofs, and pastel walls combining the old and new in a subtle way. Visit the popular Zocalo, the town square, with its bandstand.

The Guadeloupe church with its crown shaped steeple is the only authentic landmark in town. To see the sights in an interesting way don't miss the half or full day cruises that depart the marina each morning.
 As a unique and wonderful experience rent a horse and ride along the beach or sign up for a guided horseback tour of the jungle.
 For the vacation of a lifetime come to Mexico where you can rediscover the spirit that is you.

- Prepare for a possible random search by officials upon arrival at any airport in Mexico.
3. Currency Exchange: The peso fluctuates constantly, therefore, you should change your dollars at your destination in the hotel or local bank.
 4. Clothing: Cool casual clothing is suggested for all vacation resorts.
 5. Word of Caution: Vacationers who travel in Mexico often express concern about stomach disorders. Dysentery is a valid concern and may occur

anywhere in the world. It occurs as the result of a combination of factors such as different mineral content of water, new types of food, seasoning and purification procedures. Don't patronize sidewalk vendors and snack shops; eat only at your hotel or

rated restaurants.
 6. Bottled Water: All hotels offer bottled water and it is suggested for drinking. AVOID ICE!
 You can create a fun filled, sun filled vacation that is just right for you.

HILTON HIGHER EDUCATION

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 looks to the academic community not only for information and advice, but also in many cases for actual execution and administration of programs.
 Some public services are performed by faculty in connection with their teaching and research, such as the operation of farms, dairies, hotels, restaurants, and other enterprises related to instruction.

Institutional Governance and Operations: faculties, individually and collectively, usually occupy a prominent role in the policies, decisions, and ongoing activities at colleges and universities.
 For example, curriculum matters are dealt with through the Curriculum Committee and faculty matters are handled by the Academic Senate. On additional governance body also functions on many campuses and that is the union.
Instruction: Instruction or teaching is the overwhelming choice of most faculty. Many, if not, most professors agree that teaching effectiveness, not publications, should be the primary criterion for promotion of faculty.
HILTON: HIGHER EDUCATION is a nationally syndicated column designed to dialogue with college and world readers. Education is ongoing and certainly not limited to classroom study. Let's talk. (909) 899-0650, Bus. & Fax

RACE POLARIZING

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 Last Monday, when black men filled the National Mall in Washington to take part in the Million Man March, blacks saw one demonstration and whites another. On the Mall, shoulder-to-shoulder for block upon block, were black men drawn to display their desire to take responsibility for their communities. For blacks, it was a moment of hope.
 But many whites, watching on television and unable to feel the crowd's mood, did not necessarily understand.
 They saw television turn the demonstration into the Louis Farrakhan show and tried to puzzle out how much the black separatist firebrand, who organized the march, represented black America.
 Farrakhan spoke for 2.5 hours, comparing himself to Moses and Jesus, telling whites "I don't need you to validate me," presenting soaring visions of blacks reclaiming their communities from drugs and crime and descending into arcane discussions of Freemasonry and numerology.
 It was just another day when blacks and whites saw two different Americas.

White institutions created it, white institutions maintain it, white society condones it.
 The starting point for many racial discussions these days is the Simpson trial and Monday's rally by at least 400,000 black men seeking unity as the way to restore health to their communities ridden by crime and poverty.
 Blacks cheered the verdict finding the athlete not guilty of murdering his ex-wife and her friend. Whites cried foul and blamed a mostly black jury for ignoring "the truth." According to many black commentators, whites reacted with a kind of "white riot"—gestures of hostility towards blacks.
 A murder trial had become something akin to a football game with the cheers breaking down on racial lines.

- HELPFUL HINTS**
1. Entry Requirements: U.S. citizens who visit Mexico must have a Mexican tourist card and proof of citizenship (valid passport or birth certificate with seal). Your travel agent, airline or Mexican consulate will issue the tourist card for you. The card is valid up to 30 days. Extension requires issuance directly from the Mexican consulate.
 2. Mexican Customs:

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 being covered by employer-provided plans.
 Information in this report comes from the 1990-1992 Survey of Income and Program Participation. As with all surveys, the data are subject to sampling variability and other sources of error.

HEALTHBRIEFS
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 South, don't think you are safe from the dangerous effects of cold weather.
 Hypothermia, a condition resulting from dangerously low body temperatures, can occur even when it is only 50 degrees outside. Hypothermia has been reported even in tropical climates, said Dr. Joseph Varon of Baylor College of Medicine in Houston.
 Infants and the elderly are at highest risk. Babies' bodies lose heat faster because the surface area is larger in proportion to their weight than in adults.
 In other people, the body gradually loses its cold sensitivity. Elderly people are less likely to detect temperature drops, and they recover more slowly from lowered body temperature. Tranquilizers and alcohol can complicate things.
 Early warning signs of hypothermia include a pale, puffy face; drowsiness; drop in blood pressure; and forgetfulness.
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