

Advocates Seek Better Health Education For Kids

WASHINGTON (Reuter) - Alarmed by what they called "deteriorating health" among children, a coalition of health and child advocacy groups Wednesday called for a major new drive to educate youths about their own health.

The groups noted that the threats of yesteryear, like smallpox and polio, have given way to violence, suicide, car crashes, AIDS and other deadly problems. Bad eating habits, lack of exercise and smoking among youths also set the stage for cancer, heart and other diseases later in life.

"We've done a great job using aggressive standards to teach our kids subjects like math and science. Now it's time to be just as aggressive in teaching our kids how to be healthy," Dr. John Seward, chairman of the

American Medical Association's Board of Trustees, told a news conference.

The nationwide coalition called for health education standards that teach children how to think about health, not what to think about health.

The coalition, which included the American Cancer Society and the National PTA, said it should be up to local communities, including parents, to determine what specific curriculum is most suitable.

But the curriculum should incorporate such concepts as understanding disease prevention, evaluating risk, and set personal health goals, such as avoiding drugs and tobacco.

Communities could decide whether to set up special health classes, or to incorporate health issues in other lessons, like

reading, science or social studies.

However, at a separate news, another health group had some brighter news.

The American Dietetic Association, the President's Council on Physical Fitness and Sports and other groups released a Gallup survey showing that 97 percent of the 410 children aged nine to 15 knew that a balanced diet is required for health and 98 percent knew the importance of physical activity.



AFAN's Fourth Annual HIV/AIDS Awareness Day

Aid for AIDS of Nevada is sponsoring its 4th Annual HIV/AIDS Awareness Day to be held Saturday, June 3, 1995 from noon until 4:00 p.m. at our West Community Service Center, 908 W. Owens in the Nucleus Plaza.

As Southern Nevada's largest community-based AIDS service organization, AFAN is dedicated to helping those impacted by HIV disease. The Board of Health statistics indicate that one out of every 200 Nevadans is infected with HIV. In a continuing effort to serve the community, Aid for AIDS of Nevada is committed

to providing quality services and education to our African American community and all people of color, it is so important to build awareness of HIV/AIDS and this event has been instrumental in achieving this goal.

This educational event will include information tables, free testing, local entertainment, food and soft drinks. The opening ceremony will be at noon.

Join AFAN and all its supporters this year and spend a fun and educational Saturday afternoon. Let's demonstrate that Las Vegas is a city that cares! Together we can make a difference!

Health District Immunization Clinics

Health District Immunization Clinics are open each week in and around Las Vegas. Immunizations are provided without charge to children and young adults under the age of 21 in any of three public health centers and 35 satellite clinics.

The following clinics will be open this week: May 10-16, 1995.

District Health Center, 625 Shadow Lane, 8 a.m. to 4 p.m., Monday through Friday.

North Las Vegas Public Health Center, 3262 Civic Center Drive, 8 a.m. to 4 p.m., Monday through Friday.

Henderson Public Health Center, 129 W. Lake Mead Dr., Bldg. "A", Suite #10, 8 a.m. to 4 p.m., Monday through Friday.

Henderson WIC Office, 750 Major St., 9 a.m. to 12 noon and 1 p.m. to 3 p.m., Thursday, May 11.

Green Valley Clinic, Green Valley Library, 2797 N. Green Valley Pkwy., 9 a.m. to 12 noon and 1 p.m. to 3 p.m., Friday, May 12.

Mesquite Clinic, New Library, 121 West 1st North St., Child Health Exams ONLY from 9:30 a.m. to 12 noon Immunizations ONLY from 1 p.m. to 3:30 p.m., Friday, May 5.

Polo Towers Health Fair, 3745 S. Las Vegas Blvd. (between Harmon & Tropicana), 9 a.m. to 3 p.m. Friday, May 5 and Saturday, May 6.

Fremont Medical Center, 4415 W. Flamingo Rd., 10 a.m. to 4 p.m., Saturday, May 6, Immunizations free to anyone who walks in.

Smith's Food King (Nevada State Bank), Stewart & Nellis,

10 a.m. to 3 p.m., Saturday, May 13.

West Sahara Clinic, Nevada Power Co., 6226 W. Sahara Ave., 9 a.m. to 1 p.m., Monday, May 15.

West Sahara Clinic, 4415 W. Flamingo Rd., 10 a.m. to 4 p.m., Saturday, May 13. Immunizations free to anyone who walks in.

Pennwood Clinic, 4500 W. Pennwood @ Arville (Church recreation hall), 9 a.m. to 12 noon, Monday, May 15.

Parkdale Clinic, Community Center, 3200 Ferndale (Desert Inn & Boulder Hwy), 9 a.m. to 12 noon and 1 p.m. to 3 p.m., Tuesday, May 16.

Lowden Community Outreach Center, 3333 Cambridge St., 9 a.m. to 12 noon, Tuesday, May 16.

Rainbow Library Clinic, 3150 N. Buffalo Dr., @ Cheyenne, 9 a.m. to 12 noon, Tuesday, May 16.

Immunization requirements for school age children vary from state to state. Now is the time to look at your immunization records. Avoid long lines in August. Take advantage of "Kindergarten Round-ups" - we may be at a school close to you. Get needed boosters now. Call 383-1351 for school locations.

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