

LOCAL LEAGUE ANNOUNCEMENTS

Unless otherwise noted,
all activities are sponsored by the City of Las Vegas

★ ★ ★ ★ ★

**CHUCK MINKER SPORTS COMPLEX
NEW HOURS**

The City of Las Vegas Department of Parks and Leisure Activities announces expanded hours of the Chuck Minker Sports Complex. The facility, located at 275 N. Mojave Rd., and Stewart Ave., is now open 7 a.m. weekdays. Closing remains at 9:30 p.m.

Weekend hours have also been expanded. Saturday programming now continues until 5 p.m. New Sunday hours are 10 a.m.-4 p.m.

The Chuck Minker Sports Complex is a full service health club offering aerobics, racquetball, basketball, volleyball, wallyball, gymnastics, self-defense classes, first aid, and CPR workshops. The facility is equipped with weight rooms, fitness equipment, saunas, Jacuzzis, showers, and dressing rooms. Daily fees are accepted for specific programs or memberships are available.

For more information, call the Sports Complex at 229-6563.

★ ★ ★ ★ ★

**3RD ANNUAL
CHALLENGERS 5K RUN**

The third annual Changers 5K Run and One Mile Fun Walk to benefit the Changers Swim Team for individuals with disabilities will be held on Sunday, April 24, at the Meadows Mall. The Changers Swim Team is a sports organization that is "Challenging Disabilities Through Athletics."

This foundation will help raise money to provide scholarships for athletes unable to pay the minimal fee for the program, swim suits and equipment, and to provide a travel budget to allow our swimmers to compete outside the Clark County area.

The event features a U.S.A. Track & Field sanctioned 5K race and a one mile fun walk/run to start at 7:00 a.m. and the 5K at 7:30 a.m. Incorporated in the 5K will be a mother/daughter and mother/son competition, based on the lowest combined times, in which awards are given. Another special award will be given to the Mother of the most representatives registered under her name to participate either in the 5K or Mile walk.

There will be a drawing, with the grand prize of four (4) round trip tickets to San Diego, compliments of Southwest Airlines. All participants will receive a souvenir T-shirt, refreshments, and one drawing ticket. The first five (5) finishers in each division in the 5K will receive an award.

Entry forms are available at KNPR 95.5 New Country Radio, Elite Health Foods, and most sporting goods stores. Registration and packet pick-up will be held on Saturday, April 23, at the Meadows Mall in Penney's Court. For further information call 658-9361.

★ ★ ★ ★ ★

**EVENING
AEROBICS CLASS**

The Mirabelli Community Center, 6200 Elton Ave., will offer an evening aerobics class beginning April 18. Registration is \$28 for six weeks and will take place April 11-15. Sessions are scheduled for 6 p.m. on Mondays, Wednesdays, and Fridays.

The course is designed for adults, and sponsored by the City of Las Vegas. Call 229-6359.

★ ★ ★ ★ ★

**FITNESS
AFTER 40**

Fitness after 40 is the focus of a new exercise class beginning April 8 at the Mirabelli Community Center, 6200 Elton Ave. The course takes place at 8 a.m., Mondays, Wednesdays, and Fridays. The cost is \$26 for six weeks. Registration takes place April 11-15.

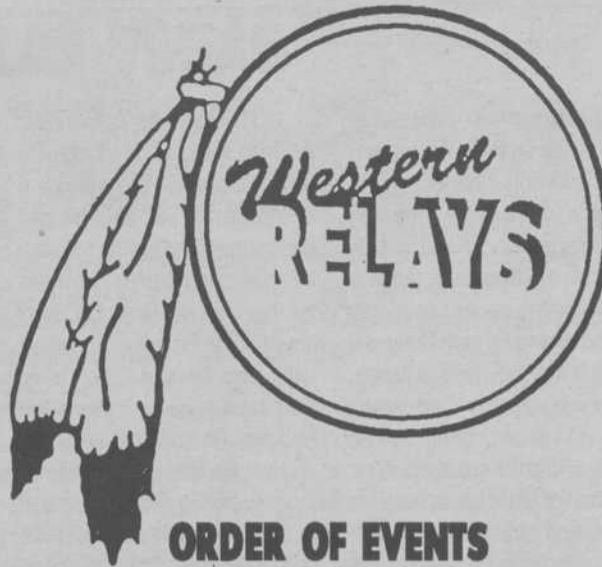
Sessions will include dance, jazz, aerobics, and cardiovascular workouts. This program is sponsored by the City of Las Vegas. Call 229-6359.

★ ★ ★ ★ ★

**LIGHT WEIGHT
TRAINING CLASS**

Adults who wish to tone their muscles in a gentle way can register for the light weight training class at the Mirabelli Community Center. Classes begin April 22, and continue every Friday thereafter, at 9:15 a.m. The six week course is \$16. Registration takes place April 11-15 at the Mirabelli Center, 6200 Elton Ave.

This program is being offered by the City of Las Vegas. Call 229-6359.



ORDER OF EVENTS

FIELD EVENTS

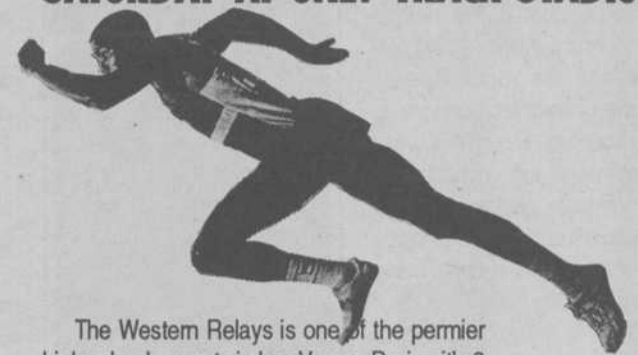
- 10:00 a.m.
Pole Vault
- Long Jump - Boys
- Discus - Girls
- Shot Put - Girls
- High Jump - Boys
- 11:30 a.m.
Long Jump - Girls
- Discus - Boys
- Shot Put - Girls
- High Jump - Boys
- 1:00 p.m.
Triple Jump

TRACK EVENTS

- 12:00 p.m.
Girls Shuttle Hurdles (4x100m Hurdles)
- 12:20 p.m.
Varsity Shuttle Hurdles (4x100m Hurdles)
- 12:35 p.m.
Girls 400 Relay
- 12:45 p.m.
JV 400 Relay
- 12:55 p.m.
Varsity 400 Relay
- 1:05 p.m.
Girls Sprint Medley (100-100-200-400)
- 1:15 p.m.
JV Spring Medley (200-200-400-800)
- 1:25 p.m.
Varsity Sprint Medley (200-200-400-800)
- 1:35 p.m.
Girls 100 Meter Dash
- 1:45 p.m.

- Sophomore Century 1:55 p.m.
- Special Century 2:05 p.m.
- Girls Dist. Medley (1200-400-800-Mile) 2:15 p.m.
- JV Distance Medley 2:30
- Distance Medley 2:45 p.m.
- Girls 800 Meter Relay (4x200) 2:55 p.m.
- JV 800 Meter Relay 3:05 p.m.
- 800 Meter Relay 3:15 p.m.
- Girls 2-Mile (4x800 Meter) 3:30 p.m.
- JV 2-Mile Relay 3:45 p.m.
- 2-Mile Relay 3:55 p.m.
- Wt. Men's (4x100 Meter) 4:00 p.m.
- Women's Thrower Relay (4x100 Meter) 4:05 p.m.
- Girls Mile (4x400 Meter) 4:15 p.m.
- JV Mile Relay (4x400 Meter) 4:25 p.m.
- Mile Relay (4x400 Meter)

**Las Vegas Sentinel-Voice co-sponsor
WESTERN RELAYS OFF AND RUNNING
SATURDAY AT UNLV TRACK STADIUM**



The Western Relays is one of the premier high schools events in Las Vegas. During it's 3 years of existence this track meet has promoted athletes in every aspect of true sportsmanship. It encourages endurance, academics, character, and physical attributes.

Although it has often become the victim of much opposition, the legend lives on!

This year's track meet will take place at the UNLV Track Stadium on Sat., April 2nd 1994 from 10:00 a.m. until 4:30 p.m.

The highlight of the meet will be the Special Cenury 100m Run. In addition, there will be some exciting relay races. This year's participating teams will be Rancho, Eldorado, Moapa Valley, Western, West Covina Cal, White Pine NV, Jim North Cal, and Dorsey Cal. high schools.

Meet Director Sam Johnson confirmed Wednesday afternoon that the Las Vegas Sentinel-Voice newspaper will be co-sponsor with Coca-Cola for the event.

**UNLV Track Stadium
Saturday April 2nd 1994
10:00 a.m. 'til 4:30 p.m.**



**EVERY DAY HE'S LOVED.
FED. CARED FOR.
AND POISONED.**

Intentionally? Of course not.

Poisonous lead can be found in even the most caring households: in dust, dirt in play areas, paint and tap water. The result? About one in six preschoolers has high levels of lead in their blood.

Lead poisoning can cause serious problems: poor performance in school, hearing loss, even brain damage. But lead poisoning can be prevented.

Call **1-800-LEAD FYI** for a brochure on simple steps you can take to help protect your child. Please call now.

© 1993 H.S.C.

TDD (800) 526-5456