

FOR THE LADIES WHY DO I DO IT?

By Bonita Armstrong

Why do I do it? Why do I knock myself out week after week trying to come up with something new and original for dinner?

I went to the grocery store one day and spent \$30 on ingredients to make this wonderful dish. It had everything—sausage, chicken, vegetables, spices. It was wonderful. I even made a fresh tossed salad, iced tea and dessert.

I placed this culinary masterpiece in front of my hungry family and stood back and waited for the admiration to roll in. By the time they finished this meal I would be voted "Mother Of The Year."

I waited.

There was only silence and four very puzzled faces.

"What's the matter," I asked my children.

"Ugh! Mama, what is this stuff? It looks gross!," my oldest son said.

"I don't think I like this, Mama. Can I have some Froot Loops?," my daughter said politely and smugly.

"I wanna hot dog. I wanna peanut butter sammich," my two youngest sons said in unison, as they banged their cups on the table. You know, the way inmates do just before a riot in the prison cafeteria.

(Sigh!)

I went from "Mother Of The Year" to "Mommy Dearest" in less than 10 minutes.



BONITA ARMSTRONG

Why do I do it? Why do I try to give them a chef's cuisine when they want Chef Boyardee?

Well, the next time I have \$30 to spend, I'll just buy a new dress.

Now, where are those hot dog buns?



DOING BEAUTIFUL THINGS: Maybelline Shades of You recently awarded the National Coalition of 100 Black Women a \$25,000 contribution to continue administering the Shades of You Literacy & Life Skills Development Project. The program provides supportive reading, writing and skills-development services for single mothers so that they can function more effectively in their families, communities and workplace. Pictured above are (L-R) Barbara W. DeBatiste, national president of the Coalition of 100 Black Women, and Cathy Wills, executive vice president of Maybelline.

AKA ANNOUNCES 1993 PEACE AND JUSTICE AWARD WINNERS

ATLANTA, GA.- Drug Czar Dr. Lee Brown, PBS official Dr. Jennifer Lawson, and Africare have been named as recipients of Alpha Kappa Alpha (AKA)'s 1993 Peace and Justice Awards in law, media, and international relations, respectively. The presentations will be made at 7:00 p.m., July 23, in Atlanta during AKA's biennial leadership seminar.

Recently named by President Clinton to head the nation's war on drugs, Dr. Brown is being honored for his achievements directing police departments in Atlanta, Houston, and New York. "He enacted programs which

were successful in building police forces which were fairer and more responsive to the needs of all classes and races, and we are delighted to salute him," said AKA international president Dr.

Mary Shy Scott of Atlanta. As executive vice president of national programming and promotion services for the Public Broadcasting Service, Dr. (See Award Winners, Pg 24)

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