

FOR THE LADIES

TUFTS STUDENTS SPONSOR 'STOP VIOLENCE AGAINST SISTERS' EVENTS

Medford, Mass. — Not Another Sister, a group of Tufts University students, sponsored two days of events aimed at stopping violence against African American women and commemorating the life of Lena D. Bruce, a 1992 Tufts graduate who was murdered in Boston last summer.

The first annual Lena Bruce Stop Violence Against Sisters Speakout took place Friday, April 30 at 3:00 p.m. in front of Boston City Hall. Then on Sunday, May 2, the group sponsored Lena Bruce Day, a day-long series of programs on Tufts' Medford/Somerville campus.

In addition to paying tribute to Lena Bruce, 21, who was found slain in her South End apartment last July 11, the students want to raise awareness of violence against African American women. "I'm trying to raise awareness that a Tufts student was murdered," said Francesca Grace, executive coordinator of Lena Bruce Day. "I can't stand to see another of my sisters murdered." Boston police have been unable to solve the case.

Bruce, who grew up in Philadelphia, graduated from Tufts with a degree in electrical engi-

neering. She was the first black woman to graduate with honors from Tufts' College of Engineering in a decade. She was hired by a prominent Boston engineering firm and moved to the South End because she wanted to contribute to the African American community.

"As a young black woman like Lena, I feel it is imperative to address the problems of violence, sexism and racism and to collectively seek justice for Lena, her family and her friends," said Bayinah Morton, a senior from Pawcatuck, Conn., and events coordinator for Lena Bruce Day.

In recognition of National Victims Assistance Week, Friday's City Hall speakout featured a keynote address by the Rev. Marlyne M. Campell, pastor of Alpha Omega Church Inc.

Sunday's tribute began with a memorial service at 11 a.m. in Godard Chapel on the Tufts

campus with music from Tufts' Third day Gospel Choir. A panel discussion on "Homicide and Political Avenues of Response" followed at noon in the Intercultural Center on Packard Avenue.

Other events included "Memories of My Sister," readings by the women of Delta Sigma Theta Sorority, to which Bruce belonged, a dinner prepared by Bruce's family in Alumnae Lounge on Talbot Avenue, and a basketball benefit to raise funds for a scholarship in Bruce's name. The day in Bruce's honor marks the finale of Stop Violence Against African American Women's Week '93 at Tufts.

"A white woman is killed in Mission Hill, and this city goes crazy," said Georgette Loizou, a Tufts senior from Holmdel, N.J. "At the least, we'd like the police and this city to pay attention to the death of our friend."

PANEL DISCUSSION ON BREAST CANCER

This year, one out of every nine women will be diagnosed with breast cancer, the leading cause of death among women.

According to Maryann Mangano Lourenco of the Mastectomy Association of Southern Nevada, the American Medical Association will soon revise that statistic to one out of every eight women. A few years ago, one in 10 women was diagnosed with breast cancer.

To learn about the latest medical options available in the treatment of the disease, a free seminar and physician panel discussion will be held from 7 p.m. to 9 p.m., Wednesday, May 12, in the Sunrise Hospital and Medical Center Auditorium, 3186 So. Maryland Parkway.

The panel includes: Dr. Charles Ebert, plastic surgeon; Dr. Thomas D. Armour, surgeon; Dr. Jordan Goodman, gynecologist; Dr. Barry Marman, plastic

NEWS OF HEALTH

Protecting Your Skin From The Sun

New York, N.Y. (NAPS)—There's more than a glimmer of good news about the bright idea of protecting yourself from the sun's ultraviolet rays.

Fashion seems to have taken the health warnings to heart. Slathering on baby oil and sunning for hours with a reflecting visor is out. Tanning lotions of SPF 15 and higher are in.

Now, here are more hints to help you survive the harsh, drying effects summer with its sun, swimming and frequent showering can have on your skin.

- Limit sun exposure to early morning and late afternoon when the sun's damaging ultraviolet rays are not as strong. Gradually build your tan, starting with no more than ten to 20 minutes per day.

- Apply a suntan lotion with an SPF of at least 15; reapply after swimming. Watch out for indirect exposure to the sun, reflected off sand and water. Ultraviolet rays also penetrate clouds, so cover up even on overcast days.

- Wash with a mild cleansing bar. Four out of five dermatologists and pediatricians recommend Dove, a mild, non-soap cleansing bar that contains one-quarter moisturizing cream. Extensive clinical research over the past three decades supports this medical wisdom. In fact, in a study that specifically examined subjects with sunburn, Dove caused less redness and was rated as milder and smoother to the skin than well-known mild soap. After showering, apply a moisturizer.

- Drink plenty of water to restore moisture during and after sunbathing or exercising. Caffeine



To protect the skin you're in, wash with a mild cleansing bar and apply moisturizer after showering.

and alcohol are drying agents and should be consumed in moderation, if at all, especially during hot weather.

- Maintain a balanced diet that supplies essential vitamins. Eat high fiber foods and lots of fresh fruits and vegetables daily to ensure that your skin gets vital fluids and nutrients it needs to stay smooth and supple. Vitamin A, found in dairy products and carrots is particularly important to the skin.

- Get enough sleep. Fatigue is damaging to the skin because it impedes circulation.

Free Booklet

For a free 12-page booklet on skin care, write to: *For The Health of Your Skin*, 708 Third Avenue, Suite 1100-M, New York, N.Y. 10017.

Career Opportunities

You: Successful Saleswoman?

How would you like to be your own boss, earning a steady income while still having lots of time to spend with your family? Happily, you can do just that as an independent sales consultant. You'll set your own hours, so you can still meet your children after school or baseball practice, attend PTA meetings and take care of all your other errands. At the same time, you'll be earning an excellent income.

Many women have become especially successful working as independent sales consultants for a company that's been selling quality crystal, china and giftware for more than 30 years. That company, Princess House Inc., offers an exclusive line of decorating, entertaining and giftware items, available only through the home party plan. Every product is fully guaranteed and backed by the Good Housekeeping Seal of Approval. A Colgate-Palmolive Company, Princess House is a recognized leader in the direct selling industry.

This company's independent sales consultants conduct shopping parties at local homes—perhaps the home of a friend or



A career as an independent sales consultant could be an ideal way to watch your family—and your income—grow.

relative. As a consultant, you'll receive full training, sales tools, product information and more—video information programs, in-house publications, newsletters and other mailings to help you stay informed and productive.

Opportunity includes part-time in which you might expect to earn \$15 to \$20 an hour or full-time as a manager. Princess House managers average more than the U.S. average income for working women and dozens have earned six figure incomes in their careers.

For free brochures that can tell you more about this career, write: Marketing Dept., Princess House, Inc., 455 Somerset Ave., North Dighton, Massachusetts 02754-0002, or call 1-800-622-0039.

GET FREAKY WITH ME!

The Magic Mann will take it off for all occasions

• Bridal Showers • Birthday Parties • Bachelorette Parties • Private One-On-One •

Stick this Coupon in my G-String and receive 20% OFF your initial fee (Coupon not valid with any other specials)

389-6979



FIVE STAR OFFICE SUPPLIES

FAX ORDERS • FREE DELIVERY
1-DAY BUSINESS CARDS

2401 W. Bonanza / off US 95
647-8464 fax 647-0180

Commercial Accounts Available

\$10.00 DISCOUNT Full Set of Nails WITH THIS COUPON

D-Elite Salon and Spa
JANELLE FOSTER / Manicurist

(702) 451-2029

3779 E. Desert Inn Road • Las Vegas, NV 89121