

NEW YEAR'S RESOLUTIONS ARE NOT MADE TO BE BROKEN

HOUSTON — Contrary to the way it usually happens, New Year's resolutions are not made to be broken.

"Resolutions can work any time of the year if you go slowly and realize you may not succeed on the first try," said Dr. Michael Cox, a psychologist at Baylor College of Medicine in Houston.

Successful New Year's resolutions begin as reasonable goals with reasonable expectations.

"Make the first step a small one, and take your time," Cox said. "Pick something at which you can be successful, and build on that success."

Cox encourages people to ask, "how can I take better care of myself next year?"

"It may sound self-centered, but working on personal growth makes you more able to take care of relationships," he said.

After choosing a resolution or two, write them down.

Cox says that it will not make the resolutions a reality, but it

does indicate that you are serious.

Once New Year's Day arrives, it is time to review the list and to get support.

UNEMPLOYMENT RATE DROPS THREE-TENTH OF A PERCENTAGE POINT

CARSON CITY — Nevada's statewide seasonally adjusted unemployment rate dropped to 6.3 percent in November, down three-tenths of a percentage point from October's 6.6 percent unemployment, Stan Jones, executive director of the Nevada Employment Security Department (NESD) announced recently.

"Whatever change you want to make, tell other people," Cox said. "Give them your sense of direction, so they can help."

It may be a friend's encouragement to stick with that new walking program or a co-worker's positive comments that make the difference.

"Take credit for positive changes and accomplishments," Cox said. "As you begin to see yourself making changes, the attitude truly begins to change." And, if you do break your resolution?

Try again. There is nothing magical about New Year's. Cox says it is seldom, if ever, too late to make a change.

cover. Creation of new jobs is not strong at this time. One positive sign of potential progress is current data on claims filed for unemployment insurance. Both claims filed and claims paid are substantially lower than last year.

NESD labor economist's estimates show that seasonally adjusted unemployment estimates throughout Nevada's 17 counties ranged from a low of 2.4 percent in Eureka County — to a high of 10.4 percent in White Pine County. During November, unemployment in Las Vegas (Clark County) was estimated at 6.3 percent, down four-tenths of a percentage point over-the-month, and up two-tenths of a percentage point when compared to a year ago.

All but one of Nevada's industries show some measure of

over-the-year job growth. Transportation and public utilities lost 200 jobs over-the-year with 33,200 jobs reported. Those industries showing over-the-year job growth include:

- Construction gained 4,500 jobs
- Service industries (gaming, recreation, and hotels; personal; business; medical and health; legal; engineering; accounting; and management) gained 2,900 jobs
- Retail and wholesale

(general merchandise and apparel; food stores; auto dealers and service stations; and eating/drinking establishments) gained 2,100 jobs

- Finance, insurance; and real estate gained 500 jobs
- Mining gained 200 jobs
- Manufacturing gained 200 jobs
- Federal, state and local government (including teachers) gained 6,700 jobs (Primarily due to a temporary influx of election workers.)

MAJOR GRANT

(Continued from Page 9)

on the academic and intellectual life of this country." Over 2,000 students from the New York area attend UNCF colleges.

These gifts will count toward the \$250 million goal of **CAMPAIGN 2000: An Investment in America's Future**, the largest, most ambitious fund-raising drive ever conducted in UNCF's 48-year history.

This nationwide effort will address the highest priority needs at UNCF's 41 historically Black colleges and will be used to create new academic programs, build and renovate facilities, raise scholarship and general endowments, develop faculty, and increase administrative efficiency. As of November 30, this nationwide effort had secured more than \$153 million in cash and pledges from leading corporations, foundations, and individual philanthropists.

The United Negro College Fund, the largest Black fundraising organization in the U.S., is a consortium of 41 private, historically Black colleges and universities and has raised over \$700 million for Black higher education. Founded in 1944, the organization has been ranked among the leading U.S. charities by *Money*, *Forbes*, and *The Non-Profit Times*.

PAID UTILITY SURCHARGE TAX REFUND

A paid utility surcharge tax refund program is again being offered by the City of Las Vegas. Applications will be accepted January 14-March 12, at the Dula Senior Complex, 450 E. Bonanza Rd., daily 9 a.m.-12 p.m., and 1-3 p.m.

Applicants must be residents of the City of Las Vegas, individual head of household, at least 60 years old, and whose total taxable income does not exceed \$7,200 annually. If married, at least one member of the household must be 60 years old, and the combined total of annual taxable income cannot exceed \$8,700.

The effective filing period for this refund application is January-December 1992. Call 229-6454.

CLASSIFIED ADVERTISING

CLARK TERRACE MUTUAL HOMES, INC.

CLARK TERRACE MUTUAL HOMES, A FEDERALLY SUBSIDIZED COOPERATIVE HOUSING COMPLEX, 1, 2, & 3 BEDROOM UNITS IS NOW ACCEPTING APPLICATIONS. DOWN PAYMENT REQUIRED. APPLY AT: 2701 CLARK TOWERS COURT - LAS VEGAS, NEVADA 89102 • (702) 871-9092

EQUAL HOUSING OPPORTUNITY



CLARK COUNTY REQUEST FOR PROPOSAL RFP NO. 319-92

CLASSIFICATION AND COMPENSATION STUDY

PRE-RFP CONFERENCE: 9 AM, January 29, 1993, to be held in the Training Room, Clark County Personnel Department, Bridger Building, Tenth Floor, 225 Bridger Avenue, Las Vegas, Nevada 89155.

Proposals will be received in the Office of the Clark County Director of General Services, Bridger Building, Tenth Floor, 225 Bridger Avenue, Las Vegas, Nevada 89155 on February 12, 1993. Proposals must be received at 3 PM or before; Proposals time-stamped at 3:01 PM or after will be returned unopened. Overnight Mail must use the 89101 zip code.

Requests for Proposals can be obtained from the above office between the hours of 8 AM to 5 PM or by calling (702) 455-4425. Published: Las Vegas Sentinel-Voice January 7, 1993

FOR CLASSIFIED ADVERTISING CALL 383-4030

ADVERTISEMENT FOR BIDS

THE CITY OF LAS VEGAS WILL RECEIVE SEALED BIDS AT 3:00 P.M., ON JANUARY 12, 1993, FOR THE FOLLOWING:

- BID #93.MAR.6-RKD ANNUAL HERBICIDE AND INSECTIDE CONTRACT
- BID #93.2100.4-DAR OPTICOM PRIORITY CONTROL SYSTEM

A BID BOND, IF REQUIRED BY THE INVITATION TO BID, SHALL BE IN THE FORM OF BID BOND, CERTIFIED, OR CASHIER'S CHECK FOR 5% OF THE BID AND SHALL BE ENCLOSED WITH THE PROPOSALS. ALL DOCUMENTS PERTINENT TO THIS ADVERTISEMENT MAY BE EXAMINED AND OBTAINED AT THE OFFICE OF THE PURCHASING AND CONTRACTS DIVISION, 1ST FLOOR, CITY HALL.

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CLARK COUNTY, NEVADA PRINCIPAL PLANNER

The Clark County Regional Transportation Commission is currently seeking a qualified individual to perform transportation planning functions. Requires equivalent to a Master's Degree in Transportation Planning with emphasis in Engineering or Design, and three (3) years of professional transportation planning experience.

Salary Range: \$39,471 to \$56,261 (Effective January 1, 1993)

Last Day to Apply: January 15, 1993

Clark County application package is required. You may obtain one from:

Clark County Personnel Department
225 Bridger Avenue, Ninth Floor
Las Vegas, Nevada 89155
(702) 455-4565

AA/EOE/Including Handicapped

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NOTICE INVITING BIDS

LAS VEGAS VALLEY WATER DISTRICT CONTRACT NO. 661

DRILL AND DEVELOP BLUE DIAMOND COMMUNITY WELL BD-1

PROJECT CONSISTS OF DRILLING ONE WATER PRODUCTION WELL FOR THE COMMUNITY OF BLUE DIAMOND, NEVADA, BY THE AIR FOAM DIRECT ROTARY METHOD OF WELL CONSTRUCTION. WATER WELL BD-1 SHALL BE CASED, GRAVEL PACKED AND COMPLETED WITH A CEMENT GROUT SANITARY SEAL, THEN DEVELOPED TO PRODUCE SAND FREE POTABLE WATER.

PRE-BID CONFERENCE: Tuesday, January 12, 1993, at 10:00 AM in Conference Room "D" of the Las Vegas Valley Water District, 3700 West Charleston Boulevard, Las Vegas, Nevada.

BIDS: Sealed proposals for furnishing all labor, equipment, materials, and services required for the performance of the work specified by Las Vegas Valley Water District Contract No. 661 entitled "DRILL AND DEVELOP BLUE DIAMOND COMMUNITY WELL BD-1" will be received at the office of the Director of General Services, Clark County Purchasing Division, 10th Floor, Clark County Bridger Building, 225 Bridger Avenue, Las Vegas, Nevada 89155 up to and including 2:00 PM on Thursday, January 21, 1993, at which time they will be publicly opened and read aloud. Proposals transmitted by way of overnight mail must use 89101 as the zip code in place of 89155.

PLANS AND SPECIFICATIONS: Contract volumes consisting of contract documents, specifications, reduced drawings and one set of full size drawings may be obtained at the Clark County Purchasing Division for the non-refundable cost of \$25.00. Checks must be received at the above office and be payable to the "Clark County Treasurer". Payment in cash requires the exact change. Proposals shall be submitted on the sheets bound in the Contract Volume, and the complete Contract Volume submitted to comprise a complete bid. Published: Las Vegas Sentinel-Voice January 7, 1993



SOMEBODY'S DYING FOR A NEW PAIR OF SNEAKERS.

All over America children are the victims of violent crime. They are being assaulted and even murdered for the sake of anything from a pair of sneakers to some loose change in their pockets. It's a situation that's only getting worse. Unless you do something to fight back, your child could become one of those victims. You can make a difference. Start now by calling 1-800-WE PREVENT and we'll send you information on successful ways to join with others to protect your children from crime in your neighborhood. 1-800-WE PREVENT



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