

HEALTH

AIDS TEXAS HEARING ON "PREVENTION STRATEGIES IN THE WORKPLACE & SCHOOLS"

The National Commission on AIDS met in Austin, Texas on December 17 for a hearing on both workplace and school-based HIV prevention programs, as well as how behavioral research is affecting both areas.

The hearing was the third and final in a series on HIV/AIDS prevention by the Commission, and will lead to a report to Congress and the White House next year with recommendations for a needed enhancement of the nation's HIV prevention strategies.

June E. Osborn, M.D., Chairman of the Commission, in commenting on the relationship between workplace and school-based prevention programs, said, "I have long dreamed of a time when children returning home from effective AIDS education and prevention programs at school would be reenforced by their parents who had benefited from equally good education programs at their workplace.

"Clearly, one of society's most important venues for effective family education is the workplace," added Dr. Osborn, who is also Dean of the School of Public Health at the University

of Michigan in Ann Arbor.

David E. Rogers, M.D., Vice Chairman of the Commission, said the Commission also looked at the need to expand behavioral research to provide better data for prevention programs. "Behavioral research has been underfunded, discouraged and too often ignored in our national HIV prevention efforts to date," Dr. Rogers said.

"Unfortunately that lack of knowledge about basic behaviors related to HIV transmission has been reflected in vaguely worded prevention programs. We need to use all the 'intelligence' we can muster in designing future prevention efforts," added Dr. Rogers who is also Professor of Medicine at Cornell University Medical College in New York and past President of the Robert Wood Johnson Foundation.

Witnesses at the hearing included behavioral scientists, corporate and union leaders, professional educators and persons living with AIDS, as well as government experts on disease prevention.

The Commission also provided time for public comment.

The hearing was held in the Crystal Ballroom at the Driskill Hotel in Austin, Texas.

The National Commission on AIDS is an independent body created by federal statute to

N. LAS VEGAS PUBLIC HEALTH CENTER SERVICES AVAILABLE

Many residents in the North Las Vegas area are not aware of the services in their own backyard. Rather than coming to the main Health District site on Shadow Lane for many health and wellness services, residents of North Las Vegas can save time by visiting the North Las Vegas Public Health Center on Civic Center Drive.

The Health Center is part of the Clark County Health District, non-profit agency designed to provide preventive health care to Clark County Residents and keep families healthy. The Center was renovated last year and has new clinic equipment and rooms.

Services offered are free of charge or very low cost, and lines are often shorter than at the Health District in Las Vegas. Free blood pressure screening,

advise Congress and the President on development of "a consistent national policy" concerning the HIV epidemic.

The 15-member Commission includes five voting members

health counseling and education, child health services, immunizations, family planning services, senior health services and disease testing and treatment for such things as Tuberculosis, Sexually Transmitted Disease, and AIDS testing and counseling.

Flu and Pneumonia shots are now available at the North Las Vegas Public Health Center without an appointment - just walk in! The fee is \$5.00 for each shot, and are recommended to Seniors and others who might be predisposed to wintertime illness.

Other services available to Seniors includes our weekly seniors clinic, which includes a physical examination and counseling regarding health and lifestyle concerns that seniors may have about their health. The program is designed to help keep seniors healthy. The examination includes height and weight check, eye exam, hearing exam, glaucoma screening, blood pressure check, urine test, blood test, and paps smear for women. Other tests are also provided upon request, but may require a fee. The examination is completed by a nurse practitioner (a registered nurse with additional training) who has been working with Seniors for a dozen years.

CPR WORKSHOP

The Chuck Minker Sports Complex (Mojave Sports Center), 275 N. Mojave Rd., will offer a CPR workshop, 1:30 p.m., Saturday, January 16. The 90-minute seminar is designed for teens and adults. The cost is \$12 and includes certification.

Registration continues through the day of the event. The workshop will be taught by CPR Plus and is sponsored by the City of Las Vegas. Call 229-6563.

appointed by the Senate, five appointed by the House, and two appointed by President Bush. Three members of the President's Cabinet are non-

voting members of the Commission. They are the Secretary of Health and Human Services, the Secretary of Defense, and the Secretary of Veterans Affairs.

This clinic does require an appointment to eliminate waiting, and a \$25.00 donation is suggested, but not required.

Services are also available for children. Well-baby check ups for children under 5 years of age are free of charge but do require an appointment. Immunizations are offered free of charge on a walk in basis. Well baby checks include counseling mothers about the stages of early development, and both physical and mental development assessment. Healthy Kid (EPSDT) services are also provided to

those on SAMI under 21 years of age.

In addition, the North Las Vegas Public Health Center offers family planning information and services and pregnancy verification, as well as sexually transmitted disease testing and treatment, AIDS testing and counseling. **These services are confidential and affordable.**

The North Las Vegas Public Health Center is located at 3262 Civic Center Drive, and is open from 8:00 to 4:00, Monday through Friday. For more information, call 642-3525.

HEALTH BRIEFS

The Clark County Health District is searching for persons who are able to serve as loving and supportive friends of patients and families experiencing terminal illness. These persons will serve as volunteers in the Health District Hospice Program.

Thirty (30) hours of training are provided for volunteers at the Clark County Health District. Additional training in special areas is also available. An application and personal interview are required prior to training.

If you think you can fill this very special calling, contact Edie Blanchard, Coordinator of Volunteer Services, Clark County Health District, 625 Shadow Lane, Las Vegas — 383-1341.

*** HOSPICE TRAINING RECRUITMENT

The Clark County Health District Hospice Program is looking for volunteers who are able to provide emotional support and assistance to terminally ill patients and their families.

Volunteers should be available 3-5 hours each week, be at least 18 years of age, and have their own transportation.

Extensive training will be provided at the Clark County Health District, beginning in September.

For more information or application, contact Edie Blanchard, coordinator of volunteer services, at 383-1341.

CPR-FIRST AID TRAINING INSTITUTE has developed a special course for babysitters. The class, for boys and girls (11-18 years old), teaches safety, child and infant CPR and "basic" do's and don'ts of babysitting. Each student will receive an AHA CPR card and a "Babysitting" Certificate. The course will be held the second Saturday of each month from 9 a.m. - 1:30 p.m. The cost is \$17.00 and includes all teaching materials.

Anyone wishing any more information or wanting to register for a class should call Kenneth Glover or W.K. Vandygriff at 876-9177.

If You're Dabbling In Drugs... You Could Be Dabbling With Your Life.



Skin popping, on occasion, seems a lot safer than mainlining. Right? You ask yourself: What can happen? Well, a lot can happen. That's because there's a new game in town. It's called AIDS. So far there are no winners. If you share needles, you're at risk. All it takes is one exposure to the AIDS virus and you've just dabbled your life away.

For more information about AIDS, call 1-800-842-AIDS. Nevada AIDS Hotline

AMERICA
RESPONDS
TO AIDS

This is a message from the U.S. Centers for Disease Control.

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