

# FOR THE LADIES

## ANHEUSER-BUSCH SPONSORS NATIONAL CHUMS CONVENTION



The Los Angeles Chapter of Chums, Inc., a social and civic organization that raises funds for community programs throughout the U.S., recently joined its chapters at Bally's Hotel in Las Vegas for the organization's 32nd National Convention. Sponsored by Anheuser-Busch Companies, the organization awarded contributions during the convention to the United Negro College Fund, Brotherhood Crusade and the Delta Sigma Theta Life Development Program. Shown at the convention (from left) are Lucille J. Gayle, national president for Chums, Inc.; Mick Lewis, corporate affairs southwest region manager for Anheuser-Busch Companies; Ena Hannibal, president of the Los Angeles Chapter for Chums, Inc.; and Ruth Oates, convention chairperson.

## FASHION TIPS FOR TODAY'S WORKING WOMAN

### CAREER DRESSING THAT WORKS

(NU) - Looking good is only half the battle of working smart.

Feeling comfortable and prepared are so key to tackling the job at hand, according to 1,000 career dressers surveyed by Naturalizer Shoes through the pages of Working Woman magazine. Whether dressing to make an impression or simply to get the job done, the following tips can help career women face any business situation with confidence:

- **Be on Guard!** - Keep a versatile jacket or simple dress on the back of your office door for unexpected meetings.
- **Stay Smooth** - Wear wrinkle-free fabrics, like knits and polyesters. But, if your "power" suit is linen, make sure the jacket is long enough to cover your lap, which is most prone to wrinkling from sitting down.
- **Skirt the Issue** - Save this fall's long, slender skirts for a day in the office. When traveling or running around town, wear full skirts or skirts cut above the knee for ease of mobility.
- **Fly in Comfort** - Wear comfortable, well-fitting shoes when you fly and keep them on your feet! You'll be happy you did during those long flights when feet tend to swell.
- **Make Sure the Shoe Fits** - Have your feet measured twice a year at a women's specialty shoe store to ensure maximum comfort and fit in footwear. As you grow older or experience a major shift in body weight, your arches can begin to flatten, making your feet wider and longer.

• **Accessorize Wisely** - Keep jewelry to a minimum and stay away from large pieces that can be distracting. Wear bracelets and rings on the opposite arm and had with with you write.

(See Fashion Tips, Page 20)

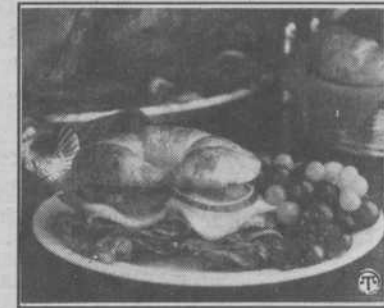


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# Holiday Hints

## Turn Holiday Leftovers Into Holiday Fun

Home chefs know that holiday leftovers can be turned into holiday fun when a little creativity is used. Here's a recipe that blends two All-American favorites together: Manwich® Sloppy Joe Sauce and holiday turkey! Manwich sandwiches are fun for the family to eat and this recipe will create a new tradition for them to enjoy during the holidays.



### Turkey Croissant Sandwiches

- \*1 1/2 lbs cooked turkey, sliced
- 1 (15 1/2-oz.) can Hunt's Manwich® Sloppy Joe Sauce
- 4 large Croissants or hamburger buns
- 4 slices any favorite cheese
- 1 red onion, sliced in rings
- 1 sliced butter or dill pickles

In medium size saucepan combine sliced turkey and Manwich Sloppy Joe Sauce, simmer 5 minutes or until heated through; stir occasionally. Meanwhile, cut croissants in half and top bottom half of each croissant in the following order; 3/4 cup turkey mixture, 1 slice cheese, 1 red onion ring, and 2 slices of pickle. Cover each sandwich with top half of croissant. Makes 4 large sandwiches.

\*When you find how great Manwich and turkey taste together,

you may also want to try ground turkey and Manwich to make delicious sloppy joes all year-round! Substitute 3/4 lb ground turkey for the sliced turkey. Follow the same preparation instruction on the label for ground beef; brown the turkey until no longer pink. Make 4-6 sandwiches.

Five delicious additional Manwich sloppy joe sandwich variations are included among the 17 recipes in *The Manwich Sports Survival Guide Cookbook* available for free while supplies last.

*The Manwich Sports Survival Guide Cookbook* not only gives tasty recipe ideas to serve hungry sports fans but also gives home chefs a few "sports pointers" along the way to help them get greater enjoyment out of watching sports. For a copy, write to: Manwich Sports Survival Cookbook, P.O. Box 6460, Douglas, AZ 85655-6460.

# SIX MILLION DOLLARS PLUS

Alpha Kappa Alpha officials are all smiles following the completion of a 19,000 square-foot addition to its corporate offices, now valued at more than \$6 million.

Dr. Mary Shy Scott, international president (foreground), Dr. Eva Evans, first vice-president (center), and Mrs. Alison Harris Alexander, executive director (back), were among the AKA officials who hosted an open house for the building earlier this month.



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