

BUSINESS

LEGAL BRIEFS

FIRST AID IN THE HOME — HOW TO TREAT MINOR EMERGENCIES

By Edward M. Bernstein

Do you know how to handle an at-home emergency? If your child breaks an arm, drinks window cleaner or has a nosebleed, what do you do?

The time to think about home first aid is now - not after an accident happens. The American College of Emergency Physicians warns us that some old-time remedies are not effective...and can be harmful. The following Do's and Don'ts are recommended in case of an emergency.

BURNS

DO:

- Run cool water on the burn
- See a doctor if the burns are serious or involve the face, hands or feet.

DON'T:

- Use ice - this can freeze skin and make the burn worse.
- Use butter or ointments - they don't help and removal can be painful.

POISONING

DO:

- Call your local Poison Information Center. In Las Vegas, the number is 732-4989.

- Find out what was swallowed and how much, before

calling. Also know the victim's age and weight.

DON'T:

- Give the victim anything to eat or drink unless advised by the Poison Center.

BLEEDING

DO:

- Apply direct pressure on the wound to stop bleeding.
- Cover minor wound with

dressing and bandage.

- Call your doctor for deep wounds on the face, hands or feet.

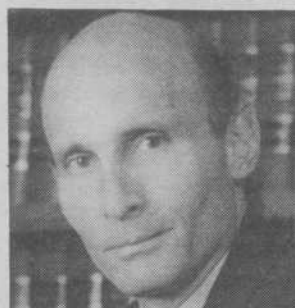
DON'T:

- Use iodine or hydrogen peroxide - just soap and water.

NOSEBLEED

DO:

- Sit and remain calm.
- Lean forward and pinch



EDWARD M. BERNSTEIN

nostrils between thumb and forefinger for 5 minutes.

- Call your doctor if bleeding won't stop.

DON'T:

- Move around - this makes nosebleeds worse.

MIND YOUR OWN BUSINESS

E.O.B. SPEARHEADS THE SECOND MICRO BUSINESS TRAINING PROGRAM SEMINAR

The Economic Opportunity Board of Clark County is proud to announce the second MICRO BUSINESS TRAINING PROGRAM SEMINAR (MIND YOUR OWN BUSINESS) to take place at the historic Moulin Rouge Hotel and Casino at 900 West Bonanza Road beginning at 1:00 p.m. until 4:00 p.m. This seminar is a FREE business seminar focusing on those businesses that are most conducive and beneficial for the Las Vegas area. Also, the banking community will be in attendance to explain and demonstrate loan packaging

techniques, and existing businesses will benefit from an orientation on marketing and promotional strategies.

This three month preliminary Micro Business Training Program is designed to assist those interested low income residents

UNEMPLOYMENT INSURANCE CHECKS WON'T BE DELAYED BY THE HOLIDAY

CARSON CITY — The Nevada Employment Security Department mails about 20,000 unemployment insurance checks each week, spread over a Monday-through-Friday schedule. Stan Jones, department executive director said that to a jobless person living on unemployment compensation, even a few days' delay can create a hardship.

To minimize the potential of having claimant checks arrive late due to the closure of his department Thursday and Friday for the Thanksgiving holi-

day, a small crew will work Friday to assure that days' batch of unemployment insurance checks are mailed... instead of holding them until Monday, Jones said.

Employment Security workers from the benefit unit were commended by Jones for their willingness to give up part of their Thanksgiving holiday to help others. "This act of generosity will help to assure no claimant should experience any undue delay in receiving their benefit check because of the holiday," he commented.

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TRAVEL with Bates

By Sandi Bates



Escape to a fabulous vacation in Spain, one of the world's most spectacular vacation attractions. The climate and the majestic Mediterranean Sea have welcomed visitors since the earliest of historical times. Phoenicians, Romans, Jews, Arabs, and many Europeans found this land irresistible, and have left their mark in buildings, music and traditions which endure.

Magnificent, Seville is the spirit of Spain located on the banks of Guadalquivir River with its white sandy beaches and rocky coast. A city that embodies the mystique of Spanish folklore, flavor and color. With its winding cobblestone paths, white washed facades and tile adorned patios.

Seville echoes the soul of its historical origin with its operas. One of the fortunate cities to advance through industrialization without sacrificing the essence of its heritage. This heritage dates back to the time before Christ. Bullfights, Flamenco Dancers and Guitars delight young and old alike.

Of the most famous attractions: The Towering Cathedral and its Bell Tower is the largest Gothic building in the world with its 15th century altars and masterpiece royal tombs. Wood carvings adorn the cathedral with a rich collection of art work.

La Giralda's spire rises above rooftops with its 35 levels to the top and serves as a distinguishable reference point throughout the city. The view is a must for the photographer.

The Alcazar Fortress and Gardens built in 1402 contains a Moorish king's bedroom, beautiful tile works and extraordinary designs.

The Museo de Bellas Artes hosts the finest works of the Spanish artist Murillo. One of many museums ranging from ancient art of the Renaissance and beyond.

From April 29th to October 12, 1993, Seville will host the final "truly" world exposition of the century. In typical Spanish fashion, activities will extend well into the wee hours, with dancing, fire works and "fiestas" every night. Over a hundred countries will be represented and visitors from around the world will gather to celebrate "The Age of Discovery" both past and future.

Barcelona, with its 3.5 million residents, is sophisticated and international in orientation. It is a city of broad avenues and striking architectures including: Buildings by Art Nouveau Architect Gaudi, numerous art galleries, art museums, and a major port founded by the Phoenicians 1000 years before Madrid existed.

It is a charming city with many fine restaurants which serves its favorite regional cuisine with impeccable style. The cuisine is influenced by the region's geographical variety. Barcelona has long stretches of coastlines with superb seafood and shellfish. Rich agriculture, fields of fruits, vegetables and vineyards provide a freshness rarely found anywhere.

Barcelona's major attraction is the Barrio Gotico of Gothic quarters. The quarters contain a magnificent 12th century Cathedral at its center and narrow Labyrinth streets that winding through medieval mansions restaurants, cafes, bookstalls, and antique shops. See the monument of Christopher Columbus and the Picasso Museum.

A particularly mild climate makes it a paradise for sun and sea lovers. A magnificent band of fine golden sand, extends almost without a break along the coast of Barcelona.

Barcelona was selected by the international Olympic committee to host the games of the XXVth Olympiad. In 1992, 10,000 athletes, and an equal number of media, judges and official guests along with spectators gathered in Barcelona for the Olympic games.

Madrid, alluring and energetic, is the cultural capitol of Europe. Enjoy spectacular scenery, fairy tale castles, majestic palaces, magnificent museums, sumptuous food, delightful wines, glittering night life, warm sunshine, and hospitable people.

Visit the Prado Museum, which houses one of the world's greatest collections of paintings. Enjoy the fabulous royal palace, with its famous Clockroom, porcelain rooms, and regal throne room. Also, take advantage of Madrid's great buys in leather, porcelain.

(See Travel with Bates, Page 9)