

FOR THE LADIES

Creamy Summer Salad Is Low In Calories, Fat

Creamy Pasta Bean Salad updates the hearty, traditional combination of pasta and canned dark red kidney beans with the addition of ripe, red cherry tomatoes and chunks of green bell pepper. The colorful ingredients are tossed with a creamy dressing that's more than mayonnaise. It includes vinegar, Parmesan cheese and basil for zesty new flavor.

Serve this salad as a simple side dish or meatless main dish that's low in calories, fat, cholesterol and sodium.



CREAMY PASTA BEAN SALAD

DRESSING

- 1/2 cup light mayonnaise
- 1/4 cup grated Parmesan cheese
- 1 tablespoon vinegar
- 1 teaspoon dried basil leaves

SALAD

- 1 1/2 cups uncooked rotini or mostaccioli pasta
- 1 (15.5-oz.) can Green Giant® or Joan of Arc® Dark Red Kidney Beans, drained
- 1 1/2 cups halved cherry tomatoes
- 1/2 cup green bell pepper, cut into 1/2-inch pieces

In small bowl using wire whisk, blend all dressing ingredients. Cook rotini to desired doneness as directed on package; drain. In large bowl, combine cooked pasta with remaining salad ingredients. Pour dressing over salad; toss gently. Cover; refrigerate 1 to 2 hours to blend flavors. Add salt and pepper to taste, if desired.
8 (2/3-cup) servings.

NATIONAL COUNCIL OF NEGRO WOMEN AND EDGAR MORRIS TEAM TO AID COMMUNITY-BASED ORGANIZATIONS

One of the top-selling advertised products on television will now become a vehicle to help support African-American community-based organizations. The Edgar Morris Skin Care System, which addresses relief from the skin problems commonly affecting people of color, has joined with the National Council of Negro Women to make the products available for sale to all non-profit organizations for fundraising purposes.

The popular television "infomercial" hosted by Dionne Warwick and featuring Lynn Whitfield, Stephanie Mills, Marcus Allen and Marla Gibbs, will continue to be aired frequent over Black Entertainment Television and other cable and broadcast outlets. With consumers now able to also purchase the \$70.95 skin care kits through organizations, it will directly impact the quality of badly-needed services in communities, according to Edgar Morris, President of Edgar Morris, Inc.

"The overwhelming response to our commercials provided us with many options on how best to market our products," stated Edgar Morris. "Together with our distribution partner, the Regal Group, Inc., we made a



EDGAR MORRIS (LEFT) AND DOROTHY I. HEIGHT, PRESIDENT OF THE NATIONAL COUNCIL OF NEGRO WOMEN.

commitment very early on to find a meaningful way to support organizations that are the very backbone of our communities. With this in mind, an initial decision was made not to make our products available at department stores or other retail outlets."

Morris added, "The National Council of Negro Women became our natural choice for distribution because of their historic role as a coalition builder with a current outreach to over four million women and their families."

In addition to its local sections in most major U.S. cities, the National Council of Negro Women has thirty-three national affiliated organizations, comprising mostly fraternal, church, labor and social service groups.

All non-profit organizations can receive information on how to join the NCNW/Edgar Morris

Economic Development Program by calling the coordinator at (800) 733-3904. Direct mail campaigns, group purchase packages, and other person-to-person sales resources are among the options available to qualifying organizations.

"The emphasis on personal empowerment and self-reliance are attributes that both the National Council of Negro Women and Edgar Morris share," stated Dorothy I. Height, President of the National Council of Negro Women. "Edgar Morris has devoted more than a quarter century helping countless thousands of people feel better about themselves and thereby influence their potential for success. We are delighted to join hands with a company that extends that enlightened spirit from the individual to the greater community."

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