

OBESITY

(Continued From Page 13)

Project, headquartered in Atlanta. As Avery explains: "One of the things we've had to deal with is the question, 'Is it African-American to exercise?' The first time I heard this, I thought 'Y'all are crazy,' but we had to deal with it. White people play tennis and have time to go swimming, but when a black woman comes home from work, she says, 'I've been working hard all day, and I don't want anybody talking to me about exercise.'"

There are no simple solutions to the problem of obesity and its health implications among blacks, medical authorities agree. But they also agree that firm and immediate steps should be taken to find solutions, regardless of how complex the problem may be.

Edward S. Cooper, M.D., the first black president-elect of the AHA, calls the situation "a state of emergency in the black community," one that a massive educational effort can resolve.

He cites a federal survey

showing that blacks are less likely than whites to identify obesity, smoking, lack of exercise and high blood cholesterol as modifiable risk factors for heart attacks. "Knowledge and concern about nutrition is lower among blacks, and they are less likely to change their dietary habits to reduce their risk of heart disease and stroke," he says.

"We believe the current health crisis confronting black Americans can be controlled only if there is renewed commitment to expand research, improve public health measures and include racial minorities in clinical trials," Cooper concludes. "Greater emphasis must also be placed on identifying and rectifying environmental factors that underlie the well-documented health differences between blacks and whites." For information on how to lose weight, send a stamped, self-addressed business-size envelope to American Heart Association, Box NPA-G, 7320 Greenville Ave., Dallas, TX 75231.

CLASSIFIED ADVERTISING

LAS VEGAS VALLEY WATER DISTRICT

CLARK COUNTY INVITATION TO BID
BID NO. 2828-92

MAGNETIC FLOWMETERS

THIS BID IS FOR THE PURCHASE OF MAGNETIC FLOWMETERS, WITH THE OPTION TO PROCURE ADDITIONAL METERS FOR THE PERIOD FROM DATE OF AWARD THROUGH JULY 31, 1993.

PREBID CONFERENCE: 11:00 A.M., Friday, May 22, 1992 at the Las Vegas Valley Water District, 3700 W. Charleston Blvd., Conference Room B.

Bids will be received in the Office of the Clark County Director of General Services, Purchasing Division, Bridger Building, Tenth Floor, 225 Bridger Avenue, Las Vegas, Nevada 89155 on June 1, 1992. Bids must be time-stamped at 3:00 PM or before, bids time-stamped at 3:01 PM or after will be returned to the bidder. Overnight Mail must use the 89101 code.

Specifications are available at the above address.

BOARD OF DIRECTORS
LAS VEGAS VALLEY
WATER DISTRICT

Published: Las Vegas Sentinel-Voice
May 21, 1992

CLARK COUNTY INVITATION TO BID
BID NO. 2829-92

ANNUAL REQUIREMENTS CONTRACT FOR ERICSSON GENERAL ELECTRIC MOBILE COMMUNICATIONS EQUIPMENT AND REPLACEMENT PARTS

THIS BID IS FOR AN ANNUAL REQUIREMENTS CONTRACT FOR ERICSSON GENERAL ELECTRIC MOBILE COMMUNICATIONS EQUIPMENT AND REPLACEMENT PARTS FOR THE PERIOD FROM JULY 1, 1992, THROUGH JUNE 30, 1993, WITH THE OPTION TO RENEW FOR THREE ONE-YEAR PERIODS.

Bids will be received in the Office of the Clark County Director of General Services, Purchasing Division, Bridger Building, Tenth Floor, 225 Bridger Avenue, Las Vegas, Nevada 89155 on June 1, 1992. Bids must be time-stamped at 3:00 PM or before. Bids time-stamped at 3:01 PM or after will be returned to bidder. Overnight Mail must use the 89101 zip code.

Specifications are available at the above address at no charge.

BOARD OF COMMISSIONERS
CLARK COUNTY, NEVADA

Published: Las Vegas Sentinel-Voice
May 21, 1992

CLARK COUNTY INVITATION TO BID
BID NO. 2823-92
ANNUAL REQUIREMENTS CONTRACT FOR HELICOPTER PARTS

THIS BID IS FOR AN ANNUAL REQUIREMENTS CONTRACT FOR NEW, REBUILT/OVERHAULED EXCHANGE HELICOPTER PARTS FOR THE PERIOD JULY 1, 1992 THROUGH JUNE 30, 1993, WITH THE OPTION TO RENEW FOR THREE ONE-YEAR PERIODS.

PREBID CONFERENCE:
MAY 20 1992, 9:00 A.M.
Bids will be received in the Office of the

Clark County Director of General Services, Purchasing Division, Bridger Building, Tenth Floor, 225 Bridger Avenue, Las Vegas, Nevada 89155 on June 1, 1992. Bids must be time-stamped at 3:00 PM or before. Bids time-stamped at 3:01 PM or after will be returned to bidder. Overnight Mail must use the 89101 zip code.

Specifications are available at the above address.

BOARD OF COMMISSIONERS
CLARK COUNTY, NEVADA

Published: Las Vegas Sentinel-Voice
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CLARK COUNTY PROGRAMMER / ANALYST I

Clark County is currently seeking a qualified individual to provide system development services in the areas of system analysis, system design, programming, systems implementation and customer support. Requires equivalent to a Bachelor's Degree in Computer Science, Information Systems Management, Data Processing or a closely related field.

Salary: \$28K - \$40K Last Day to apply: June 4, 1992

Clark County Application required
Apply to: Clark County Personnel Department
225 Bridger Avenue, 9th floor
Las Vegas, NV 89155
(702) 455-4565

AA/EOE/INCLUDING DISABLED

Published: Las Vegas Sentinel-Voice
May 21, 1992

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Director of Photography ADAM GREENBERG, A.S.C. Executive Producer SCOTT RUDIN Written by JOSEPH HOWARD Produced by TERI SCHWARTZ Directed by EMILE ARDOLINO
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