

FOR THE LADIES

OLD SOUTH MOLASSES CRUMB PIE

Crust

Unbaked 9-inch deep dish
Classic Crisco Single Crust

Filling

2	tablespoons Crisco Shortening	¼	teaspoon ginger
¾	cup all-purpose flour	¼	teaspoon cloves
½	cup firmly packed brown sugar	¼	teaspoon baking soda
¼	teaspoon salt	¾	cup boiling water
½	teaspoon cinnamon	½	cup molasses
¼	teaspoon nutmeg	1	egg, beaten

1. Heat oven to 425°F.
2. For filling, cream Crisco at low speed of electric mixer. Add flour, brown sugar, salt, cinnamon, nutmeg, ginger and cloves. Mix until crumbs form.
3. Add baking soda to boiling water. Stir in molasses and egg.
4. Sprinkle bottom of unbaked pie shell generously with crumbs. Cover with molasses mixture. Repeat, finishing with crumbs on top.
5. Bake at 425° for 10 minutes. Reduce temperature to 350°F. Bake for 25 minutes. Cool to room temperature before serving.

One 9-inch deep dish pie

CATHOLIC COMMUNITY SERVICES OFFERS ADOPTION ASSISTANCE

Making the decision to place your baby for adoption is probably one of the most important decisions you will ever have to make. Though it will be painful, it is an act of genuine love. You are actually placing your baby's life before your own.

Catholic Community Serv-

ices recognize that this decision will take a lot of time and thought. They want you to be absolutely sure that this is the best decision for you and your baby.

Catholic Community Services has been licensed as an adoption agency since 1941. Throughout the years, they have

worked with over 2,500 birth mothers. They work with birthmothers and adopting couples of all races and creeds, and you do not need to be Catholic to seek assistance. They also fund and operate the Marian Residence, a program that provides room and board to any pregnant woman who is considering adoption and needs assistance.

CCS provides counseling to help evaluate a woman's preg-

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Designs by Donna

593-4839 FOR INFORMATION
OR APPOINTMENT

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Special Event: The Aries Birthday Party
Featuring: Male Models & Female Models
Fashions from: Black Pearl Fashions
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Date: Sunday, March 22, 1992
Time: 7:00 p.m.
Phone: 647-5440*

*Donation: \$6.00 at the door
Special Attention will be the flamboyant and professional dance group of:
Steve-O and Big Mike
and The Mafia, Soul Silky Vocalist
Ms. Carolyn Walden-Casino Records Artist*

KWANZAA JOLLOF RICE

- | | |
|----|---|
| 2 | tablespoons plus 1½ teaspoons Crisco Oil, divided |
| 1 | frying chicken, cut in small pieces |
| 3 | medium onions, chopped |
| 2 | small green bell peppers, chopped |
| ½ | pound raw shrimp, shelled and deveined |
| 6 | cups water |
| ¾ | cup chopped carrots |
| ¾ | cup cut green beans |
| ¾ | cup peas |
| 3 | medium tomatoes, cut up |
| 1 | teaspoon salt |
| ½ | teaspoon black pepper |
| ½ | teaspoon cayenne pepper |
| 1 | sprig thyme, crushed, or 1 teaspoon dried |
| 1½ | cups uncooked long-grain rice |
| ¼ | cup tomato paste |

1. Heat 2 tablespoons Crisco Oil in stockpot or kettle. Brown chicken. Add onions and green peppers. Cook on medium heat 5 to 10 minutes.
2. Sauté shrimp in remaining 1½ teaspoons oil in small skillet.
3. Bring 6 cups water to a boil in large saucepan. Add carrots, green beans and peas. Cook about 5 minutes.
4. Drain vegetables, reserving 3 cups cooking liquid. Add to chicken in stockpot along with shrimp, tomatoes, salt, black pepper, cayenne and thyme. Reduce heat to low. Simmer 5 minutes.
4. Combine rice and tomato paste in bowl. Stir until rice is coated. Stir into stockpot. Add small amounts of water as needed to prevent sticking. Cook about 20 minutes or until chicken, vegetables and rice are tender.

6 servings

HERITAGE
RECIPE



Kwanzaa

In 1977 my two best friends and I received grants to travel to Nigeria; our first trip to Africa! We learned first hand about Nigerian foods, art and traditions. During the first holiday season after our return, we had a wonderful Kwanzaa celebration encompassing our three families and a host of friends. My family enjoyed it so much that we've continued the celebrations for the past thirteen years. Our family is quite extended; it included five generations until my grandmother, "Mama Pride" died last year, and of course my two best friends and their families are always invited. The younger children have known Kwanzaa for their entire lives and eagerly look forward to it. Our menu is truly African and American including a variety of dishes from an English wassail beverage to the jollof rice recipe included here.

Helen E. Baker
Indianapolis, IN

nancy options. Financial assistance with medical, legal and living expenses can also be arranged.

In the state of Nevada, only a licensed adoption agency can place a child for adoption. An attorney can only provide legal services in the cases of independent adoption.

It is unlawful in this state to request money, pay money, or receive money or anything of

value in return for the placement of a child for adoption. However, medical, legal and necessary living expenses can be provided to a birthmother. Catholic Community Services can assist in obtaining these services.

If you have any questions about placing your child for adoption, you can call their Adoption Department at 385-2662 or their Hotline at 565-5388.

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