

The Cress Theory - Part III

The Ray Willis Report

By: Ray E. Willis



Ray E. Willis

Washington, D.C.-based Black psychiatrist, Dr. Frances Cress Welsing, is a leading authority on black/white relations from an Afrocentric point of view. Like Malcolm X, a resurgence of her popularity as of late can be attributed to rap artists--in this case Public Enemy, who used Dr. Welsing's Cress Theory as a theme for their latest album, "Fear of a Black Planet."

This is a third in a series of articles profiling her, based on a personal interview that I conducted. Dr. Welsing's Cress Theory of Color Confrontation (White Supremacy) is the underpinning of her medical practice in general and child psychiatry.

"There is no mental health for Black people without understanding racism and white supremacy," declared Dr. Welsing, adding, "it's the main source of stress which affects us."

When I asked her to comment on the negative racial climate in New York City which also now is permeating the rest of the country to a lesser open degree, Dr. Welsing declared, "Racism is the number one problem in the world today because the Black male is a threat to white genetic survival. That's why a Willie Horton can be used by the Republican Party because it's an image that appeals to white genetic survival. And now you have white people leaving en masse to join the Republican Party because of it."

Using some very effective imagery, Dr. Welsing further amplified on the subject. "Up until now, we (Blacks) have been on a football field playing with a tennis racquet. We didn't understand why things were happening to us. That's why we still say 'what's happening?'"

as a greeting because we have not understood whites at a deeply psychic level--why they relate to us in such an oppressive manner."

Dr. Welsing asserted, "It's like a chess board. We are on the black side. They are on the white side. The white side is playing white genetic survival. If you're a threat to someone's genetic survival, you can't simply ask them to stop doing what they are doing that is harming you! Today it's still alright to kill the Black male because he is seen as a direct threat to someone's genetic survival. You can't simply ask them to stop doing what they are doing that is harming you," she elaborated.

"Hitler typified the nth degree of white genetic survival. Even today Hitler is a very attractive figure in the white collective. White genetic racism is the number one problem in the world."

Far from being smug that her theories constitute the last word on race relations, Dr. Welsing welcomes spirited debate on the subject. With obvious dejection, she admits there hasn't been many takers, though.

"It's really a shame that when you put an idea out there as a scientist, people really don't want to discuss it for the most part," she lamented.

Next week, the conclusion of my series, "The Cress Theory."

COMMUNITY UPDATE

By Faye Duncan-Daniel

You may not want to enter the political arena wearing your Gucci shoes. They will get ruined.

Look around you. Most politicians wear cowboy boots!!! Are they all urban cowboys? Or are they aware that the political arena is equivalent to a rodeo where the cowboy with the ability to "stay on a bucking horse while roping a cow" wins the grand prize? Imagine what the ground looks like!!! You wouldn't want to have your Gucci shoes on!!!

With Charles Smith, Billy McCurdy and incumbent Morse Arberry "roping cows" (Charles wears cowboy boots), District 7 is going to be an interesting rodeo.

By the way, has anyone seen Morse Arberry lately?

Fight On, Bobbie Martin-Troutman!!!

For those of you who may not be aware, Mrs. Bobby Martin-Troutman fought tooth and nail, single-handedly to make sure women of color (Black, Hispanics, Asians, Older, etc.) were included in the Governor's Conference on Women!!!

On January 17, 1990, Bobbie was reading the trusty ole RJ and lo and behold, there was the announcement that this conference was taking place. Additionally, she looked at the Executive Board, the Advisory Board and the Steering Committees and did not see "ONE Black woman's name" on the list. Wanting to be sure, she called Wendell P. Williams and a couple of other

knowledgeable citizens and none of the names were recognizable, specifically as being Black women.

At this point, Bobbie started making inquiries to the Governor's Office and was advised by a Mrs. Helen Meyers, that "there were none qualified." Well, if Bobbie wasn't outraged about our being omitted, she was enraged to the point of letter-writing and phone calling - a one-woman crusade for justice!!!

After numerous letters and phone calls, a meeting was called to discuss this omission and obvious "insensitivity" to women of color. (We may interject that as the letters and phone calls were made, Black women's names started to appear on stationary and in press releases.) At the meeting, two Black women (Faye Duncan-Daniel and Verlia Grice-Davis) plus Mrs. Liliam Lujan-Hickey were selected to represent their communities as liaison, ensuring our input and output at the Executive level. This meeting took place on May 8, 1990.

On May 18 (2 weeks later) after our appointments were announced, we received a letter from a Carla Leveritt and signed by the Executive Board, that Verlia, Lillian and I could "serve" on any committee, but that Eva Garcia and Yvonne Atkinson-Gates had been selected (by them) to represent us!!!

Understand, readers, we are not uncomfortable with the person chosen - however, the message to Black women in Nevada in the past has been, "this is

See UPDATE, Page 5

Welfare Mother Tells How She Escaped Poverty

By Muhammad Abdullah

Like Michael Jackson said in his hit record, "Man In the Mirror," we must look at ourselves. We must start in our own backyards. Bearing this in mind, is how we will approach our story today. We can make a difference in our communities if we show that "we care." We have a story this week about such a person.

Sierra Nevada Arms is our topic for today and we will be interviewing Mrs. Geraldine Johnson, the present non-resident Manager of the complex.

Mrs. Johnson has been in property management for some time, having recently resigned her position with Dalton Properties' subsidiary, Park Management, Inc., the group that manages Carey Arms Apartments. She had previously managed the Highland Village Apartments in Henderson, Nevada. Her management duties involve intake evaluations of prospective tenants, property inspections, monitoring the grounds and maintenance crews, being in touch with the on-site Security Department, upgrading tenant records, answering city, county, state and federal inquiries, and staying in order with the HUD guidelines in tenant placement and tenant evictions.

As we can see, Johnson's job is not an easy one, but

she is competent and she carries with her a first-hand glance of low income tenancy by being a former welfare recipient herself. "Many of the tenants here don't want to do better. They don't take pride in their apartments...I am considered a "bitch" by many of them because I don't accept that they can't help themselves...For example, I helped this one tenant to get a job and somehow she talked herself out of it...She said that she would lose money if she got a job because she was being paid more to stay on ADC (Aid to Dependent Children). She said she could be paid more money if she stayed on welfare, so she changed her mind about the job. I don't have a problem with my own people; I pulled myself out of poverty and welfare and they can too! We have many tenants here that have not paid their rent for many months. But due to HUD guidelines, it is hard to evict them...We have many drug cases and many times I have to appear in court to testify against a drug offender to try to get them evicted, but most of the residents will not come forward. We have become the "biggest racists there is," against our own...Instead of us wanting to see each other get a home and get ahead, we become jealous and want to take from

See ABDULLAH, Page 5

THE SENTINEL-VOICE

Nevada's only black community newspaper
Published every Thursday by the Brown Publishing Co
Inc., 1201 South Eastern Avenue, Las Vegas, Nevada 89104
Telephone (702) 383-4030.

Serving Las Vegas, North Las Vegas, Reno, Carson City
Sparks, Hawthorne, Henderson and Tonopah.

Betty Brown, President and Publisher-Editor; LeRoy Brown, General Manager; Ramon Savoy, Advertising and Marketing Director; Pamela Jeanne Wright, Secretary-Receptionist; Willis Brown, Production; Don Snook, Graphics; Delores Feemster, Reno General Manager; Kenny Philips, Distribution.

Members: National Newspaper Publishers Association
West Coast Black Publishers Association.

This newspaper is audited by Community Papers
Verification Service, 6225 University Avenue, Madison,
W153705 (608) 238-7550.

Subscriptions payable in advance
Six months \$15.00
Twelve months \$25.00

The rates apply to Continental United States only



Rancho Florist & Gifts

The Florist with the Elegant Touch in Floral Design



Corsages

Fruit Baskets

Plant Gardens

Plant Baskets

& Roses

BALLOONS & MUCH

MUCH MORE!

CITY WIDE DELIVERY



Call 648-0098
2401 W. Bonanza Road
Suite P

CHEZ POLLEE'S CAFE
"Fine Food & Spirits"
VIDEO POKER ARCADE

2301 W. Bonanza
Las Vegas, Nevada 89106
Visa & Master Charge Accepted

EDDIE BUNCH
702-648-8411