

# Education

## HELPING YOUR CHILD SUCCEED IN SCHOOL FROM THE NEVADA STATE EDUCATION ASSOCIATION

School is back in session. A new year has begun. It is an exciting time; a time of opportunity.

Nevada's teachers want to help make this the very best year ever for your child. And to do that, they need your help. Research shows — and any teacher can tell you — that nothing is more important to a child's success in school than the interest and involvement of that child's parents.

The Nevada State Education Association has produced our suggestions for helping your child succeed in school. We hope you will find these ideas helpful.

### LU SEARCHES FOR FORMER STUDENTS

LANGSTON, Okla.—Langston University announced today that an intensive program is underway to identify and locate former students and graduates of the institution. It has been estimated that there are approximately 10,000 alumni of Langston University.

"As Langston approaches its 100-year anniversary, there is tremendous pride in our past, enthusiasm in our present and optimism in our plans for the future," said Dean of Institutional Advancement and Division of Business Chairperson Dr. Calvin Hall. "We are continually striving to thoroughly inform both our Langston family and the public at large of how well we are doing at Langston. To do that, we must improve our communications with all of our constituent groups."

"As an example of the progress we are making," Hall continued, "for the first time in the university's 97-year history, the institution will establish two endowed chairs in the Division of Business."

The endowed chairs will be honoring Mrs. Mizura Allen, Dr. Larzette Hale and Mrs. Almeda Parker for their contribution to Langston University, the Division of Business, and the accounting profession.

"We are requesting that

**TIP #1. Communication is the key to successful learning. Take an interest in your children's schoolwork. Ask specific questions about their daily lessons and let them tell you what they have learned. Discuss school at family meals.**

**TIP #2. Review your child's schoolwork. Try to help with any subjects that are particularly difficult for your child. Try to make learning enjoyable.**

**TIP #3. Give extra encouragement for problem subjects. If your child is having a problem with a certain subject, try to find out why. Your child may need extra help. Seek the reason behind the problem, then enlist the teacher's help so that you can work together to conquer it.**

### Make this year the best ever for your child.

**TIP #4. Visit your child's school. Talk to your child's teachers periodically, not just when there is a problem.**

**TIP #5. Find out when report cards are to be issued and make sure you see your child's report card. Be enthusiastic about good grades; discuss how you and your child can work together to improve unsatisfactory performance.**

**TIP #6. Read to or with your child every day. Take your child to the library often and talk about the kind of books you check out. Encourage use of the school library.**

**TIP #7. If at any age your child seems "turned off" by reading, don't make an issue of it. Casually leave "irre-**

**sistible" books around — books on subjects you know will interest your child.**

**TIP #8. When your child is writing a school report, reinforce the need for several sources. Teach your child that a well-written report needs more than one source.**

**TIP #9. Good nutrition is essential for the overall well-being of a child. Make sure your child starts the day with a good breakfast. The habit of good nutrition is carried throughout life.**

**TIP #10. Don't neglect exercise. Encourage the habit of vigorous daily activity. Join your child in active games and stress good sportsmanship. Active play builds strong muscles,**

which are basic to good health and posture.

**TIP #11. Help your children appreciate the practical application of math by encouraging comparison pricing through newspaper ads and on shopping trips. Let older children plan your weekly shopping trip.**

**TIP #12. Encourage the reading of newspapers and the watching of local and national news telecasts. Discuss current events with your children.**

**TIP #13. Reward your child often! Nothing is more important than helping your children develop self-esteem. For some children, praise for doing something well is reward enough. At other times, it may help to do something special together**

or to put a sticker or star on a chart that is kept in a special place.

**TIP #14. Provide a quiet place in your house where your child can study. This will allow your child to concentrate on his or her work without being distracted by noise of TV.**

**TIP #15. Help your child develop self-discipline. Teach your child to concentrate on the task at hand until it is completed. Compliment him or her on a job well done.**

**TIP #16. Be interested and supportive. Encourage and ask questions, be generous with praise, enthusiasm and sympathy. You can bridge the gap between home and school and make learning fun for both you and your child.**

**A public service of the  
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### HEALTH AGENCIES ENROLL AREA FIRST GRADERS IN SMOKE-FREE CLASS OF 2000 PROJECT

It was a different kind of back-to-school for 5,250 area youngsters: this year they enrolled not only in the first grade but also in the first Smoke-Free class of 2000 by a coalition of local divisions of the American Lung Association, American Heart Association, and American Cancer Society.

A Balloon Launch and Press Conference held at Paul E. Culley Elementary School Sept. 30, 1988 at 10:00 A.M. will launch a 12-year education and awareness campaign in response to the U.S. Surgeon General's call for a smoke-free society by the year 2000.

"Children entering the first grade will graduate from high school in the Class of the Year 2000," said Cheri Foster, Coalition spokesperson. "We are asking

all alumni and former students assist us in updating our mailing list by contacting the Alumni Office at Langston University," Hall concluded. "Inquiring should be directed to: Director of Alumni Affairs Mrs. Gretana Hall, P.O. Box 910, Langston, Okla., 73050. They may also contact her by telephone at 405-466-2231, ext. 200."

them to become the ambassadors of a whole new generation, a generation of children who are free of cigarettes. We'd like them to promise not to smoke, and we'd like them to ask their brothers and sisters, their friends, and their teachers and parents not to smoke."

Educational materials provided by the three agencies are available that teachers will use during the 1988-89 school year to introduce children to the idea of being smoke-free. The three agencies will continue to provide appropriate materials each year as they progress through middle school, junior high school, and senior high school.

An estimated 3,000,000 children nationwide will enter the first grade this year, Cheri Foster said, and the three agencies hope to reach about one-third of that total with this new campaign during the school year.

"We know children care very much about their own health and about the health of their friends and family," said Cheri Foster. "We expect them to become enthusiastic smoke-free ambassadors."

According to the agencies, the initiation of regular daily smoking is highest among children in the seventh to ninth grades. About 60 percent of adult smokers say they got hooked on cigar-

## CLARK COUNTY COMMUNITY COLLEGE

ettes by age 14.

An estimated 320,000 Americans die prematurely each year of smoking-related causes, including lung cancer, emphysema, and coronary heart disease, making smoking the number-one preventable cause of disease and death in America, the three agencies say.

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