

MONITOR Munchings

Prepared With Mustard



If you think of mustard only in terms of the dressing for hot dogs, then this month's recipes, courtesy of the kitchens of *Nabisco Brands*, should be a palate-pleasing surprise.

Please note that our recipes use Dijon-style mustard, which is the distinctive-tasting classic made from a French recipe of the 1700's. Try them—you're sure to love them!

Salad Nicoise

- 5 hard-cooked eggs
- 1/2 cup mayonnaise
- 1/3 cup Dijon-style mustard
- 1/4 cup milk
- 2 tablespoons fresh or frozen chives
- 1 teaspoon sugar
- 1 head Boston lettuce
- 1/2 lb. small red potatoes, unpeeled, cooked & sliced
- 1/2 lb. green beans, cooked
- 1 (12 1/2-oz.) can tuna, drained and flaked
- 2 medium tomatoes, cut into wedges
- 8 pitted ripe olives
- Anchovy fillets, for garnish

Halve 3 eggs; set aside. Separate yolks from whites of remaining eggs. Chop whites; set aside for garnish.

To prepare dressing, in bowl, mash reserved egg yolks; stir in mayonnaise, mustard, milk, chives and sugar until smooth.

Line large platter with lettuce leaves. Arrange potatoes, green beans, tuna, tomatoes, halved eggs and olives on lettuce. Garnish with anchovies and chopped egg whites. Serve with dressing. (Makes 6 servings.)

Mustardy Cole Slaw

- 1 medium head green cab-

- bage, finely shredded (about 8 cups)
- 1 medium green pepper, cut into thin strips
- 2/3 cup sliced celery
- 2/3 cup grated carrot
- 1/2 cup mayonnaise
- 1/3 cup Dijon-style mustard
- 1 tablespoon milk
- 1 teaspoon sugar
- Green pepper rings, for garnish

In large bowl, combine cabbage, green pepper, celery and carrot. In small bowl, mix mayonnaise, mustard, milk and sugar until smooth. Toss cabbage mixture with mustard mixture until well blended. Cover and refrigerate 2 hours or overnight to blend flavors, stirring occasionally. Garnish with green pepper rings. (Makes 6-8 servings.)

Saucy Shrimp Kabobs

- 2 tablespoons minced scallions
- 1 tablespoon margarine or butter
- 1/2 cup Dijon-style mustard
- 1/3 cup tomato catsup
- 2 tablespoons firmly packed brown sugar
- 1/4 teaspoon hot pepper sauce
- 1 lb. large shrimp*, shelled and deveined
- Hot cooked rice

In small saucepan over low heat, cook scallions in margarine or butter until tender, stirring occasionally. Remove saucepan from heat; stir in mustard, catsup, brown sugar and hot pepper sauce.

Skewer shrimp, as desired. Grill or broil shrimp, 10 to 15 minutes, turning kabobs occasionally and brushing with sauce frequently.

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*1 lb. boneless chicken or pork, cut into chunks, can be substituted for shrimp, cooking to desired doneness.



Hints For Homemakers/Inez Kaiser

It Takes a Real Super Spread to Satisfy Everyone's Taste

DEAR INEZ: I have a small family that just loves hot breads for breakfast. But everyone's so leery about cholesterol and calories these days, I just can't find a spread to serve that has a rich, buttery taste, has no cholesterol and fewer calories. Is there such a thing?
—SPREAD HUNTER

DEAR SPREAD HUNTER: You bet there is! Haven't you ever heard of SHEDD'S SPREAD COUNTRY CROCK? This truly wonderful spread answers all of your needs.

Talk about great selling points! First of all, COUNTRY CROCK has a rich, buttery taste and melts in your mouth just like butter. This super spread makes everything taste great.



What's more, COUNTRY CROCK contains fewer calories than margarine and no—that means zero—cholesterol. You can't beat a combination like that.

SHEDD'S SPREAD COUNTRY CROCK costs much less than butter or margarine. It really gives you more for your money.

This tasty spread is available in convenient sizes from 1 to 5 lbs. It also comes in quarter sticks. This year it can even be purchased in two 8-oz. mini-crocks. All of these variations have the same rich, buttery taste, a third fewer calories than margarine and contain no cholesterol.

These are mighty strong reasons for your family to eat COUNTRY CROCK from Shedd's. It makes any kind of bread, hot pancakes, French toast and waffles taste just great.

WHITER TEETH, FRESH BREATH

PEOPLE ALSO LOOK FOR A NUMBER of different benefits in choosing their toothpaste. High on everyone's list are clean teeth, fresh breath and cavity protection. That's why CLOSE-UP is America's No. 1 cosmetic toothpaste.

This exciting three-in-one product has special whiteners to get your teeth their whitest. It also has a real mouthwash to freshen your breath. And it provides anti-cavity fluoride protection.

But that isn't all. To satisfy the preferences of many people who remain loyal to the paste form, CLOSE-UP has introduced a new CLOSE-UP paste, so that consumers can now choose between gel or paste.

Last but far from least, CLOSE-UP is now available in a convenient pump form for the benefit of those consumers who prefer pumps.

As the television commercials say: "WANT LOVE? GET CLOSE-UP!" Of course, everyone wants to be loved. But in order to be loved, you have to be lovable—and that means attractive.

You become attractive by the way you act and the way you dress and, most important, by the way you groom yourself—your breath, hair, teeth, body fragrance and so on.

So make CLOSE-UP a part of your personal strategy to become a real winner.

LIFTING STAINS AWAY

ANOTHER AREA IN WHICH WOMEN GO ALL OUT to select the best possible product is laundry detergents. My recommendation is CONCENTRATED "all," which is your best bet to get rid of the toughest greasy dirt and stains.

The wonderful thing about "all" is that it goes right to the stain—and just lifts it away. How many other detergents can say that?

CONCENTRATED "all" cleans all kinds of stains. The great thing about this product is that it outcleans the leading powders on extra-tough oily dirt and gets your whole wash really clean.

As long as things go right and the clothes are kept clean, doing the laundry is taken for granted in most homes. But let just one important item—like a pair of trousers, a skirt, a blouse or a shirt—show up with a messy stain or spot that didn't come out and your reputation is likely to be soiled as badly as the clothes.

So choosing the best possible detergent for the family wash becomes an all-important decision. And that's why, in the Kaiser household, we go for the product that goes right to the stain, lifts it away and gets everything clean. That's "all."

