

HEALTH TODAY

Safety — A Full Time Job

Each year, workplace accidents kill some 11,300 people, injure 1.9 million more and result in losses to American business of approximately \$33.4 billion.

The American Society of Safety Engineers (ASSE) believes that there is a need to focus the attention of both the American worker and American business on the need for increased safety awareness. To this end, ASSE, through its 119 chapters across the United States, is asking that both the employer and the employee alike set aside the week of June 16-22 as **National Safety In The Workplace Week**.

How Can You Help If You Are A Worker:

- Learn the safety rules governing the operation of machinery at your job.
- Be on the alert for both obvious and insidious hazards associated with your workplace.
- Look out for your fellow employee and have him look out for you.
- Wear the protective equipment provided for your job by your employer.
- Report unsafe conditions to your supervisor.
- Comply with the safety rules pertaining to your job.
- Never remove guards or other protective devices from machinery.
- Report any injury or accident to your supervisor.
- Make off-the-job safety as important as on the job.
- Participate and contribute to your safety program.

If You Are An Employer:

- Show your concern for the welfare of your employees by providing safety awareness programs and hazard detection

training programs on a regular basis.

- Provide the proper protective equipment to your employees for the tasks they are performing.

Safety Through Education

NATIONAL SAFETY IN THE WORKPLACE WEEK

JUNE 16 - 22

American Society of Safety Engineers



- Develop safety procedures for all phases of your operations.
- Conduct regular safety audits of your facility.
- Keep abreast of current safety and health legislation and information.
- Establish safety and health training programs.
- Institute proper design and engineering controls.
- Purchase required personal protective equipment.
- Schedule routine preventative maintenance.
- Contact a professional safety consultant if you do not have one on staff. Information is available from the American Society of Safety Engineers-Consultants Division, 850 Busse Highway, Park Ridge, IL 60068.

To Employers And Employees:

- Remember that safety is a full-time job!

National Hypertension Award Helps Fund Future Research



A \$25,000 educational grant has been awarded to Brigham and Women's Hospital and Harvard Medical School, in Boston, for joint sponsorship of the best research paper presented as part of the Second Annual Marion Hypertension Research Clinical Fellowship Program.

The program was created to stimulate interest by young physicians in conducting clinical and fundamental research in high blood pressure, a disease that afflicts some 35 million Americans.

The program was held in conjunction with the recent annual meeting of the American Heart Association's Council for High Blood Pressure Research, held in Cleveland, Ohio. The council's Professional Education Committee selected the winning paper, "Mechanisms Underlying the Sodium-Mediated Modulation of Adrenal Responsiveness of Angiotension II" over presentations by researchers from University of Virginia Medical Center, University of Iowa, Cornell University Medical College, University of Alabama, and University of California. Dr. Edward D. Frohlich, chairman of the Council's

professional education committee and vice president of education and research at Ochsner Clinic in New Orleans, served as moderator of the program.

The award-winning study was presented by Gail K. Adler, M.D., Ph.D. Her sponsors and co-authors were M. B. Gordon, M.D., N. K. Hollenberg, M.D., Susan Rogacz, M.D. and G. H. Williams, M.D. of Brigham and Women's Hospital and Harvard Medical School. Their study examined ways in which dietary salt intake changes the release of aldosterone, a hormone that is important in maintaining sodium and water balance in the body.

The \$25,000 grant by Marion Laboratories will be used by the winning sponsoring institutions to provide training in hypertension research for physicians of U.S., Canadian or Mexican citizenship.

Marion Laboratories is a Kansas City-based pharmaceutical company that is involved in the development, manufacture and marketing of prescription and over-the-counter pharmaceuticals as well as clinical diagnostic products.

Understanding Long Term Care Insurance and Medicare Seminar Offered

The Clark County Coalition Health Systems Agency-SHAPE Project will sponsor a 2-hour seminar to help one to understand what long term care insurance is, how to make informed decisions in the selection of a nursing home insurance policy, and understand the limitations of Medicare benefits should one need care in a nursing home.

The meeting will take place at the Derfelt Center on Tuesday, May 6, from 11:00 AM to 1:00 PM. The purpose of the program is to offer consumer information to seniors interested in learning what nursing home insurance is all about. The Coalition does not sell insurance nor do they recommend or endorse specific insurance programs.

Executive Director Larry Matheis state, "Although the reality is that most seniors will never be residents of a long term care facility, more and more people will find themselves with need for these services at some time

of their lives. As more of us live well beyond 70 years, the chances of chronic disease and physical frailty get higher. As that happens, the need grows for qualified nursing care in special facility."

The seminar will be conducted by Mr. Matheis and SHAPE (Senior Health Awareness Promotion and Education) Information Referral Specialist Carla Sloan. Many know Larry from his weekly newspaper column, Action Seniors.

Carla Sloan has done extensive research into Medicare benefits, Medicare supplemental insurance and long term care insurance. Valuable consumer publications will be distributed at the seminar, including: "Questions About Medicare", "You & Medicare: Supplemental Health Insurance", and "Buyer's Guide to Long Term Care Insurance."

Call 798-1033 to reserve a seat at this program as space is limited to 30 participants.

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