

## Skin Care Vegas Style

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### Beautiful Eyes

Good diet is reflected in the clear, clean eye. American diet, no matter how unbalanced, contains enough vitamin A to maintain healthy eyes unlike parts of Africa where vitamin A deficiency is a very serious problem, even to the point of blindness.

In cleansing the eye use plain water or a good commercial eyewash or drops and follow directions carefully. Tears are a natural eyewash, so shedding a few now and then does wonders for the spirit and the eyes.

Protect the eye when in bright sunlight; never gaze directly at the sun or while in snow, let the eyes go unprotected; use dark sunglasses in shades of dark blue, browns, grays or greens. Never buy sunglasses of pale cosmetic tints to

wear in the sun or snow; they are of no value to your valuable eyes. Also, using a good pair of sunglasses while driving or walking will prevent early crinkling around the eyes, so always keep a pair handy when going outside in conditions where you'll need sunglasses.

By all means see your ophthalmologist (eye doctor) whenever any eye irregularities occur, such as frequent sties, fuzziness, dimness, distortion of space, halo around lights, and color difficulties.

To make the eyes a focal point in the face, we do special and fun things to bring the eyes out. First, find the brow bone directly under the brow; next look at the crease of the eye and next the eyelid. Now that we have

these three eye parts located, we'll start with eye shadow.

Play down problem areas and highlight the good features. The puffy part of the eye receives the subtle shades. The deeper shades enhance the eyelid area. A simple basic application is as follows: 1) blend deeper shade on the eyelid, upward towards crease or contour area; 2) blend lighter color starting under the arch of brow, stroking toward temple area. Blend one color into the other so there is no line of demarcation between the two.

For eye liner application, the thinner the brush the better; wipe off excess liner from brush before applying: 1) glance downward into the mirror; 2) move from inner corner to center of eye, move from outer corner to center of eye along the base of your lashes; 3) touch up and you should have a fine line.

For mascara application, horizontal application is best. The more tapered your brush, the better; it let's you control the amount of mascara even on lower lashes. You can thicken, lengthen and build your lashes until you get the effect you want. Let mascara dry between applications for best results.

False eyelash application is for that superstar look or special occasions. Use well lighted bathroom mirror or cosmetic mirror. Apply surgical adhesive to false lash after

Undersheriff Eric Cooper will be honored at the "Respect for Law Luncheon" on May 1 at the Sahara Space Center. The current culinary union strike has forced organizers to move the event from the Tropicana Hotel.

Undersheriff Cooper was chosen as the Honoree for his many years of service in Las Vegas law enforcement, including both the administrations of Sheriff John McCarthy and Sheriff John Moran.

bending in U-shape; it better fits the contour of the eye. Use a toothpick to apply glue to false lash. Applying false eyelashes cannot be done in a hurry. Learn to manipulate your tweezers and never use your fingers which are too large to be efficient for this delicate operation. Place center of false lash in the center of the natural lash base. Next, use tweezers to lay outer lash on and then use tweezers to lay inner part of lash on. Presto! It's in place. Wait 2 minutes for glue to dry before applying the other lash. False eyelashes, once you learn how to apply, are really a plus to any women's eyes.

So ladies, start practicing; you won't be sorry. The special looks will tell you it was well worth the time and effort. Until next week, here's looking at you.

Next week: More on "The Eyes."

## RESPECT FOR LAW LUNCHEON SCHEDULED

The luncheon, honoring outstanding local citizens in the law enforcement field, was begun 17 years ago by the various Southern Nevada Chapters of Optimists International in

an effort to teach area youth respect for the law.

This year's special guests will include Sheriff John Moran and Governor Richard Bryan.

## VERGIE FITZGERALD RECEIVES APPOINTMENT

Virgie Fitzgerald, a long-time community social and civic worker has been reappointed to a second four-year term on the Las Vegas Metropolitan Beautification Committee by Las Vegas City Mayor Bill Briare. Her term of office expires in 1988.

The Las Vegas Metropolitan Beautification Committee is active in keeping Las Vegas, and Clark County as a whole, more attractive and viable.

Community organizations represented on the committee include the Allied Art Council, American Institute of Architects, Chamber of Commerce, Cooperative Extension Service, Federation of Garden Clubs, Jaycees, Junior League of Las Vegas, Las Vegas Rotary Club, League of Women Voters, Mesquite Club, Nevada Federation of Women's Clubs, Nevada

Sign Association, Southern Nevada Home Builders Association, Westside Community Development Commission, and the Youth for Community Pride. Fitzgerald will represent West Las Vegas on the committee.

Fitzgerald is a member of Gamma Phi Delta Sorority, Zion United Methodist Church, NAACP, American Cancer Society, Easter Seal Society, and many other community clubs and organizations. She has also served on the West Las Vegas Annual Clean-up Campaign for the past seven years. The West Las Vegas Clean-up Campaign and the Gold Shovel Awards Program are sponsored by the Westside Community Development Commission, which has redecorated the exteriors of more than 900 homes in West Las Vegas between 1977 and 1984.

## George Burns To Address State Republican Convention

Las Vegas Sentinel-Voice's Associate Editor George Burns has been chosen as one of the keynote speakers at the upcoming Republican State Convention to be held May 3-5 at the Sahara Hotel. The speech itself shall be delivered on Saturday, May 5.

The speech, which shall span over a 15-minute period, will contain a variation of issues. In it, Burns will speak of the party's goals and objectives; platform stands; a

major appeal for black, hispanic, young, women and senior voters; a redefining of the party's attitudes towards in the past (such as blacks), and the outlining of a plan directed towards economic development for the West Las Vegas community. This will mark one of the first times that a black has addressed that convention.

Along with Burns, key speakers at the convention will be Senators Paul Laxalt and Chic Hecht, Congressman Barbara Vucanovich, L. Governor Robert Cassell and Attorney General Brian McKay. Burns, who delivered an arousing key speech to the county convention last month, made the request to speak before the state convention to state party chairman Curtis Patrick and other party officials.

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