

**SUMMER FOOD SAFETY**

BY ELLEN SCHUSTER

Summertime brings up images of juicy grilled steaks, barbecued chicken, sunshine and fresh air.

Unfortunately, it can also bring up something most less pleasant...food poisoning.

Illness does not always occur when a person eats tainted food, says Ellen Schuster, Nutritionist for the Clark County Cooperative Extension Service.

However, the headache, diarrhea, vomiting, abdominal cramps and fever, symptoms similar to those of flu, aren't worth the risk. Though rarely fatal, food poisoning can severely affect infants, the elderly and people who are already ill, she warned.

Proper food handling reduces the possibility of food poisoning.

Pick up meat and poultry products last at the supermarket. Have them bagged with other cold foods and get them home and into the freezer or the refrigerator as soon as possible.

"Don't leave groceries in the car while you run other errands," she warned. "As foods get warm, the germs quickly multiply to dangerous levels."

The safest way to thaw frozen meat or poultry is in the

refrigerator.

Food may also be thawed in watertight wrapping under cold water.

Wash all work surfaces and utensils before and after using them for raw meat or poultry. Hands should also be washed to prevent cross contamination.

Pack perishable picnic goods, including hotdogs and lunchmeats, in a well insulated cooler with plenty of ice. Do not open the cooler unnecessarily and put it in a shaded place to prevent the ice from melting.

Thorough cooking of dishes that contain poultry, eggs, fish, milk or meat products will reduce the risk of salmonella poisoning, staphylococcal intoxication and trichinosis.

Canned products do not generally require special treatment, but should be eaten immediately after being opened.

"If the food looks or

smells suspicious, or if liquid spurts when the container is opened, don't even taste the contents. Botulism toxins can become so potent that a mere taste can be fatal," Schuster warned.

Bulging or dented cans are sign of deterioration. Throw them away.

"If you suspect a food may be tainted for any reason, destroy it. Don't feed it to pets or other animals," she said.

Leftovers should be returned to the cooler as soon as everyone is finished eating. Use enough ice to deep the food safe until it can be put back in the refrigerator.

"If you remember to keep hot foods hot, cold foods cold, and everything clean, you'll have a safer, more enjoyable summer," Schuster added.

For more information on summer food safety or summertime recipes, call Ellen Schuster at the Clark County Cooperative Extension Service, 731-3130.

Section 8 of the Housing Authority of the City of Las Vegas, Nevada, 420 North 10th Street, Phone 386-2727, Exts. 41 and 43, will start accepting Senior Citizens Applications on Wednesday, July 6, 1983 through Friday, July 29, 1983, from 8:30 a.m. to 11:00 a.m. Monday through Friday.

**PART-TIME POSITION ANNOUNCEMENTS**

Clark County Community College is seeking adjunct instructors, Lab Coordinators, Assistant teachers and Lab assistants with a strong commitment to the Community College philosophy for the following day and evening part-time positions on the Cheyenne Campus and Henderson Campus.

Accounting  
Allied Health Occupations  
Astronomy  
Automotive  
Computer Science  
Dental Hygiene  
Electronics  
Emergency Medical Technology  
Engineering Technology  
History - U.S.  
History - Nevada

Insurance  
Leisure Services  
Mathematics  
Nursing  
Ornamental Horticulture  
Physical Education  
Physical Science  
Real Estate - Escrow  
Resort Technology  
Welding

**QUALIFICATIONS:** Minimum of Masters degree in appropriate subject area with previous teaching experience for university transfer courses. Part-time occupational faculty must have a degree or substantial occupational experience.

**APPLICATION PROCEDURE:** Letter of application, indicating teaching areas, current resume required, and three references should be forwarded to:

Thomas Brown  
Personnel Office  
Clark County Community College  
3200 E. Cheyenne Ave.  
N. Las Vegas, NV 89030

**TARGET DATE FOR EMPLOYMENT:** September 6, 1983.  
**DEADLINE FOR APPLICANTS' COMPLETE FILE:** July 15, 1983.

**AFFIRMATIVE ACTION EQUAL OPPORTUNITY EMPLOYER**

**CLASSIFIED**

**GEROVITAL**  
For the names of Nevada  
physicians who prescribe  
**GEROVITAL CAPSULES**  
please call **384-6619**  
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**TREELINE PARK**  
Lovely two bedroom one bathroom  
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\$350.00 per month  
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**ADVERTISEMENT FOR BIDS**

THE CITY OF LAS VEGAS WILL RECEIVE SEALED BIDS AT 3:00 P.M., ON JULY 12, 1983, FOR THE FOLLOWING:

BID No. 83.1730.9 PAVEMENT MARKERS AND EPOXY

BID No. 83.1730.10 SIGN POSTS

BID No. 83.3460.4 AUTOMOBILE, 4-DOOR SEDAN

BID No. 83.3460.5 TURF CARE EQUIPMENT

BID No. 83.9999.70 ANNUAL BELTS, PULLEYS, BUSHINGS, HOSE AND HOSE FITTINGS CONTRACT, FROM DATE OF NOTICE TO PROCEED THROUGH OCTOBER 31, 1984.

BID No. 83.9999.81 ANNUAL LITTER ABATEMENT CONTRACT, FROM DATE OF NOTICE TO PROCEED THROUGH, JUNE 30, 1984.

A BID BOND, IF REQUIRED BY THE INVITATION TO BID, SHALL BE IN THE FORM OF A BID BOND, CERTIFIED, OR CASHIER'S CHECK FOR 5% OF THE BID AND SHALL BE ENCLOSED WITH THE PROPOSALS. ALL DOCUMENTS PERTINENT TO THIS ADVERTISEMENT MAY BE EXAMINED AND OBTAINED AT THE OFFICE OF THE PURCHASING AND CONTRACTS DIVISION, 1ST FLOOR, CITY HALL.

**Department of Housing and Urban Development****NOTICE TO ALL REAL ESTATE BROKERS**

The following properties are being listed AS-IS, ALL CASH WITHOUT INSURED FINANCING AND WARRANTY. A 10% earnest money deposit (not to exceed \$2000), will be required with submission of the sales contract and balance due will be collected at closing. EARNEST MONEY NOT RECEIVED WITHIN THREE DAYS ON SUCCESSFUL BIDS WILL AUTOMATICALLY CANCEL OFFERS. AS-IS, ALL CASH SALES MUST CLOSE WITHIN 30 DAYS. Bid openings will take place in the Office of the Department of Housing & Urban Development, 720 S. 7th St., Suite 221, Las Vegas, NV 89101. Telephone: (702) 385-6331:

BID CUT OFF DATE: July 22, 1983 @4:30 P.M.  
BID OPENING DATE: July 25, 1983 @11:00 A.M.

ALL OFFERS ARE TO BE SUBMITTED IN SEALED ENVELOPES WITH THE CASE NUMBER, PROPERTY ADDRESS, OWNER-OCCUPANT OR INVESTOR AND DATE BID OPENING IS SCHEDULED, INDICATED ON THE OUTSIDE. SALESPERSONS ARE ASKED TO ATTACH THEIR BUSINESS CARD ALONG WITH SALES OFFERS, SO THAT WE MAY KNOW WHO TO CONTACT IF NECESSARY. ALL BIDS ACCEPTED FROM OWNER-OCCUPANT BIDDERS SHALL NOT BE GIVEN PRIORITY OVER OFFERS TO PURCHASE FROM INVESTOR BIDDERS EXCEPT OFFERS OF EQUAL AMOUNTS. IF SUCH AN OCCASION OCCURS THE OWNER-OCCUPANT BIDDER WILL BE ACCORDED THE FIRST PRIORITY OF PURCHASE. ALL BIDS MUST BE RECEIVED BY 4:30 P.M. ON JULY 22, 1983. NO OTHERS WILL BE CONSIDERED. PROPERTIES NOT SOLD AT BID OPENING, WILL IMMEDIATELY BE PUT ON A FIRST-COME, FIRST-SERVED BASIS FOR FIVE DAYS ONLY. A 6% COMMISSION WILL BE PAID TO THE SELLING BROKER.

LAS VEGAS Case Number	Address	Min. Offer Price	BR	BA	Garage	Code
332-109821-503	3017 Holly Ave.	\$41,100	3	2	None	4
332-103784-203	4700 Lorna Pl.	\$56,500	4	2	None	4
332-106486-261	4988 E. Nevada Ave.	\$52,300	3	2	None	4
<b>NORTH LAS VEGAS</b>						
332-102121-203	2632 Flower Ave.	\$34,700	3	1	None	4
332-106370-203	616 Gilday Court	\$45,000	4	3	None	4
332-085261-203	1933 Hassell Ave.	\$23,200	4	2	CP	4
332-064560-203	3616 Stanley Ave.	\$32,400	3	1	None	4
<b>HENDERSON</b>						
332-108060-203	111 Victory Rd.	\$48,900	4	3	None	4

The following property is offered for sale with insured financing and warranty. A \$200 earnest money deposit will be required with submission of the sales contract. The balance of the down payment due will be collected at closing. Amounts offered above the minimum offering price are in addition to the down payment which will represent a larger investment in the property. ALL BIDS ACCEPTED BY HUD FROM AN INVESTOR WILL BE SUBJECT TO A LOW RATIO LOAN.

LAS VEGAS Case Number	Address	DPC	MMA	Min. Offer Price	BR	BA	Garage	Code
332-105849-203	93 Lupin Court	V-1	\$47,500	\$49,500	2	2	GR/CP	1

HUD PROPERTIES ARE OFFERED FOR SALE TO QUALIFIED PURCHASERS WITHOUT REGARD TO PROSPECTIVE PURCHASER'S RACE, COLOR, RELIGION, SEX, OR NATIONAL ORIGIN. PURCHASERS SHOULD CONTACT THE REAL ESTATE BROKER OF THEIR CHOICE.