



MONITOR Munchings

A Refreshing Pause for Your Volunteer Group

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Fall means the beginning of the school year and the resumption of all kinds of after school programs, most certainly including AOIP, as well as an assortment of community, civic and church activities.

At so many of the meetings we like to serve cookies, sandwiches and something refreshing to drink.

This month our punch suggestions are courtesy of General Foods/Kool-Aid. We hope that you and your family's community service organizations enjoy them.



Fruit Basket Punch

- 1 envelope lemonade mix
- 1 envelope cherry unsweetened soft drink mix
- 1 envelope orange unsweetened soft drink mix
- 2 cups sugar
- 4 quarts water and ice
- 4 ripe bananas, mashed
- 1 can (19 fl. oz.) pineapple juice chilled
- 1 bottle (28 fl. oz.) ginger ale, chilled

Dissolve soft drink mixes and sugar in water and ice in a large punch bowl. Add mashed bananas and pineapple juice. Stir well and chill. Just before serving, stir in ginger ale. Makes 5½ quarts or 44 servings.

Note: Bananas may be mashed in electric blender, adding a little of the beverage mixture; do not mash bananas in advance.



Lemon-Lime Lovely

- 1 envelope lemon-lime unsweetened soft drink mix
- 1 cup sugar
- 2 quarts water with ice cubes
- 1 can (6 fl. oz.) frozen concentrated orange juice
- 1 bottle (28 fl. oz.) ginger ale, chilled

Dissolve soft drink mix and sugar in water with ice. Add concentrate. Just before serving, add ginger ale. Makes about 3¾ quarts or 30 servings.

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