

**Kaiser  
Konsumer's  
Korner**  
By Inez Kaiser



## Be A Mindful Mover

I am sure there has been quite a lot of packing and unpacking during these past few months. After all, this is the season characterized by an abundance of movement. For some of you a suitcase might accommodate your move, others of you, whose movements may include an entire household, will probably need to call on someone for help. There are persons who might call on good friends, but a large majority will utilize professional help.

The months from June through September are usually the busiest ones for professional moving companies. They are swamped with calls especially now because of the convenience in moving during the summer - particularly for families with children.

No other move will necessitate as meticulous a planning as a household move. It is a highly important step that could result in a disaster if not planned for conscientiously. You should be able to offer the moving company a choice of days. If the mover that you select can plan the number of laborers and equipment needed to handle your move it will make the difference between a successful and unsuccessful beginning.

You will need to discuss with your mover all the particulars in regard to rates, charges, delivery requirements and carriers liability. There are federal and state regulations that govern most inter-state and intra-state movers. These regulations assure the availability of service to all members of the general public in rural and urban areas within a reasonable time and feasible rates.

You may wish to secure an estimate. Just remember that it is only an approximation of your expenses. The actual charges at destination can be over or under the given estimate. You can be an aid to your mover in his estimation. Allow him to thoroughly examine your home, especially, in places such as the attic and basement if he is to move items from those areas. He will need to determine the amount of packing and other services you desire.

It is important for you not to take for granted that your belongings will reach their destination when you want them to. It is your responsibility to discuss delivery requirements with the mover. If you desire delivery on a specific date then arrangements need to be made to have expedited services. Quite naturally, this service will cost you a higher transportation rate. The most economical and widely used is the regular service. Because other shipments will be in the same van as yours, a reasonable amount of time will be required for delivery.

One possibility that you cannot overlook is that of loss or damage occurring. You need to understand the mover's liability and the availability of additional protection to cover losses or damages. Movers have limited liability on long-distance moves at the basic transportation rate. A system of cents per pound per article for the actual weight of each lost or damaged article is generally used.

If you want full payment for lost or damaged items a lump sum value must be declared and an extra charge paid depending on that value. In the event that your property is lost or damaged, promptly notify the carrier in writing and return the forms submitted to you with the description of your articles and the extent and nature of the damage.

Proper packing may decrease your worry about damage possibilities. A trained packer will use containers and materials especially designed to insure maximum protection. You can obtain advice from your mover that will aid you in packing some of your own belongings. Containers packed by the mover will be unpacked by him. An additional charge will be added for the unpacking of containers packed by the owner.

## Get A Head Start on School

Recruitment for September 1978 Head Start Classes is now underway. Children who will be three years old on or before September 30 and are from low-income families are eligible to attend the Economic Opportunity Board of Clark County's Head Start Program.

### APPLICATION DATES

Applications will be taken during the months of June through August. Head Start opportunities will be open to 217 children, beginning in September. To enroll your child in Head Start, complete an application form at EOB, 1818 Balzar Avenue. Hours are from 8:00 a.m. to Noon and from 1:00 p.m. to 5:00 p.m., daily, Monday through Friday.

### RECORD NEEDS

When applying, you will need a copy of your child's birth certificate, immunization records (record of your child's shots, if available) and proof of income for the past year (either an Income Tax Statement, W-2 Form, a letter from ADC, paycheck stubs, or a letter from the Employment Security Department.)

### INCOME GUIDELINES

The Head Start family and income guidelines are: for a family of one: \$3,140; two: \$4,160; three \$5,180; four \$6,200; five: \$7,220 six: \$8,240.

### PROGRAM GOALS

Head Start offers a basic preschool experience for children with an overall goal of bringing about greater degree of social competency. The program is funded by the Department of Health, Education and Welfare, Office of Child Development.

Every child and his/her family is provided with the five part Head Start Program. This program includes education and training, nutrition, health care, parent involvement, and social services. Head Start classes are taught in classes of 15-20 children each. Classroom activities and field trips introduce the children to the world around them. Self-esteem, self-confidence and self-reliance are encouraged to help the child develop a positive self-image. Language development is also stressed.

### FILL NEEDS

Head Start is mandated by Congress to have 10 percent of its total enrollment consist of children with special needs. The staff has received special training in this area to provide the best service possible. Children learn more readily when they are not hungry. A mid-morning snack and a Class A hot lunch are included in the daily program. Nutrition education is included for both the children and their parents.

### SOCIAL SERVICES

The fifth and final part of the Head Start Program is social services. Services are provided in the areas of employment, money management, protective health care, family planning, education training, strengthening individual and family functions, referral to community agencies for service when needed and explaining the functions of the Head Start Program and the role of the parent.

For more information call Sal Scelfo at 647-1477.

You need to make other necessary preparations before moving day. All appliances such as TV antennae, air conditioning units, washer-dryers and any other items that require special servicing and installation need to be disconnected by your appliance dealer. Some movers will perform these services or make arrangements for you. Make certain that your freezers and refrigerators are thoroughly defrosted, dry and at room temperature when packed. Dispose of all inflammables such as oily rags, dust mops, paint, aerosol cans and any other items that could cause a fire or explosion.

## NEW DAY BEGUN

by

**Benjamin L. Hooks**



## Carter and Artis

In explaining why they felt impelled to request the NAACP's participation in the Carter-Artis murder case, the lawyers for the two men noted that few institutions in this nation were so equipped with resources and capabilities for leading such an extended struggle against gross miscarriages of justice as was this nation's oldest civil rights organization.

The lawyers, Myron Beldock and Lewis Steele, reviewed the history of the case. They concluded that racism was such a strong factor in the two trials and convictions of Rubin "Hurricane" Carter and John Artis and now the refusal of the New Jersey Appellate Court to grant a motion for a new hearing that it was impossible to continue the defense by themselves.

What was clear to Attorneys Beldock and Steele was that only with the help of experienced constitutional lawyers could there be any hope to win freedom for the two men who have been sentenced for life for three murders they adamantly maintain they did not commit. Furthermore, not only does the case call for extensive legal resources, but immense public pressure must be brought on New Jersey's legal system.

One of the most poignant reminders of this travesty of justice was the Scottsboro Boys case, which began in 1931 when nine black young men were arrested in Alabama for raping two white girls. This case finally ended in 1976, when the NAACP won a state pardon for Clarence (Willie) Norris, last of the Scottsboro Boys.

Unfortunately, despite the great ideals of this nation's founding fathers, the American judicial system is too often perverted for political ends, by racial prejudice or vindictiveness. Consequently, there are many more examples of such miscarriages of justice.

For the victims who escape without being lynched, as was commonplace in past years, everyone must be thankful. America's conscience is free of this other stain. But, there can be no escaping the personal suffering and the broken lives that result from locking up someone for crimes based on manufactured or withheld evidence. The NAACP lawyers are convinced that both Carter and Artis have been denied their freedom for precisely these reasons.

The attempt to seek an overturn of the conviction will therefore be based on the points that:

-- The initial conviction was based on the testimony of two white habitual criminals, Alfred Bello and Arthur Dexter Bradley, both of whom later recanted their stories.

-- The two surviving victims of the shootings in a Paterson, N.J. tavern in June, 1966, gave conflicting descriptions of their assailants.

-- An upstairs tenant who had been aroused from her sleep by gunshots gave conflicting testimony.

-- A parade of black witnesses corroborated the Carter-Artis testimony.

-- The process by which the all-white jury that initially convicted the men was faulty.

Certainly, Americans can be no less concerned about violations of human rights here at home, as is clear in the Carter-Artis case, than they are about intensifying the struggle in behalf of political prisoners abroad.

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