

OUR PRECIOUS FREEDOMS

In his first inaugural address, Thomas Jefferson called "freedom of the press . . . the creed of our political faith, the text of civil instruction, the touchstone by which we try the services of those we trust, . . . and . . . the road which alone leads to peace, liberty and safety."



Freedom of choice and the right to a secret ballot is guaranteed to workers by law, but union organizers trying to sign up the workers at J. P. Stevens, want to bypass secret ballot elections.

The first amendment of the constitution, ratified on Dec. 15, 1791, guarantees freedom of speech to Americans, saying "Congress shall make no law . . . abridging the freedom of speech."



Some people have believed that a bird flying into the house is a sign of important news.

Low Income Women

"We are sick and tired of being left behind," was the feeling of one participant in a workshop on welfare reform attended by over fifty people and sponsored by the Operation Life Committee of Low-Income Women. The workshop, held June 2nd, presented many speakers from a variety of Las Vegas organizations and served as an introduction to some of the resources the city has to offer the low-income women seeking to survive in the poor community.

Speakers were introduced by Operation Life Committee of Low-Income Women supervisor Essie Henderson, and workshop organizer Phylliss Rudolph. They included Ruby Duncan, Executive Director of Operation Life Community Development Corporation, Virginia Brewster of Consumer Affairs, Sylvia Leaks of Home Ownership and Management Education, Dave Hoggard from EOB, State Senator Joe Neal, Bob Bailey of NEDCO, Eric Dabney from Légas Services, Mabel Hoggard from the Westside Federal Credit Union, and Pearl Cleveland from CETA.

Survival and independence were common themes to the presentations. "We are begging for what we need, and dying for what we want," was expressed by one speaker and shared by most of the audience. Voting was stressed as an avenue for change coupled with an expansion of knowledge and capabilities. The workshop also emphasized using community resources to accomplish change in the community. The workshop concluded with ideas for future activities promised by the Committee of Low-Income Women.



Indians used to believe that eating milkweed roots would help them hunt deer.

ENTERTAINING ODDITIES

LAUNDRY FACTS AND FANCIES

From the early days of history, when we changed from our tiger skins to cloth clothing—people have been trying to get clean clothes. The means have varied greatly over the years—some rather strange and certainly difficult.

In ancient times, people would take their dirty laundry to the nearest body of water and beat out the dirt with rocks. After that, the clothes were left to dry and bleach in the sun. This is still going on today in many places. In Finland, for instance, docks are built out into the Bay of Finland so washing can be done from there.

Here in America, laundering became an organized business when the "Fortyniners" joined the gold rush to California. Not a woman was to be found within 500 miles and one disillusioned miner turned launderer. Soon, clean clothes became symbolic of the American way of life.

Making that way of life a little easier for modern Americans in today's smaller homes are compact washers and dryers. Whirlpool Corporation, for example, offers "Thin Twin" compact models featuring from three to five cycles, three to five wash/rinse temperature combinations, plus many other features. The

washers are available as stationary units or portable models that roll easily on casters to the sink. The portable unit has a special attachment to connect to most sink faucets. Matching electric dryers have three



DOING THE LAUNDRY is a lot less rugged than it was in the days of rocks and rivers.

drying cycles, automatic cool-down care for permanent press fabrics and thermostatically controlled heat. The compact pair can fit side by side in about four feet, or can be stacked to take up only 25 to 30 inches in floor space width.

"Nothing astonishes men so much as common sense and plain dealing."
Ralph Waldo Emerson

JIFFY MARKET

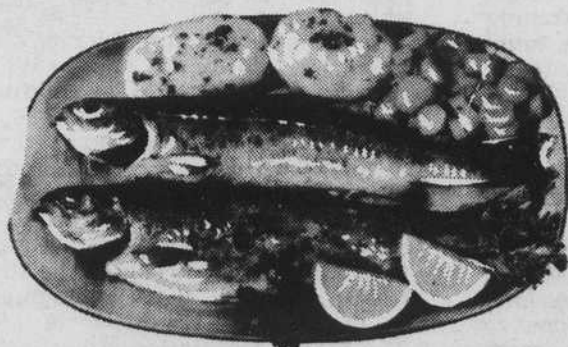
631 No. "H" St.

Corner "H" & Bonanza

647-1579

JOYCE IS DOING IT AGAIN!!!

Hot Food, Such as Fish/Chicken Sandwiches
and Orders to go Phone Orders Accepted



SUGAR FREE POP 6 or 8 PK. 1.89

ALL CANNED SUGAR FREE POP 1.69

We Accept EOB
WIC Vouchers

FRESH FISH on
TUESDAYS & THURSDAYS

BUFFALO \$1.39

CATFISH \$1.59

GAR \$1.49

PERCH \$1.59

STOP IN & BROWSE
AROUND -- YOU
MIGHT BE SURPRISED!!!