

All growth depends upon activity. There is no development physically or intellectually without effort, and effort means work. Work is not a curse, it is the prerogative of intelligence the only means to manhood, and the measure of civilization. . . . .

# HORRIBLE SCOPE

## THE VIRGO MAN

Born with an instinctive love for work, love of duty, discipline and devotion to the helpless, the Virgo man can be had, but he is no pushover. The selfish party-girl or mentally lazy women is just not the Virgo man's Thing. In other words the way to the Virgo man's heart is through his mind.

Self-discipline is part of his nature, also extreme possessiveness. If you tangle with a Virgo over something that he believes is his, even if you win, which isn't likely, you will long remember the fight.

Virgos loyalty is unquestionable, and they dislike destroying family ties, but when their sense of decency has been stomped on they won't hesitate to head for splitsville, cold and clean. When it's over, it's over. Don't expect him to cry over the past, because he's able to discipline his memory as firmly as he does his emotions.

## THE VIRGO WOMAN

Possessed with all the wiles and weapons necessary, and a determination to go after happiness wherever the path happens to lead her, the "shy" Virgo woman, is all woman. The fragile, tender, little symbol of spotless womanhood can leave her husband for another, bear her lover's child, face a hostile world with her head held high and don't feel a thing. She can take care of herself so well, one would believe her spine is made of stainless steel. There's a lot of learning to be looked into when it comes to the Virgo woman.

The Virgo woman has her life pretty much in command - she's not a clinging vine. You'll find a strength within her just as intense as her love, which you wouldn't know was there on the surface.

Once ignited there's white heat to Virgo love, that can put the passions of other sun signs to shame by its very intensity and singleness of purpose. She will demand the very best she has to give, and continually strive to make improvements. So you might as well get ready for her stinging criticisms and take them with a grain of salt, understanding that she is only doing it because she cares.

## THE VIRGO CHILD

When the Virgo child is very young they should be read to as much as possible. They usually become most unhappy misfits as adults if they haven't received full education. To know less than others turns Virgos into irritable introverts, who are painfully embarrassed by their inadequacies.

It's a delight to instruct the typical, bright Virgo child with gentle manners. However caution before you criticize, coming down on their mistake too hard will cause them to worry, sometimes to the point of actual illness.

## THE VIRGO BOSS

Giving orders at subordinates, and pushing public relations, while juggling the finances of big empires, requires a thicker skin, a fatter ego than the average Virgo possess. He tends to see the trees and completely miss the forest. If anyone can manipulate complicated projects and see them through with a minimum of disastrous mistakes, its a Virgo. He can take the wildest schemes, with a thousand dangerous loose ends and make them work.

Sometimes the Virgo resorts to deception in self-defense, and since deception is not one of his bags, he ends up being accused of sly, slick and hypocritical.

The Virgo Boss really shines as the captain of a small business. He will guide his small boat safety through any stormy waters, because his passion for details will have every danger and snag figured upside down and backwards.

"POOR" henry

## Happiness Through Health

by Otto McClarrin



**ALCOHOL AND THE CANCER CONNECTION:** There was bad news and good news in a recent HEW report on alcohol and health. The bad news: Heavy drinking raises the risk of mouth and throat cancer as much as heavy smoking does and more younger Americans are now engaging in such drinking. The good news: As many people have long suspected, moderate drinking increases longevity and reduces the odds of developing heart disease.

Whiskey is the principal villian. Heavy drinkers of Scotch, bourbon, rye and similar beverages are up to 11 times as likely to develop these diseases as moderate drinkers. Cancer of the hypopharynx, larynx, and tongue also have a "very strong" relationship with heavy alcohol use, the HEW report noted. When heavy drinking and heavy smoking are combined, the risk factor jumps enormously. Those who do both are 15 times as susceptible as people who neither drink or smoke.

Dr. Morris E. Chafetz, who discussed the report, had some cheering news for moderate imbibers. As a statistical group, they live longer than abstainers or ex-drinkers. In fact, Chafetz note, "Moderate alcohol use may be physically, psychologically, and socially beneficial to active and institutionalized older people.

Moderate drinkers also have a lower rate of reported heart attacks than heavy drinkers, ex-drinkers, or abstainers." He defined such a drinker as one who consumes less than 1 1/2 oz. of pure alcohol a day. This translates into about 3 oz. of whiskey, half a bottle of wine, or four glasses of beer.

**SPECIAL DELIVERY FOR NARCOTIC ANTAGONISTS:** Drug therapy for heroin addiction will get a boost from development of an implantable, long-acting narcotic-antagonist delivery system. Under the contract with HEW's National Institute on Drug Abuse, ALZA Corporation, of California, will work on developing a means of drug administration that will be active from four to six weeks.

"In concept, it's a small plastic device that might be implanted by simple surgical procedure," says Dr. William O'Neill, an ALZA official. "The system is based on chronomer bio-erodible polymers that undergo predetermined degradation in the body so that they release the drug by erosion of the surface."

**FIRST AID HELPS CHOKING VICTIMS:** Choking deaths account for an estimated 4000 deaths in the United States each year according to a national life insurance company. Men, women and children die because of choking of solid food.

Laymen can learn to recognize choking episodes and successfully apply emergency rescue techniques. This tragic form of accidental death can be virtually eliminated if we can make people aware of the cause of choking and give them proper precautions to take in order to keep choking from happening.

Choking is reported to be the seventh leading cause of accidental deaths in the U.S. annually. More people die by choking than are killed by poisonous snake bites, aircraft accidents, lightning or electric shock. CHECK ON EMERGENCY RESCUE TECHNIQUES WITH YOUR LOCAL HEALTH FACILITY. (NNPA)

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## UNLV Offers Business Workshop

Going into business for yourself can be tricky business if you are not prepared.

If you are planning to start a business, the federal Small Business Administration and the College of Business and Economics at the University of Nevada, Las Vegas wants to help.

A special one-day pre-business workshop is being offered September 11 from 9 a.m. to 3 p.m. in the Moyer Student Union at UNLV. The workshop is offered through the UNLV Division of Continuing Education as a noncredit course.

University professors and local businessmen will discuss what it takes to go into business such as organizing and planning, legal aspects, financial needs, advertising, accounting records, and insurance.

The course is open to the public for a small fee and persons interested in starting new businesses in Las Vegas are urged to attend.

The course is one of several in the Business and Labor Programs of Continuing Education. For information contact the College of Business and Economics at UNLV or the Division of Continuing Education, Frazier Hall 109.

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