

## Black Newspapers Blast Arab Proposals To Expel Israel From U.N.

Two of the nation's Black newspapers were critical this week of Arab proposals to expel Israel from the U.N. General Assembly.

In an editorial, the Chicago Daily Defender said: "The Islamic Foreign Ministers' Nations was not only foolish and expulsion from the United Nations was not only foolish and damaging but would bring no credit to the ministers themselves and no benefit to Arab interests."

On the same day--July 22--the Philadelphia Tribune declared: "The U.N. has acted irresponsibly throughout the Arab-Israeli crisis, but if they become so outrageous as to vote to expel Israel, it will be clear that they have completely outlived their usefulness."

The Chicago Defender called the Islamic Foreign Ministers' resolution "a crude and emotional gesture of contempt toward the United Nations and a deliberately rude and provocative reply to Secretary of State Kissinger's speech appealing for a more constructive attitude by the smaller members of the world organization."

"That the United States might withdraw financial contribution to the U.N. is an ominous contingency that should not be ruled out if the third world nations go through with the resolution to expel Israel," the Defender said, adding:

Without U.S. membership, financial support and influence, the U.N. would be an empty shell."

The Defender, flagship of the Sengstacke chain of papers, is published daily with an audited circulation of approximately 35,000. It is one of the two Black dailies in the U.S.

In its longer editorial, the Philadelphia Tribune, asserting that a vote to expel Israel would be "an outrage and an injustice of monstrous proportions," declared:

"Most of the U.N. member nations hardly come to that august body with clean hands. Over half the nations are military dictatorships which do not have even the most basic freedoms, humane treatment of ordinary citizens, or democratic principles in their own countries."

"Many of the member nations have engaged in the ruthless, cold-blooded murder of thousands of citizens or the imprisonment and torture of tens or hundreds of thousands for simply disagreeing with their governments' policies. In this category are Chile, Haiti, Brazil, Uganda, the Soviet Union, Indonesia, the Phillippines, South Africa, South Korea, etc."

## "THE PILL"

Several kinds of oral contraceptives are now available and your physician has prescribed for you the one he believes will best meet your individual needs. All types of oral contraceptives contain female sex hormones (estrogens and progestogens) and are designed to prevent the release of an egg from a woman's ovaries during the cycle in which the pills are taken. They are almost completely effective in preventing pregnancy.

"The pill" is the most effective of all contraceptives if you follow the directions for its use and are careful not to skip doses or take it irregularly.

Oral contraceptives, like all potent drugs, have some side effects. Fortunately, serious side effects are relatively rare. Periodic examinations, as recommended by your doctor, are essential to provide the early detection which may prevent serious complications. Report any special problems to your doctor.

### COMMON REACTIONS

A few women experience unpleasant side effects from the pill which are not dangerous and are not likely to damage their health. Some of these side effects are similar to symptoms women experience in early pregnancy and may be temporary. Your breast may feel tender; nausea and vomiting may occur; and you may gain or lose weight. A spotty darkening of the skin, particularly of the face, is possible and may persist. You may notice unexpected vaginal bleeding or changes in your menstrual period which should be reported to your physician.

Your physician may find that the levels of sugar and fatty substances in the blood elevated. The long-term effect of these changes is under study.

Other reactions, although not proved to be caused by the pill, are occasionally reported: nervousness, dizziness, some loss of scalp hair, increase in body hair, an increase or decrease in sex drive, or appetite changes.

After a woman stop using the pill, there may be a delay before she is able to become pregnant. After childbirth there is special need to consult your physician before resuming use of the pill. This is especially true if you plan to nurse your baby because the drugs in the pill are known to appear in the milk

## SORORITY CONTRIBUTES \$25,000 TO BLACK UNIVERSITY

Alpha Kappa Alpha, the oldest Black Sorority of college trained women, made a \$25,000 contribution to Central State University of Wilberforce, Ohio for the restoration of its Library of Rare Books which was destroyed by a devastating tornado in 1974. A.K.A. National President, Miss Bernice Sumlin made the presentation for the Sorority at the Closing banquet of the Leadership Conference in the Starlite Room of the Waldorf Astoria Hotel.

Dr. Lionel Newsom, president of Central State, in accepting the contribution said, "This is one of the most generous gifts ever given by a Black sorority to a Black university. On behalf of Central State faculty and student body, we express our profound appreciation to Alpha Kappa Alpha." Recently, the Sorority made a gift of \$23,000 for the restoration and upkeep of the birth home of the late Dr. Martin Luther King in Atlanta, Ga.



Left to right: BERNICE I. SUMLIN, national president and Dr. LIONEL NEWSOM, president, Central State University.

and the long-range effect on the infant is not known at this time. Furthermore, the pill may cause a decrease in your milk supply.

### ABOUT BLOOD CLOTS

Blood clots occasionally form in the blood vessels of the legs and pelvis of apparently healthy people and may threaten life if the clots break loose and then lodge in the lung or if they form in other vital organs, such as the brain. It has been estimated that about one woman in 2,000 on the pill each year suffers a blood clotting disorder severe enough to require hospitalization. The estimated death rate from abnormal blood clotting in healthy women under 35 not taking the pill is 1 in 500,000; whereas for the same group taking the pill it is 1 in 66,000. For healthy women over 35 not taking the pill, the rate is 1 in 200,000 compared to 1 in 25,000 for pill users. Blood clots are about three times more likely to develop in women over the age of 34. For these reasons it is important that women who had blood clots in the legs, lungs, or brain not use oral contraceptives. Anyone using the pill who has severe headaches or vomiting, dizziness or fainting, disturbances of vision or speech, weakness or numbness of an arm or leg, should call her doctor immediately and stop taking the pill.

### OTHER CONSIDERATIONS

If you miss one menstrual period and are following your dose schedule, you should continue taking the pill as directed. If you miss two periods, you should stop taking the pill and see your doctor, even though you think you have followed the prescribed schedule.

There is no proof at the present time that oral contraceptives can cause cancer in humans. However, the possibility that they may continue to be studied, based on observations that large doses of female sex hormones have produced cancer in some experimental animals.

### SPECIAL NEEDS

If you have had a special health problem, such as migraine, mental depression, fibroids of the uterus, heart or kidney disease, asthma, high blood pressure, diabetes, or epilepsy, inform your physician. He may wish to make sure that it is suitable for you to take the pill by doing special tests if necessary. All these conditions may be made worse by the use of oral contraceptives.

You should report to your doctor any unusual swelling, skin rash, yellowing of the skin or eyes, or severe depression.

There are some women, in addition to those with tendencies toward blood clotting disorders, who should not use oral contraceptives. These include women who have cancer of the breast or womb, serious liver conditions or undiagnosed vaginal bleeding when cancer has not been ruled out. It is comforting to know that, in such cases, your doctor can recommend other methods of birth control.

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### SUMMARY

Oral contraceptives when taken as directed, are drugs of extraordinary effectiveness. As with other medicine, side effects are possible. The most serious side effect is abnormal blood clotting. The fact is that serious problems are relatively rare, and the majority of women who would like to use the pill do so safely and effectively.

See your physician regularly, ask him any questions you may have about the use of the pill, and report to him any special problems that may arise.

The preceding was prepared by the American Medical Association in cooperation with the American College of Obstetricians and Gynecologists, the Pharmaceutical Manufacturers Association, and the Food and Drug Administration, and is distributed as required by regulations of the Food and Drug Administration. It is reprinted here for your reference.

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