

It is much easier to think right without doing right, than to do right without thinking right. Just thoughts may, and often do, fail of producing just deeds; but just deeds is sure to beget just thoughts. The clearest understanding can do little in straightening an impure heart, the strongest little in straightening a crooked one. You cannot reason or talk an Augean stable into cleanliness. A single day's work would make more progress in such a task than a century's words. -Hare

Virgo: Aug. 23 8 Sept. 22

HORRIBLE SCOPE

HOW TO RECONIZE VIRGO

Many Virgos remain bachelor and spinisters, there are also plenty that relinquish their independance and finally settle for domesticated comforts. They may not come on like gang-busters, because being tied down is not a natural thing for a Virgo; yet its suprising how many of them master teamwork, and most always they are devoted to their families.

As exhibitionist Virgos are not and he will stand out as a loner. Frivolity is not their bag, but on rare occasions a Virgo can cut up like there's no tomorrow.

They are usually wiry built, and have unsually lovely quiet eyes. Most of them are extremely attractive, with just a wee bit of vanity which pops up at odd moments.

Bitting off more than they can chew in the way of work is the rule rather than the exception for a Virgo. They can stand more pressure and intense work over a longer period of time than the tougher, more brawny signs-if they can aviod a nervous breakdown in the process.

Although unquestionably dependable and sincere, Virgos are very capable of going into a sick act when they don't want to go somewhere or do something.

Now don't get the idea that everyone born in late August or early September is out to lunch when it comes to being witty and clever. Some project a bright, mercurial charm that's hard to resist.

When they are annoyed by stupidity or carelessness, Virgos can suddenly become cranky, irritable, scolding and high-strung and nervous. But most of the time they are cool and groovey to have around. Being somewhat-perfectionist Virgos take a dim view of procrastination, neglected details and confussion. Without being asked, and no intention of rudeness he will do all he can to straighten out a bad scene or situation. Because orderliness is instinctive in the Virgo.

Virgos and Librians are alike when it comes to denying their faults, habits and traits. He is blind to his faults and seemingly is unable to see his own weakness in the same clear light as he see everything else. In truth he does see them in such precise detail that he can't bear to hear them generalized.

With no trouble you should be able to pick out a Virgo in a room full of people. He is incapable of sitting still for very long.

They handle cash conservatively, give their love quietly and steadily. Virgos dislike accepting favòrs, and being obligated to anyone for any reason. However Virgos will do favòrs and give effecient service to others.

Some find it hard to understand the Virgo, and sometimes call them selfish. Probably because he has the ability to say "no" and really mean it.

They like cats and small helpless creatures. They also like the truth. They hate dirt, sloppiness and idleness.

Once the Virgo has learned to master life's complicated details, instead of letting details master him, he can shape his own destiny with more certainty than any other Sun Sign.

"POOR" henry

To be continued next issue.....



"From The Heart"

Rev. Charles Wyatt

Faith is of the mind. Faith is belief manifested. Faith cannot be forced. Faith is the action of the mind that goes to work when man's desire is strong, sincere, adamant and persistant. A man decrees a thing, knows that it will occur, and then accept the reslts as normal and natural this decree is manifested. This is the power of belief, the power of acceptance, the power of faith.

Dr. Martin Luther King, Jr.

"FAITH"

By recognizing and accepting the power of "God" learning to trust in him, and him alone with all thine heart and lean not upon thine own understanding: We shall attain freedom from the bondage of disbelief. Only then shall we live in truth, harmony, and wholeness.

I am reminded of the two disciples who lived in Emmaus, and decided to walk to their home, possibly to get some food and rest. They slipped out of the city and down the mountain over a well-beaten and rocky road to Joppa.

So engrossed were these two men in earnest conversation and discussion of the amazing events of the hours just passed, that they hardly saw anyone along the way. To them everything in their lives had changed and their hopes and plans were so completely uprooted that there seemed but little worth while any more.

But as they journeyed along tired weary feet many people met them and passed by unnoticed. And others less weary overtook them in their slow walk, and passed them by. At last they were conscious of a traveler walking close by, and listening to every word they said. They regained composure enough to greet the friendly stranger, who from all appearances was one of their own people and had a kindly face. Somehow they felt a kinship to this man, yet their eyes and ears failed to recognize his face or voice.

Jesus continued to talk to the two men on the road, however scepticism prevailed over what had taken place when Jesus was crucified.

Then this stranger (Jesus) to whom the two disciples had poured out their hearts, said "O foolish and slow of heart believe all that the prophets have spoken."

When the three men came near the way that turned off the Joppa road into the village of Emmaus where the two disciples lived, they urged the stranger to stay with them as it is toward evening and the day was far spent. He went to tarry with them. Soon some food was prepared and set before him and they gathered around the table and "He took bread and blessed it, and broke it, and gave to them" At that instant their eyes were opened, and they knew him and he vanished out of their sight. And they said to one another, "Did not our heart burri within us while he talked with us by the way." I wonder how long, will the bondage of disbelief enslave our minds, and mar our faith. Shall we stand on a hill and look back, or shall we consider the lillies of the field how they grow; they toil not, neither do they spin: And yet I say unto you, that even Solomon in all his glory was not arrayed like one of these.

Keep the faith, and it shall free you*from the bondage of disbelief; it shall free you from the bondage of hate; and drive you into the arms of love, truth, harmony and wholeness.

New Federal Emphasis On Minority Industry

The U.S. Department of Commerce's Office of Minority Business Enterprise (OMBE) has announced a re-emphasis of policy designed to bring more minority businesspersons into the mainstream of American business.

OMBE Director Alex Armendaris said that a "significant effort" will be mounted and sustained "to encourage minority entrepreneurs to enter those industrial fields of business which are of major importance to the national economy."

Armendaris said that OMBE's efforts would emphasize specialized Federal programs in the fields of manufacturing, construction, and other industrial fields.

OMBE will continue to provide management and technical assistance to the traditional minority business ventures consisting of small retail and common-service oriented business, Armendaris said.

"But we are now convinced that the time has come for specialized industrial programs to help minorities penetrate the manufacturing, construction and other industrial area of the mainstream," Armendaris said.

OMBE is providing program guidance on "mainstream" industrial programs, tailored to the needs of minority businesspersons, Armendaris said.

The programs will blueprint an effective plan of action for penetration of industries in the economic mainstream.

The Office on Minority Business Enterprise was established in 1969 in the U.S. Department of Commerce to coordinate federal and private sector efforts in the development of minority-owned enterprise.

Happiness Through Health

by
Otto McClarrin



Pipe Smoking Harmful to Your Health?: Contrary findings of some American studies, a new Swedish study has shown that pipe smoking is as "dangerous" as cigarette smoking-and the risk of lung cancer for those who smoke both pipe and cigarette is greater than for cigarette smokers only.

The study, covering 27,000 men and 27,000 women, is a follow-up to a nationwide Swedish study made in 1963. Conducted by Mrs. Rune Cederlof and Lars Friberg of the department of enviromental hygiene of the Karolinska Institute in Stockholm, the study includes data on Swedes between 18 and 69.

It showed that the risk of death from cardiovascular-related causes are somewhat lower for pipesmokers than cigarette smokers. However, the risk of death from lung cancer was equally high for both groups.

Among people who smoke both pipes and cigarettes, the risk rate of lung cancer is 10.9; this compares with a lung cancer risk rate of 7.0 for cigarette smokers. The highest risk of all--28.8--is found among those who smoke a pipe in combination with more than 15 cigarettes a day.

However, a 1966 study by Dr. E. Cuyler Hammond, American Cancer Society vice president for research in epidemiology and statistics, showed that the risk rates of death, ischemic heart disease, and lung cancer were considerably lower for pipe-only smokers than for those who smoked cigarettes.

Dr. Hammond points out that the findings of the two studies are subject to variables. "For instance, it is not impossible that a difference in European and American tobacco could be a factor." He says also that pipe and cigar smokers in his study had as high as risk as cigarette smokers if they inhaled, but most cigar and pipe smokers in this country do not inhale.

New Vaccine Against Gonorrhea: For the first time, a vaccine has offered "substantial" protection against gonorrhea, a venereal disease that has reached epidemic proportions in the nation and around the world, according to Dr. Charles C. Brinton, Jr., a microbiologist at the University of Pittsburgh.

Brinton said that in its limited trial on humans, the new vaccine gave the two volunteers who took it 40 times more protection against gonorrhea than three volunteers had who were not given the vaccine but were also exposed to the disease. He estimated that without the vaccine a person who has sexual contact with a gonorrhea carrier runs a 1 in 3 risk of getting the disease; with the vaccine the risk is 1 in 100.

Brinton estimated that eight months to a year of further research is needed before the vaccine is ready for large-scale human trials. Nevertheless this is believed to be the most encouraging finding to date in the fight against gonorrhea, one of the most common infectious diseases.

There were an estimated 3 million cases in the United States last year and 35 million around the world. While it is easily treated with antibiotics, many people have gonorrhea without knowing it.

Dr. Brinton said that as many as half the men and 80 percent of the women with gonorrhea do not show any symptoms of the disease. They can, however, pass it on through sexual contact and, if they don't treat it, suffer complications such as eye infections, arthritis and sterility.

Infections From Pet Bites and Scratches: Dog and cat bites can cause serious infections in humans, according to a recent article in the Journal of the American Medical Association. The danger of rabies from animal bites is well known, as are the injuries from these bites. But infections caused by a bacterium called pasteurella multocida are rarely reported because they are apparently overlooked.

Some 600,000 domestic animal bites are reported yearly, but the authorities estimate there may be as many as 2 million since not all are reported. Cats are responsible for 76 percent of the inflicted wounds and dogs accounted for the rest of the patients studied by the researchers. Even healthy cats and dogs harbor the bacteria in their mouths. In almost all cases studied, the infection cleared up with antibiotic treatment.

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