The shortest and surest way to live with honor in the world, is to be in reality what we appear to be; all human virtues increase and strengthen themselves by the practice and experience of them.-Socrates.

HORRIBLE

Leo the Lion July 24th thru August 23rd

The Leo digs putting folks down, nasty style, and then do a clean-up act, coming on all smiles and playful at the same time, which is why he can get away with almost anything. Once the aforementioned happens then you know you have been exposed to the Big Cat.

Leo, the person, like Leo the Lion, rubs everybody and everything. (You know and I know he really does not. But please don't hip him that we're wise to his game. It would break his big, ol egotistical heart.

Humor him and rub him down with praise. Then he'll purr like a contented kitten, instead of scaring you half to death with a big roar. If you want to check on the beast, make the scene on any given night, whether its where the "In Crowd" meet, or where ordinary "Joe Blow" hangs to catch, beat up his gums or just be to be seen, or the Bistro where the so-called Player puts his rap on top and struts around like a peacock in a barnyard. At least half the people you see runnin' em' aroung will be the Lion. The shy and the cool pussycats will be living it up in their pads. Boredom and the dark is a no-no for a Leo.

One thing to remember, "there are no introverted Leos. There are Leos that pretend to be introverts. Don't let the soft purr of the Leo fool you. Even the gentle Leos are hung-up on their royal rights to rule friends and family, as they lay back and watch for their chance to do their thing.

Now, if you want to put a Leo to test, try and take something away from him that he believes is rightfully his, front him off, and show him no respect. He will come "stone" un-glued, and you'll hear that supposedly gentle Catroar from here to the jungle.

It takes a brave soul to challenge him when he's defending his rights and dignity. Some Leos mellow with age, but the Lion never really lowers his Proud head. NEVER.

Straight and proud, with the smooth glide of the Cat, the Leo walks. The females combine little grace with a hidden, quivering intensity. She disguises herself in a soft, usually calm and steady nature. But, don't forget the Lioness is always ready to pounce if she feels threatened. Her claws are sheathed, but sharp. The Lion won't let you ignore him for long in a group. He just has to do something to attract attention, even if its to pout and sulk; until someone notices and asks what's wrong.

Leos like to give free advice. With an attitude that's slightly superior, they like telling you exactly how you should manage your life. Many Leos end up as educators, politicians and psychiatrists because they love to teach.

They are usually quite good at rationalizing things and smoothing out the wrinkles in your life. Too bad they can't manage their own affairs with as much ease and finesse.

"POOR" henry

To be continued next issue....

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Focus on Seniors

Seniors Travel, Broaden Horizon

Discussion of future trips for senior citizens was a main order of business at the Senior Council meeting held July 10 at the EOB Senior Center, 960 W. Owens. Sally Ortiz, Council treasurer, is hostess for the trips and she reported on the ones already set and the others pending. All Council members are encouraged to make suggestions for trips, and their comments and wishes are considered in making travel plans.

A one-day trip to Bryce Canyon, Utah is set for July 26. The route will take the seniors through the beautiful Cedar Breaks country and the seldom-seen north end of Zion Park. Price for this trip is \$15.00; each senior will bring a picnic lunch. Make your reservation at once for this lovely trip by calling the EOB Senior Center, 648-3280, extention 89. All senior citizens are welcome to participate in any of the EOB Senior Center sponsored trips.

The August trip suggested is to Oak Creek Canyon, Arizona, a beautiful wooded area with lovely streams. The seniors would stay overnight and could return by way of Phoenix. Tentative date is August 9. If you are interested in making this trip, call the Senior Center and let us know.

San Luis, , Mexico, is the destination of the September trip, and will be either September 6 or 13. Early reservations for this overnight trip will be necessary, as the Mexico junkets are always popular and filled well before starting date. Shopping and sight-seeing are the attractions.

Other pending trips are to the Lake-Tahoe Virginia City area, and to the Queen Mary in Long Beach, California. Senior citizens are invited to suggest trips they'd like to make. Call the EOB Senior Center.

The seniors are still talking about their trip to the Grand Canyon June 28. Many saw the spectacular abyss for the first time, and all were greatly impressed. As the Sunrise Travel Club bus, pulled into the first view point of the South Rim, there was a chorus of exclamations of astonishment from the seniors. No picture, nor description can prepare one for a first sight of the Canyon. The trip was truly a growth experience for the travelers.

Yavapai Lodge was the overnight stopping place, and the seniors found the accommodations most comfortable. The Canyon Shuttle, the park's free transportation system, was well-used by the seniors for sight seeing and visiting the museums and points of interest in the South Rim Village.

A desire to return was expressed by most of the seniors. They said one short visit is not enough to grasp the magnitude of one of our planet's most marvelous places. One remarked she did not want to see too much all at one time. "Look not too long into the abyss," says a line from an Edward Abby book, "lest the abyss look back at thee."

What are you doing to HELP the community?



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"From The Heart"



Women have more strength in their looks, than we have in our laws; and more power by their tears, than we have in our hearts.-Saville

The voting booth is the only place where a woman is permitted, encouraged and ever urged to act like a man. American woman has submitted to the political will of her man ever since its use as a weapon has come to her attention. She has allowed herself to be completely digested by the general male electorate, a body which has often demonstrated its ability to swallow almost anything.

If a woman in her flustrations and desires to be interment with a certain man, is turned away, hostility creeps into her brain, and she devises a way through her tears, cunning smiles and flattering disposition to get to people in high places to eradicate that man, and destroy his very being.

Woman is more powerful than the Ku-Klux-Klan, who reached a peak membership of 4,500, 000 in 1924—more powerful than the Att. General of the 1920s who spearheaded the arrest of 6000 Bolshevics in New York—more powerful than Capone's organization who did \$60,000,000 worth of tax free illegal bootlegging in prohibition days—more powerful than the Ohio Gang, who gambled at poker in the White House, using the public lands at Teapot Dome for poker chips. More powerful than the social organizations that Roosevelt formed—the RFC, FHA, SEC, TVA, CCC, PWA, and the WPA.

We might say that woman is somewhat of a cultured criminal. There is some talk about the zest to be derived from fast cars, epicurean food and drink, stereo, the decor of apartments and the cut of one's clothes. But the real clincher comes a bit later when Hefner, who may be the machiavelli of the mass media goes on to say that, "no conflict exists be tween thepleasures a modern American finds in material things and his struggle to discover a new scientific truth, evolve a new philosophy, or create a work of art. The good life, the full life encompasses all of these-and all of them satisfy and spur a man on to do more, see more, know more, experience more, and accomplish more. This is the real meaning, the purpose, the point of life itself." These are strong words for the so-called once and future "Bunny" king.

It was a woman, who created the first sin in the Garden of Eden, and caused God to cast she and her mate out.

It was woman who denied Christ water at the

It was woman who stole the strength of Samson and caused his death.

It was woman, who requested the head of John the Baptist—as she danced before the king and after the dance asked for his death.

In general, it is a woman, who controls onethird of the wealth in the world.

But on the good side, who can find a virtuous woman? Her price is far above rubies—the heart of her husband doth safely trust in her so that he shall have no need of spoil. She will do him good and not evil all the days of her life.

Strength and honor are her clothing; and she shall rejoice in time to come-she openeth her mouth with wisdom; and in her tongue is the law kindness.



