

Teens can volunteer for summer LUV projects

"Are you a teenager with three long months of summer ahead of you and nothing constructive to do to fill that time?" asks Voluntary Action Center of Greater Las Vegas.

You could use those summer hours volunteering as a camp counselor, recreation specialist or even a researcher.

For the past four years the center has sponsored a summer program for teenagers 13 to 19 years of age known as LUV.

LUV is short for Let us Volunteer and since its first year of operation in 1972, over 500 teenage boys and girls have found volunteer opportunities in this program which have aided them in career selection.

If you are faced with that big puzzle of what to do this long hot summer, call the Voluntary Action Center, which is located at 319 S. Third St.,

at 382-5260. They have programs that will fit most individual needs and desires.

Want a weeks vacation at summer camp? LUV needs camp counselors and young people interested in recreation.

Do you prefer working with books and doing investigative work? LUV needs library helpers and researchers.

Over 40 programs are being offered where teenagers can volunteer as arts and crafts helpers, swimming aides for the handicapped, nurses aides or even office workers, receptionist and secretaries.

Perhaps you want a more challenging experience. How would working on agricultural programs or in a museum sound? There are hours available in these fields, too.

Tips For Tennis Etiquette



• *Know the rules.* Understand the basic elements of the game.

• *Have a proper attitude toward the game.* If you are playing with an opponent whom you outclass, do not act bored or superior. Show sincere enthusiasm and praise good plays.

• *Don't let the game drag.* It is bad form to stall between plays. Getting back into position to receive the next serve quickly helps the game to move faster.

• *Crossing courts.* If your ball is hit into a neighboring court where play is in progress, wait until the point is completed, then ask for it with a polite "thank you." If a ball rolls onto your court return it at first break in your own play.

• *Control your temper.* Don't allow things to distract or annoy you. Acceptance, without irritability in any manner, is a true test as to whether you are a good sportsman.

• *Dress the part.* Pastels and even vivid colors are more acceptable on the courts. Your outfit should be clean, neat and comfortable with enough looseness to allow your body easy movement. A colorful headband helps keep your hair neat and out of your eyes. Stretch peds with colored trim and pom-pom are soft and absorbent socks, fashionable and fully acceptable.

To have a good time at tennis, observe the rules of courtesy and be thoughtful of your opponent. Play to win, but if you lose, be a graceful loser.

Betsy Nagelsen first competed at both Forest Hills and Wimbledon last summer and expects to participate this summer.

Have you noticed how conversations turn today? The first question could be, "Are you into tennis?" Invariably the next question is, "What level of play are you?" Then, "Let's get together for a game."

Everyone, it seems, is into tennis today, and that raises another question: Do you know and follow the rules of good courtmanship? Tennis etiquette simply means good manners.

This is especially true in tennis as it's one of the truly competitive sports in which the niceties are cherished, according to Betsy Nagelsen, PRO-Keds advisory staff member.

Chargers sign Gary Johnson as 1st choice

SAN DIEGO, CAL.,-- The San Diego Chargers recently announced the signing of their number one draft choice, defensive lineman Gary (Big Hands) Johnson from Grambling. Terms were not disclosed. Johnson, 6'2", 260

pounds, was the eighth player chosen in the 1975 college draft. He was named Most Valuable defensive player in the 1974 East-West and Senior Bowl games. He will play in the Coaches All-American game at Lubbock, Tex., June 21.

Johnson, a co-captain at Grambling in 1974, made 136 tackles in 12 games with 49 tackles behind the line of scrimmage.

"He's as quick off the ball as anyone in football, college or pro," said Charger coach Tommy Prothro.

A tackle in college, Prothro plans to position Johnson at end with the Chargers. Johnson was selected

to the AP Small College all-American team threeyears and was the only college division player to make the NEA first team in 1974.

He's a great player in the Grambling tradition of Willie Davis, Ernie Ladd and Buck Buchanan," said the school's defensive coach Julian Spence.

Johnson, whose hometown is Bossier City, La., will be joined by three other Charger rookies in the Coaches All-American game. The others are defensive back Mike Williams from LSU, offensive tackle Billy Shields from Georgia Tech and quarterback Neal Jeffrey from Baylor.

Doolittle summer starts

The Doolittle Recreation Center has launched its summer program with a variety of activities.

The Center began its basketball season Wednesday with six teams. They are composed of members age 18 and up. The teams play Monday through Friday 6 and 8 p.m. at the center's court, according to director Claude Dawson.

Dawson also said the center has a ladies softball team. The age requirement is 18 and up.

The team is not a league, but they play specially arranged games.

It has a comparable program for 13-17 year old girls. This team plays at 6 p.m. every Wednesday and Friday. Girls can try out for the team by showing up at practice, Dawson said. The center's 10-12 year old baseball team plays in the North Las Vegas League.

Dawson said the center also has a track program for 8-16 year olds.

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