

HELPING OTHERS

Mrs. Clifford Sweet is an Extension Aide with the University of Nevada Cooperative Extension Service whose tasks are to help others. She has done so well in the past five years that she was selected as one of the best Aides in 13 Western states, according to Susan Olmsted, Home Economist in charge of the Expanded Food and Nutrition Program of the Clark County Cooperative Extension Service.

Mrs. Sweet, Sallie to her friends, is a busy person. She has helped people in many ways. She has taken folks to the doctor who could not go alone; she has referred some to the AA; taken people to welfare and blind centers; referred dope problems; located rentals and of course assisted in

helping families improve their diets.

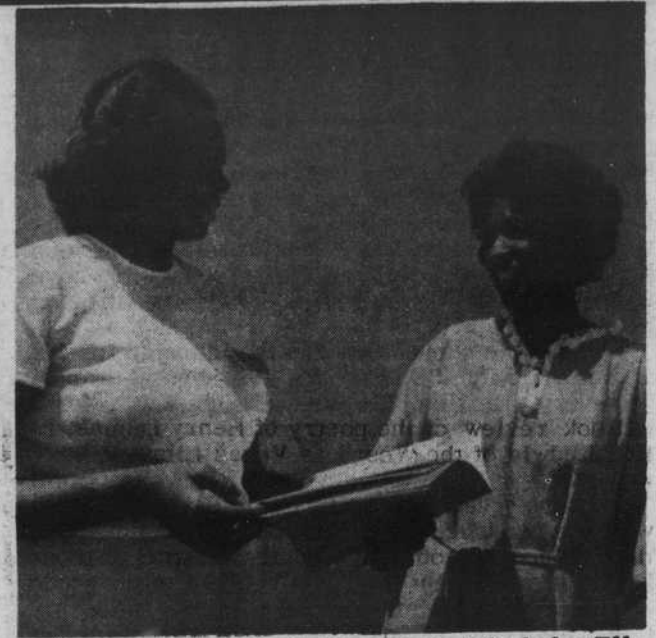
At Guy Center, Sallie has taught young persons basic nutrition. This included how to measure the proper food and to prepare different types of food. Also, how to buy food, how to set a table and most importantly how to prepare a balanced meal for breakfast, lunch and dinner.

She worked with a young lady whose mother had a terminal illness, instructions were given how to buy food and how to prepare the meals for not only the mother, but her three younger brothers too. Another case was where a woman with seven children wasn't on welfare, Mrs. Sweet helped the lady receive state aid. After the lady found a job, she was taught how to prepare and fix nutritious meals.

One homemaker used to buy bread; now she has learned to make her own. This saves her money, because she makes six loaves at a time for a family of seven.

While Mrs. Sweet is busy with her job, she has five children. She said, "The main thing I've gotten from this job is that I've been able to help someone else," concluded Miss Olmsted.

If you would like information on food and fixing healthy meals, call Sallie Sweet, 385-6411.



HELPING OTHERS--Sallie Sweet, left, helps Ella Mae Johnson in meal planning and preparation.



The Doolittle Center will hold it's Annual Easter Egg Hunt for children, 3 to 12 years of age, Saturday, March 29th at 10:00 a.m. The event will be held on the Doolittle Center's ball field. Parents are invited. For further information, phone 3866374.



Church Directory

"Visit The Church Of Your Choice"

THE CHURCH of SCIENTOLOGY
2108 Industrial Road
CHURCH SERVICE
Sunday 8:00 P.M.
382-3561

GREATER NEW JERUSALEM BAPTIST CHURCH 1100 North D St., LV S.S. 9:30 AM - Wor. 11:00 AM 648-9958	GREATER FAITH BAPTIST CHURCH 2736 Chamberlain, NLV S.S. 9:45 AM - Wor. 11:00 AM Prentis Walker, Minister 648-1020	BETHEL BAPTIST CHURCH 400 W. Adams, LV S.S. 9:30 AM - Wor. 11:00 AM Jesse Wesley, Minister 648-9838	FIRST A.M.E. CHURCH 2450 Revere Ave., NLV S.S. 9:30 AM - Wor. 11:00 AM Charles Wyatt, Minister 648-8730
MT. OLIVE MISSIONARY BAPTIST CHURCH 621 Carey Ave., NLV S.S. 9:45 AM - Wor. 11:00 AM Raymond Harris, Minister 642-5663	PLEASANT GROVE BAPTIST CHURCH 1189 Hassel Ave., LV S.S. 9:30 AM - Wor. 11:00 AM J. L. Kemp, Minister	ST. JAMES BAPTIST CHURCH 311 Madison Ave., LV S.S. 9:30 AM - Wor. 11:00 AM J.L. Simmons, Minister 648-9690	ST. JOHN MISSIONARY BAPTIST CHURCH 1439 Lawry Ave., LV S.S. 9:30 AM - Wor. 11:00 AM Jenkins, Minister 648-2382
ST. JAMES THE APOSTLE CATHOLIC CHURCH 821 North H. St., LV Sun. Masses 8-9:30 - 11-12:30 5:00 PM & 6:30 PM. Father Ben Franzinelli 648-6606	MISSIONARY VICTORY BAPTIST CHURCH 1305 North E. St., LV S.S. 9:30 AM - Wor. 11:00 AM A. J. Thompson, Minister 648-9918	SECOND BAPTIST CHURCH 1209 North E. St., LV S.S. 9:30 AM - Wor. 11:00 AM V.C.L. Coleman, Minister 648-6155	TRIED STONE BAPTIST CHURCH 1200 Lawry Ave., LV S.S. 9:30 AM - Wor. 11:00 AM C.C. Smith, Minister 648-8252
MACEDONIA BAPTIST CHURCH 2610 Clayton St., NLV S.S. 9:30 AM - Wor. 11:00 AM J.E. Richardson, Minister	THE NEW MORNING STAR BAPTIST CHURCH 1221 J St., LV S.S. 9:45 - Wor. 11:00 A.B. Carr, Minister	COX UPPER ROOM CHURCH OF GOD IN CHRIST 1117 North F St., LV S.S. 9:30 AM - Wor. 11:45 AM E.N. Webb, Bishop 648-6856 -648-4875	ST. PAUL CHURCH OF GOD IN CHRIST 911 North G St., LV S.S. 10:00 - Wor. 12 NOON C. Hall, MI C. Hall, Minister 648-4230 -648-2545
NEW LIGHT BAPTIST CHURCH 1165 Lawry Ave., LV S.S. 9:30 AM - Wor. 11:00 AM John Henry, Jr., Minister	ST. ANTHONY SPIRITUAL TEMPLE 304 Madison Ave., LV S.S. 9:30 AM - Wor. 7:30 PM B.J. Jackson, Minister 648-1843	CHURCH OF GOD IN CHRIST 1216 Adams, LV S.S. 9:30 AM - Wor. 11:30 AM J.W. Logan, Minister 648-9992 -648-1256	PRAYER HOUSE CHURCH OF GOD IN CHRIST 1341 W. Blankenship, LV S.S. 9:45 AM - Wor. 12 NOON C.J. Johnson, Minister
MOUNT CALVARY BAPTIST CHURCH 977 Hassell St., LV S. S. 9:30 AM - Wor. 11:00 AM L.T. Peterson, Minister	VEGAS VIEW CHURCH OF GOD IN CHRIST 1906 Glider, NLV S.S. 9:30 - Wor. 12 NOON C.H. Parson, Minister 642-6211	ST. JOHN CHURCH OF GOD IN CHRIST 2301 Comstock Dr., LV S.S. 9:30 AM - Wor. 12 NOON O.L. Jefferson, Minister	GOODWILL CHURCH OF GOD IN CHRIST 990 Hassel Ave., LV S.S. 9:30 AM - 12 Noon C. L. Murray, Minister
PALESTINE BAPTIST CHURCH 1425 Balzar Ave., LV S.S. 10:00 AM - Wor. 11:30 AM Frank Davis, Jr., Minister	PILGRIM REST MISSIONARY BAPTIST CHURCH 1240 W. Adams Ave., LV S.S. 9:30 AM - Wor. 11:00 AM E. C. Kline, Minister 648-5666	HOUSE OF HOLINESS CHURCH OF GOD IN CHRIST 2301 H St., LV S.S. 9:45 AM - Wor. 12 NOON M. Saunders, Minister	CHURCH OF CHRIST HOLINESS 300 E. Lake 1575 D.St., LV S.S. 9:45 AM - Wor. 11:00 AM Eugene Williams, Minister
BETHANY BAPTIST CHURCH 1300 Gold Ave., LV S.S. 9:30 AM - Wor. 11:00 AM H. Atkinson, Minister 648-1154	THE MOST HIGH CHURCH OF GOD IN CHRIST 2717 York St., NLV S.S. 9:45 - Wor. 12 NOON James Washington, Minister 648-3464	KINGDOM HALL 1025 Balzar, LV Sun. Public Talk 2:00 PM Watchtower Study 3:00 PM	THE FULL GOSPEL DELIVERANCE CENTER 603 Van Buren, LV S.S. 10:00 - Wor. 12 NOON Mother Ladd, Minister
CHURCH OF CHRIST 2626 N. Highland, NLV Bible Study 10:00 AM Worship 11:00 AM 642-8282	MUHAMMAD'S TEMPLE of ISLAM NO. 75 615 Van Buren, LV Wed. 8:00 PM - Fri. 8:00 PM Sun. 2:00 PM Brother Preston X, Minister	ZION METHODIST CHURCH 2108 North Revere, NLV S.S. 9:30 AM - Wor. 11:00 AM Marion Bennett, Minister 648-7806	SEVENTH-DAY ADVENTIST CHURCH 1720 North J St., LV S.S. 9:30 AM - Wor. 11:00 AM H. Vanderberg, Minister