

BOOK SHELF

INNER CITY HOODLUM by Donald Goines, BH 467 - 224 pages - \$1.50

In the past the arrival of a new Donald Goines book was an event in itself. Probably the most successful and admired black writer in America. Goines wrote his books as he lived his life.

With **INNER CITY HOODLUM**, we have Goines' last statement on life. And a powerful, gripping statement it is. In reading it one gets the feeling that Donald knew that the end was near and in this book, the manuscript of which was discovered shortly after his death, he wanted to tell it all once and for all.

Goines frames his story around two young-bloods, charged with the support of their families, and therefore know the freightyards like the backs of their hands. They meet up with the

Duke, a ghetto numbers king who digs the way they handle nunchaku sticks. But murder and sadistic pimping loom up and the bloody cry calls for revenge!

DOOMSDAY SQUAD, by Dom Gober, BH465 - 224 pages - \$1.50

Author Dom Gober introduced detective, James Rhodes earlier in **BLACK COP**, and now Rhodes is back, this time to confront an incredible but very real doomsday plot--a black revolution triggered by people tired of being victims of the country's established ripoff schemes.

The killers got their training in Viet Nam and now viciously apply everything they were taught to unleash a nightmare of destruction and assassination that almost brings the country to its knees. Rhodes thinks he can

BLACK EDITOR



BOOK EDITOR--Philip W. Petrie, 37, joins MacMillan, Inc., March 31 as administrative editor for adult trade books, in the company's general books division. Perry spent four years with the William Morrow & Company, Inc., as senior editor of hard cover books and director of the Howard University Press.

He is a graduate of Tennessee State University, is married and has three boys.

crack the plot, but his southern racist captain keeps a leash around his neck. And the only way out is to put himself right between the cross-fire of the police and the Doomsday Squad!

HEALTH & SCIENCE SHORTS

GLAUCOMA SELDOM WARNS OF ITS PRESENCE

Although anyone of any age can get glaucoma, an estimated one out of every 50 persons over the age of 40 has the disease, according to the American Medical Association. Glaucoma is produced by a build-up of pressure in the eye, accompanied by an imbalance and impairment of the flow of eye fluids.

The four danger signs the physicians look for are: gradual or sudden loss of side vision, frequent but unsatisfactory changes in glasses; blurred or foggy vision; rainbow-like halos around lights. The disease is usually detected during an eye examination when tension in the eyeball is measured with a simple, painless test.

"If discovered early, progress of the disease usually can be checked and the remaining vision saved through treatment," the AMA reports.

GOOD POSTURE MAY BE BAD

The erect posture for sitting and standing favored by European and American culture requires excessive curvature of the lower spine, leading to degeneration of the intravertebral disks and lower back pain, a physician told the annual arthritis symposium at the University of Washington School of Medicine.

A complete change in attitude toward posture can eliminate back pain in many patients, Dr. W. Harry Fahrni, an orthopedic surgeon in Vancouver, said, and recommended resting with pillows propped under the head and knees. The extensive use of the chair in Western culture has contributed to the high incidence of back pain in our society. The habit of sitting on the floor, common to many "primitive" cultures, allows the back to assume a more natural position.

ONLY A HAIR ANALYZER KNOWS FOR SURE

A simple hair analysis may determine whether a pregnant woman is getting enough protein.

"Hair is very metabolically active," Lowell A. Goldsmith, MD, of Duke University explains. Its fast growth makes it a sensitive indicator of the body's nutritional intake. Hair roots from a person with protein malnutrition will be thinner than normal and contain fewer cells, he said.

His studies of hair samples from pregnant women will determine if the amount of protein eaten by the mother influences measurements of infants health at birth.

NOCTURNAL ITCHING MAY BE SCABIES

The incidence of the scabies mite is reaching epidemic proportions in the United States.

The current seige is hard to explain, says Milton Orkin, MD, clinical professor of dermatology, University of Minnesota Medical School, and he states that the form of the disease is atypical.

Persistent itching that intensifies at night is the outstanding symptom. The mites rapidly spread from one individual to another through personal contact.

The physician states that scabies can no longer be considered a disease confined to the unwashed.

His treatment of choice is topical application of gamma benzene hexachloride, which is available on prescription as Kwell cream and lotion. He advises that every person in an affected household be treated, regardless of the presence or absence of symptoms.

1975 ANNUAL BOARD MEETING OF THE GOSPEL MUSIC WORKSHOP OF AMERICA, LAS VEGAS, NEVADA

MARCH 18, 19, 20, 1975

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★ FEATURING ★

REV. JAMES CLEVELAND

★ AND ★



The Mighty O'NEAL TWINS



SARAH JORDAN POWELL



REV. CHARLES NICKS, JR.

FOOD STAMP WORKSHOP

The Clark County Welfare Rights Organization will sponsor the second in a new series of community information workshops on food stamps at 7:00 p.m. at the West Las Vegas Library, 1402 N. "D" St., Wednesday, March 26.

"We encourage all people who think they are eligible to attend the workshop. There will also be welfare rights workers present to answer any questions or problems people have related to the welfare programs."

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7:00 P. M. EACH EVENING + DONATION: FREE + For Information Call Rev. Sam Roberson, 648-9979