Ruby Says

poocoocoocoo pa socoocoocoocoo Ruby Duncan

recently in the "Demo-cratic News" and I'd like to share it with you. Its in answer to President Ford's request for us to save money and gas consumption. its called Ten Ways to Save Inflation in Your Kitchen, Bedroom, Dining Room and Around the packages postage due. House.

you can wear your children's shoes.

save more, skip two meals a day. To really save, skip three. Make eating a special occasion.

3. Eat less, but chew longer.

butter or a dozen full ment of Agriculture slabs of bacon (the would like to completely "whole hog" school of stop the Women, Infants marketing).

5. As a general rule, delay until tomorrow what you should do today.

but double the volume, place. -- It'll seem like twice as long.

7. Sleep more.

Wash Day Worries

your bathtub at one sitting.

9. Leave your headlights on overnight; it

10. Test holiday spirfriends; send their Christmas and birthday

1. Curl your toes so things President Ford is asking you to do. He thinks he is cutting down 2. Skip a meal a day to the Federal budget in slice the food budget. To order to save also; his order to cut the Food Stamp program, part of his WIN program, will reduce federal spending close to one billion dol-

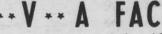
addition to Food In 4. Buy in large quan- Stamps, the Administities -- say, a short ton tration and the Departand Children's Supplemental food program.

This is the program that Clark County Welfare Rights Organiza-6. Cut your TV time tion had to fight so hard (if you have one) in half to get started in the first

By cutting these programs, Ford saves federal dollars at the 8. Start a neighbor- expense of feeding hunhood bathing club and gry people. WIN will see how many of your make us all losers.

624 H. ST.

648-3043



Q -- I received treatment for a serviceconnected injury at a Veterans Administra-I read something friends you can stuff into tion hospital about two years ago, but I need treatment again. Will VA give it to me?

A -- Yes, and if as you will do wonders for your indicated, you have alestablished ready service-connection, all Money and Fight its of your relatives and you need do is apply for treatment again.

Q -- I know World War veterans who never These are the types of used their GI home loan benefits are still eligible, but are they also eligible for school benefits?

A -- The Veterans Administration can provide education benefits only for eligible veterans discharged after Jan. 31, 1955. Under a recent law, education benefits expire 10 years after date of discharge or May 31, 1976, whichever is later.

Q -- The national cemetery in my state has been closed because of lack of space. Will the Veterans Administration pay an additional allowance for veterans buried in private cemeteries?

A -- Yes. VA can provide a \$150 plot allow-ance in addition to the maximum \$250 burial benefit, when a veteran is buried outside a national cemetery.

income limits for Veterans Administration veterans, widows and children from reduction or termination benefits this year and made others eligible for the first time, the agency said recently.

Administrator of Veterans Affairs Richard L. Roudebush said there no estimate of the number of new eligibles under the increased limits.

Potentially eligible, he explained, are veterans 65 years of age or older and younger veterans who are totally and permanently disabled from nonservice connected causes. Other income must not exceed \$3,000 annually if there are no dependents. The annual limit is \$4,200 for veterans with spouses or children.

Similiar limits apply for widows of veterans who died of nonservice connected causes and for parents receiving dependency indemnity (DIC). Children drawing benefits under the current pension law are limited to an annual income of \$2,400.

The annual income limits were increased \$400 above last year's levels by Public Law 93-527, effective Jan. The legislation also provi-

ded a 12 percent increase in pension rates for 2.3 million veterans and survivors on VA

pension and DIC parent

rolls.

The VA official emphasized there is no income limit for veterans being compensated for service-connected injuries or for the widows and children of veterans who died of serviceconnected causes.

Veterans in need of financial aid to continue GI Bill education are eligible for increased benefits under the Veterans Administration's work study grant program, VA reminded veterans recently.

A December 3 law(PL 93-508) increased the amount the agency can advance veterans to a maximum of \$625 per semester for fulltime students who agree to work 250 hours for the agency.

Prior to December 1974, VA could advance a maximum of only \$250 a fiscal year to a limited number of selected veterans for 100 hours of service.

From April 1973 when the original program started through last December, 27, 157 veterans received nearly \$6.6 million in grants for 2.6 million hours of work.

Veterans interested A \$400 increase in in work study grants were urged to apply to VAregional offices pensioners saved 74,000 which maintain their records.

BLACK HISTORY

February 1975

Charlotte E. Ray, first Black woman lawyer, is graduated from Howard University Law School.

Congressional elections are placed under federal supervision to enforce the 15th Amendment.

March 1975

Blanche K. Bruce, Senator from Mississippi, born in Virginia. 1841

SUN.

Importation of slaves banned after January 1, 1808 by Act of Congress. 1807

Congress enacts law giving freedom to wives and children of Black soldiers in Union Army.

Richard Allen founds Bethel A.M.E. Church in 1794,

First to fall in struggle for American Independence is Crispus Attucks, killed in Boston Massacre. 1770

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