

FOOD FORUM * Tan Topics

Dorothy Johnson

July 4th

Fourth of July not only means Independence Day, picnic's patio and Barbecue's take a front seat on this memorial day. We will give you a few suggestions for B.Q. picnic's, as well as snacks for those that happen to drop in on you.

B.Q. LAMB SHANKS

- 6 lamb shanks
- 1/2 cup brown sugar, packed
- 1 tbsp. dry mustard
- 2 tsp. salt
- 1/4 tsp. pepper
- 3/4 tsp. ginger
- 1/2 tsp. cinnamon
- 1-(8 oz.) can tomato sauce
- 3/4 cup vinegar
- 1-1/4 tsp. hot pepper sauce
- 2 tbsp. grated onion
- 2 cloves garlic, crushed

Arrange lamb shanks on grill about 5 inches from coals. Cook 30 minutes turning often. Combine all the above ingredients. Brush shanks with sauce and continue to cook, basting often, until meat is tender. Spoon remaining sauce over shanks for serving.

GRILLED TURKEY STEAKS

- 1 turkey breast roast, fresh or frozen
- 1 cup dry red wine
- 1/2 cup olive oil
- 1 onion, sliced
- 1 tsp. salt
- 6 whole black peppers
- 1 bay leaf, crushed
- 2 tsp. chopped parsley
- 1/2 tsp. oregano

Cut turkey breast roast crosswise into 3/4- to 1 inch steaks. Combine the above ingredients. Pour over turkey steaks and marinade for several hours (1 to 24), turning frequently. Drain steaks and cook quickly on both sides over hot coals, allowing about 10 minutes on each side. Brush occasionally with marinade while grilling.

CHARCOAL POTATOES

Parboil desired amount of potatoes. Roll in margarine or butter and roast at the edge of grill until golden.

CHILI WITH PEANUTS

You can carry chili to a picnic or give it star 'billing' for patio or poolside party this summer.

- 1/2 cup oil
- 2 cups minced onions
- 2 cloves garlic, minced
- 2-1/2 lbs. ground beef chuck
- 1-1 lb. can tomatoes
- 2/3 cup coarsely chopped peanuts
- 3 tbsp. tomato paste
- 2 to 3 tbsp. chili powder
- 3 tsp. salt
- 1 tsp cumin seed
- 1/4 tsp. hot pepper sauce
- 2/3 cup peanuts
- 1/4 cup chopped parsley

Heat oil in sauce pan. Add onion and garlic cook until tender. Add ground beef and brown lightly. Stir in tomatoes, chopped nuts, tomato paste, chili powder, salt cumin and hot pepper sauce. Simmer until sauce is thick, about 35 to 40 minutes. Stir in 2/3 cups peanuts and parsley. Serve with rice, if wished. Also serve with a huge green salad full of citrus slices, avacado, green onions and olives. Bread can be French or Italian crusty type or corn bread.

COTTAGE CHEESE CELERY

- 1/2 cup small curd dry cottage cheese

Tan Topics

by CLAUDE NEWKIRK



'WHY DO YOU WASTE TIME KISSING THE ICE-MAN? -WHEN WE OWE THE GROCER 20!'
CONTINENTAL FEATURES

- 2 tbsp. minced green onions
- 2 tbsp. finely chopped carrot
- 2 tsp. minced pimento
- 1 tsp. worcestershire
- 1 tsp. catsup
- Dash hot pepper sauce
- Salt and pepper
- 8-4 in. crisp celery.

Combine ingredients above except celery Mix well stuff in celery and chill.

THURINGER BLOSSOMS

Have Thuringer sausage slice thinly. Arrange on cookie sheet and drop tsp. chutney in center of each slice. Place under broiler and cook until slices curl into cup like shapes.

OLIVE CHEESE SHORTIES

- 6 tbsp. butter
- 1-1/3 cup cheddar cheese (sharp)
- 1 tbsp. minced parsley
- 1/8 tsp. powdered onion
- Dash cayenne
- 2/3 cup flour
- 24 stuffed olives

Cream the butter until soft. Add cheese and beat until smooth. Blend in parsley, onion powder and cayenne. Gradually add flour and mix until smooth. Drop by teaspoonfuls onto an ungreased cookie sheet. Press olive into center of each puff. Bake at 400 deg. 15 to 20 minutes makes 2 dozen.

Happiness, good luck. good health — for one and all!

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