

# FREE CLINICS AVAILABLE

FREE Clinics available to all residents of limited income who do not have a family physician at the Community Health Center, 940-A West Owens, in the East Mall of the Golden West Shopping Center, sponsored by the Economic Opportunity Board of Clark County. J. David Hoggard is Executive Director, Rev. Donald Clark, Chairman; and Mrs. Daisy L. Miller, Coordinator.

**FAMILY PLANNING:** Tuesday - 6:00 p.m. to 8:00 p.m., and Thursday - 6:00 p.m. to 8:00 p.m.

1. Family Planning services enables you to space your children for healthier mothers and healthier babies.

**FAMILY COUNSELING:** Tuesday - 6:00 p.m. to 8:00 p.m., Thursday - 6:00 p.m. to 8:00 p.m., and any other day by appointment.

1. Family Counseling is provided by a professional counselor: for individual, group and family counseling.

**IMMUNIZATION:** Tuesday thru Thursday - 2:30

1. This service is provided by the Public Health Nurse, for your child ages 2 months to 21 years. It includes shots for whooping cough, smallpox, tetanus, diphtheria, measles, etc.

**VENERAL DISEASE:** Tuesday - 6:00 p.m. to 8:00 p.m., and Thursday - 6:00 p.m. to 8:00 p.m.

1. This clinic provides diagnosis and treatment of Venereal Disease.

**PAP SMEAR CLINIC:** Thursday - 6:00 p.m. to 8:00 p.m.

1. For those who know the importance of a yearly pap smear, but are not interested in birth control.

**PREGNANCY TEST:** Tuesday - 6:00 p.m. to 8:00 p.m., and Thursday - 6:00 p.m. to 8:00 p.m.

For further information call: 648-3280, ext. 68, 69, 89, 90 or 91. Office opened, Monday, Wednesday, and Friday, 8:00 a.m. to 5:00 p.m. Tuesday and Thursday, 8:00 a.m. to 8:00 p.m.

## (ADDICT, from page 1)

account, will be turned over directly to the District Health Department.

Meanwhile, addicts in Las Vegas are fighting their nightmare "by cold turkey" without medical treatment or experienced counseling. Their chances for success are very slim by this harsh approach.

Their continued addiction proves a costly one to the community since they pay \$50 to \$100 each day for their heroin from illegal sources. In the majority of cases they resort to criminal activity to obtain the money.

"As a community, it costs us up to \$50,000 to let an addict remain an addict," Ravenholt stated. "If we arrest him and put him in prison it costs us over \$5,000 a year to keep him and when he gets out he is still an addict."

Methadone doses are only part of the treatment process Ravenholt explained. Individual and family counseling is a vital rehabilitation component.

Then the community must be willing to employ these patients once they are detoxified he said.

Dr. John Blair Webster from a Washington, D. C. methadone program consulted with Health Department clinic staff recently about clinic objectives and the community's role in successful treatment. "You won't get a hundred per cent cured and back into society, but the successes are worth it," said Dr. Webster.

An addict in a methadone program receives a dose of the drug daily after he presents an identification card stamped on permanent records at the clinic. During the visit a urine specimen is collected.

"When the patient must come to the clinic every day for treatment, it makes the person responsible for himself for the first time in his life," said Dr. Webster.

The patient in the proposed Las Vegas methadone clinic will work in group therapy sessions with the individual counselors similar to Dr. Webster's program, said Dr. Ravenholt.

When the community moves to help the addict, there won't be other "Joes" without friends.

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