

# FOOD FORUM

DOROTHY JOHNSON

## HOLIDAY SPIRITS

"Hail and be Merry!" "To your Health, Wealth and Happiness!" -- Toasts of friendship and good will have always been a part of festive holiday gatherings. Holiday cheer is spoken in many languages. From Japan we have Sake, of many varieties. From Mexico the world-popular Margarita. The most versatile served are Eggnog, Hot Buttered Rum and Tom and Jerry.

### HOT MULLED CHRISTMAS SAKE

6 fifth-size bottles of sake  
Peels of three oranges  
Peels of three lemons  
1 crushed nut meg, (not grated)  
3 cinnamon sticks  
8 cloves (whole)  
1/2 tsp. allspice  
3 cups fine granulated sugar  
1 qt. boiling water

Boil all ingredients together 10 minutes, except the Sake. Strain through fine sieve or fine cheese cloth. Add the Sake, which has been heated almost to boiling point. Serve in preheated mugs with handles. Makes 20 servings.

### HOLIDAY PUNCH NO. 1

Juice of 6 lemons  
2 jiggers Curacao  
2 quarts club soda or iced tea  
2 Tbsp. granulated sugar  
1 1/2 fifths bourbon  
fruit for garnish

Mix together over ice in large bowl.

### HOLIDAY RUM PUNCH

1/2 cup (4 oz.) lemon juice  
1/4 cup (2 oz.) sugar  
1 cup (8 oz.) cranberry juice  
1 cup (8 oz.) orange juice  
1 cup (8 oz.) strong tea  
1 fifth (25.6 oz.) White Puerto Rican Rum

Mix in punch bowl lemon juice, sugar, orange cranberry juice and tea. Add rum and dozen cloves. Introduce ice cubes to chill.

### MAUI MILK PUNCH

4 oz. hot milk  
1 egg yolk  
3 Tbsp. butter  
1/2 tsp. vanilla  
1 pinch powdered sugar  
1 pinch nutmeg  
2 oz. Hawaiian rum

Combine all ingredients but the Hawaiian rum and shake. Add the rum and serve.

### RUM PUNCH

Equal parts of orange and pineapple juices and rum. Makes a tasty and easily prepared punch.

### TOPAZ PUNCH

1/2 cup red maraschino cherries  
1 qt. lemon sherbert  
1/2 cup green maraschino cherries  
1 - 6 oz. can frozen lemonade concentrate thawed  
1 - 6 oz. can frozen orange juice concentrate thawed  
1 quart water  
1/4 cup sugar  
2 bottles (1 pt. 9 oz. each) sparkling Catawba juice

Arrange red and green cherries in bottom of a 5 cup ring mold. Stir lemon sherbert to soften; spoon into mold over cherries, pressing to make a firm ring. Freeze. In large bowl or pitcher combine lemonade concentrate, orange concentrate, and water. Stir till blended.



# REDDY KILOWATT'S

Helpful Hints  
For The Homemakers

## THE ROTISSERIE

Be sure the food is centered on spit so it will revolve smoothly.

### ROTISSERIE MEAL

2 lb. broiling chicken	1/4 tsp. salt
1 tsp. salt	1/2 tsp. dry mustard
1 Tbsp. butter or margarine	1/3 cup molasses
1/2 cup chopped onion	2 1-lb. cans pork and beans

Rub cavity of chicken with salt and insert margarine. Place chicken on rotisserie with skewers. Tie wings and legs securely. Add remaining ingredients to pork and beans and place in bottom of broiler pan. Stir beans occasionally. Cook for 1 hour.

Yield: 4 servings.

\*Any roast that will cook in 1 hour may be used in place of chicken.

To clean: Disconnect appliance. Allow removable parts to cool and soak immediately in warm water. Wash in warm soapy water, rinse and dry. Never run cold water over hot parts. Wipe inside of enclosed rotisserie with warm soapy water. Use mild abrasive pad to remove burn-on spatter. Do not immerse in water unless your instruction book so states.

- A perfect gift idea to consider for Christmas.

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Add sugar and stir until dissolved. Chill to serve, dip sherbert mold in hot water; unmold ring into empty punch bowl. Pour in chilled juice mixture. Slowly add Catawba juice and mix until blended.

What to drink after you've been drinking Coffee, Brandy, Cordial, Flaming drinks or a frappe. Here are a few good ones.

### EXPRESSO

Two level tablespoons dark coffee for every 3 oz. of water. A twist of lemon peel, a cinnamon stick as a stirrer and a drop of Angostura bitters or Anisette. To sweeten, use crystalized rock sugar.

### CAFE COINTREAU

Place 1 tap. freshly grated lemon peel in a large cup, add coffee until cup is 2/3 full, add 1 1/2 oz. Cointreau and stir.

### CAFE CACAO

To one large cup of freshly brewed coffee, add 1 1/2 oz. Creme de Cacao and top with whipped cream.

### CAFE ROYALE

Place a lump of sugar into a demi-taise cup half-full of very strong coffee, and slowly fill cup with a good brandy. If this is done carefully, off the back of a spoon, the brandy will stay on top. Light it and when you are quite drunk with the beauty of the blue flame, quench with spooned coffee.

## VETERAN INFORMATION

A Veterans Administration survey revealed that one-third of the nation's veterans continue insurance coverage by their Servicemen's group Life Insurance (SGLI) to commercial policies after military discharge.

"This was considerably higher than expected," commented Administrator of Veterans Affairs Donald E. Johnson.

He also noted that 46.3 per cent of the veterans surveyed had other insurance and did not convert their SGLI, while another 20.3 per cent had no insurance at all.

While in service, men and women are covered under the SGLI program which is supervised by the VA, but administered by a commercial primary insurer with 600 other private insurance companies participating.

Johnson pointed out that most veterans have 120 days after military discharge to convert to a commercial policy at standard rates without having to take a physical examination.

Veterans who are totally disabled to convert their SGLI.

Veterans are not required to pay insurance premiums during the 120-day or one-year grace periods.

The VA administrator pointed out that a veteran with a service-connected disability is also eligible for a low-cost "RH" life insurance policy issued by VA, if he was separated from service after April 1951. The veteran must apply within one year of the date VA notifies him of his disability rating.

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