

Advisory Bd. Appointee



H. P. Fitzgerald, principal of the Jo Mackey Elementary School in North Las Vegas, was appointed to the Mental Hygiene Advisory Board of the State of Nevada by Governor Paul Laxalt on October 24 of this year.

The veteran Nevada Educator is a native of Washington, D.C., where he received all his elementary and high school education. He received his B.S. degree in education from Virginia State College in Petersburg, Virginia and his M.ED. degree from the University of Nevada in Reno, Nevada. He also did graduate work at the University of Washington, in Seattle, and at Indiana State University.

He has been a teacher and an administrator in Clark County since 1947 and was formerly principal of the Kit Carson Elementary School in Las Vegas.

Mr. Fitzgerald resides at 713 Monroe Avenue, Las Vegas with his wife Virgie and son, Ronald Paris.

"Can" And "Can't's" Of Open Burning Control

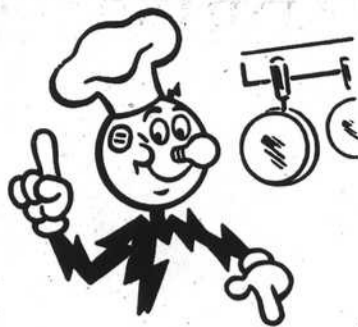
New Air Pollution Control Regulations adopted by the District Board of Health on October 25, 1967, are still causing some confusion and at least temporary unhappiness on the part of those citizens who have in the past used open burning as the method of disposing of their trash and dry garbage. According to John K. Farnsworth, Deputy Air Pollution Control Officer, his office has been besieged with calls from people who are just now discovering that open burning is no longer permitted.

"Most people are very pleasant about it and quite willing to comply once they understand that this is not an arbitrary decision on our part, but a well thought out and purposeful regulation," Farnsworth said. "However, almost everybody wants to know how his one little fire is so important to air pollution. 'One little fire' wouldn't hurt much," he admits, "but if we permitted one, we would have to permit them all, and when one little fire is multiplied by several hundred or several thousand all over the Valley, it becomes a considerable source of air pollution."

HOW CAN people dispose of the trash they used to burn? The two simplest methods are, either haul it to the dump, or prepare it for pick up by the disposal service. Silver State Disposal will pick up refuse other than household garbage if it is placed in containers not exceeding one hundred pounds each, or in the case of tree limbs or cuttings, if they are cut in lengths not exceeding 4 feet, and tied in bundles not exceeding one hundred pounds.

Though open burning for refuse disposal is strictly prohibited, the following are excluded from the Regulations, and are permissible:

1. Outdoor barbecues for preparation of food for the family;
2. Bonfires for amusement purposes, such as company picnics, Homecomings, etc. (Permission must be obtained from District Health Department and Fire Department.)
3. Fires set for training in methods of fighting fires.
4. Burning to prevent a fire hazard which cannot be prevented by any other means.



REDDY KILOWATT'S HELPFUL HINTS FOR HOMEMAKERS

The electric slicing knife is one of our newest electric servants. Its instant popularity is understandable for it makes quick work of so many meal preparation tasks.

Whether you use it to slice tomatoes and cucumbers or to shred cabbage and lettuce, it speeds up salad-making. Desserts, too, are ready to serve in a jiffy. The electric knife will slice ice cream, a fresh pineapple or the most delicate cake as easily as it cuts raw meat or carves the roast.

How To Carve A Turkey

1. Grasp end of drumstick with fingers and pull gently away while cutting through joint between thigh and body.
2. Now cut through thigh bone and leg joint, slicing meat parallel to bone.
3. Insert carving fork astride breast and cut through joint where wing joins body.
4. Carve thin slices of white meat downward, beginning at a slightly higher point each time until crest of breast bone is reached.
5. Turn bird and repeat procedure to carve opposite side.

For best results let meat cool 15 to 20 minutes before carving; this sets the juices and makes carving easier and neater. When possible, carve foods on a wooden cutting board.

We invite you to use the services offered by our Home Economics Department. For assistance with electrical appliances, kitchen planning, home lighting, menus and recipes

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384-4600
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HOME SERVICE**

FASHIONS AT A GLANCE

By Mattie Smith Colin (NPI)

Astrology invades the world of Fashion! Now available at New York's Lord and Taylor are a palmist, horoscope reader, handwriting expert, numerologist and et al...you can now learn how the stars under which you were born affect the way you dress--or should dress.

For example, the colors which flatter you most, supposedly depend upon what Zodiac sign you were born under. According to this, the best color for me (ARIES), from mid-March to mid-April, is "red."

Cosmetic expert, Eve of Roma is advertised as able to design a make-up so perfect "it must have been written in the Stars." The skin treatment and make-up prescribed for each customer supposedly designed to bring out the kind of "beauty" revealed in the astrological analysis.

* * *

At Laura Aponte, daughter-designer Nora contributes the young mood with "graphic uncoordinates." Like the country outfit--a pot-pourri of plaids, stripes, checks and dots combined in white and mustard. And the "Pop Star" --pale blue silk blouse with ruffled collar, purple tie, wide-striped orange and lime jacket, brown skirt and purple boots.

Red Cross First Aid Class Concluded



After five morning sessions at Marble Manor, the Red Cross class in First Aid has been successfully concluded. This class, sponsored by the Golden Key Club of Senior Citizens, was open to adults of all ages. Members were enthusiastic over the clear instruction given by the teacher, Mr. Estes, for the immediate care of victims of accident or sudden illness.

As a result of tests covering the Red Cross First Aid Handbook, a number of Certificates in First Aid were awarded in the class. Mrs. Clara Bailey, leader of the Golden Key Club, hopes that an advanced course in First Aid may be offered at a later date.

SUBURBIA, U.S.A. - ESCAPE FROM INTEGRATION

OAK PARK, Ill. - (NPI)--This community has only 11 Negro families among its 62,000 residents. And another Chicago suburb, River Forest, has only one black family out of a 13,000 population.

That was the report of the Oak Park-River

Forest Citizens Committee for Human Rights, which found that few apartments advertised in those communities were available to Negroes.

Most rental managers simply said they would not accept non-white residents.