

# Food Forum

**Dorothy Johnson**

THINK COOL and DRINK REFRESHING ICED TEA

Now is the time to think cool! At least, to think of ways and means of staying cool during the hot sultry days of summer: And when you think of summer coolers, iced tea is the one that leaps to mind first. America's favorite hot weather beverage even looks cool--amber-clear, lighted with sparkling ice cubes. Don't refrigerate tea, this causes it to cloud.

**CHERRY COOLER**

1 quart boiling water, 1 quart cold water, 1/3 cup loose tea or (15 tea bags), 1/4 cup sugar, 1/2 cup lime juice, 1 (8 oz.) jar maraschino cherries, orange slices, lime slices, cucumber slices.

Bring 1 quart freshly-drawn water to a full rolling boil. Remove from heat and immediately add 1/3 cup loose tea or tea bags. Stir. Let stand for 5 minutes, uncovered. Stir and strain into a pitcher holding another quart of fresh cold water. Cool; add sugar, lime juice and syrup drained from Maraschino cherries. When ready to serve, pour into ice-filled glasses. For garnish, alternate orange, lime and cucumber slices with cherries.

**Instant Tea Solves Cold Drink Problems**

Youngsters can drink all they want, and with a jar of instant tea on the pantry shelf, they can make this refreshing thirst-quencher themselves. No need to boil water or, if you prefer, you can make up a big pitcher of tea and keep it on hand so the kids can help themselves when they pile home from ball games or the beach.

**General Information Regarding Clouding**

a) Clouding in iced tea is caused by precipitation which occurs when iced tea reaches a certain degree of coldness.

b) Clouding does not impair the flavor or quality of iced tea.

c) "Clouding" can be removed by adding enough boiling water to tea to restore its crystal clearness.

**COOKIES TO SERVE WITH COOLING DRINKS**

**\*Apple Sauce Sugar Butter Cookies\***

1 tsp. nutmeg, 1-1/2 cups butter, 2 cups firmly-packed dark brown sugar, 2 eggs, 1/2 cup sour milk or buttermilk, 1-1/2 cups canned applesauce, 3-1/2 cups sifted all-purpose flour, 1 tsp. baking soda, 2 tsp. cinnamon, 1 cup chopped walnuts, 1-1/2 cups seedless raisins.

Cream together butter and brown sugar; add eggs, one at a time, beating after each. Add sour milk or buttermilk. Stir in applesauce. Sift together flour, baking soda, salt, nutmeg and cinnamon; add to mixture. Add walnuts and raisins. Chill 2 hours. Drop by rounded tablespoons on greased baking sheet--3 inches apart. Bake in hot oven, 400 degrees about 15 minutes, or until nicely browned. Return dough to refrigerator between batches.

**\*Cookie Jar Special\***

2 cups sifted enriched flour, 2 tsp. baking powder, 1 pkg. (2-1/2 oz.) sesame seeds toasted, 1/2 tsp. salt, 1/2 cup shortening, 1/2 cup peanut butter, 2 squares (1 oz. ea.) baking chocolate, melted, 1-1/2 cups sugar, 1-1/2 tsp. vanilla, 2 eggs, 1/3 cup milk.

Sift together flour, baking powder and salt. Toast sesame seeds in moderate oven. Cream together shortening, peanut butter, eggs, and sugar. Add milk and other ingredients. Bake in hot oven. These cookies use lard as it gives a tender nutritious product. It will also cream readily with the peanut butter.

**... DOT'S TIPS ...**

Here's an easy but important touch: Give Curry or Chili powder a good "burn" by sauteing either of these husky seasoners well in butter, margarine, salad oil or drippings. This is a gourmet Chef's trick. Another is, cooking onion lightly before adding it to ground beef or sauce--it brings out the full richness and gives your dish a long-simmered mellow-ness.

## PABST MEN OF THE WEEK



### WHAT'LL YOU HAVE?

Raymond Blankes (left), REECO employee, James E. Winbush (center), Construction Worker, and Cleveland Ford (right), self-employed Bricklayer, say "Let's toast the Dodger's Maury Wills for bringing in the winning run in the All-Star game with PABST BLUE RIBBON BEER. Right there to oblige them are Willie Boyd (l), and Eddie Luckie (r), Bar Clerks at Bruce's Liquors.



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