

# Food Forum

**Dorothy Johnson**

THE QUICKEST SUMMER MEALS  
YOU'LL FIND ANYWHERE

If you're tempted to spend the day in the Casinos, or if you're just downright summer lazy, you can still have a tasty meal ready when the family comes home.

### MIDSUMMER CHICKEN SOUP

Select a cream-style chicken soup and prepare it according to directions. Just before serving, stir in 1 or 2 tbs. lemon juice. A perfect prologue to a supper of cold cuts, deviled eggs, cheese, sliced tomatoes and stuffed olives, with a dessert of spiced pineapple.

### SUPPER PLATTER

Heat pkg. frozen creamed spinach according to label directions. Meanwhile, fix scrambled eggs in your usual way. To serve, spoon the fluffy scrambled eggs in center of platter; arrange creamed spinach at one end and slices of chilled smoked salmon or boiled ham at the other. Good with buttered pumpernickel bread, tomato and cucumber salad and a dessert of Angel cake and coffee.

### TAMALE SKILLET MEAL

1/2 cup chopped onion, 1 tbs. butter or margarine, 1 lb. can beef tamales in sauce, 1 lb. can (2 cups) cream-style corn, 1 8-ounce can seasoned tomato sauce, 1/2 to 1 tsp. chili powder, salt and pepper to taste. 1 cup shredded sharp process American cheese, 1/4 cup sliced pitted olives.

In a large skillet, cook onions in butter till tender but not brown. Add sauce from tamales, stir in corn, tomato sauce and seasonings. Simmer uncovered 5 minutes. Add half the cheese. Cut tamales in half lengthwise and arrange cut side up, spoke fashion, in skillet. Heat through. Garnish with remaining cheese and sliced tomatoes.

### TEXAS CHILI WITH AVOCADO

Heat one 10-1/2 ounce can chili without beans to bubbling. Peel and dice 1 avocado; reserve some for garnish. Add remainder to chili and heat briefly. Pour into bowls and top with rest of avocado. Pass corn chips.

### QUICK ITALIAN SUPPER

4 slices bacon, 1/3 cup chopped onion, 1/3 cup chopped celery, 1 3 ounce can broiled sliced mushrooms, drained, 1 1 lb. can spaghetti in tomato sauce. Fry bacon till crisp. Remove from skillet and drain on paper towel; crumble. Pour all but 1 tbs. drippings from skillet and add celery and onion. Cook until tender but not brown. Add mushrooms and spaghetti; mix carefully, heat--sprinkle bacon over top. Just heat garlic bread and make a tossed salad to complete meal.

### STEW IN A FLASH

2 lbs. ground beef, 3 green onions, chopped, 1 tsp. salt, 1/4 cup cooking sherry, 1 tbs. dry mustard, 1/2 tsp. thyme, 1/4 tsp. pepper-flour, 3 tbs. salad oil, 1 1 lb. can tiny whole carrots, 1 3 ounce can mushrooms, 1 1 lb. can whole onions drained. Thoroughly combine first seven ingredients; shape in walnut-size meat balls. Dust lightly with flour and brown on all sides in hot oil for (about 10 minutes). Add carrots with liquid, mushrooms with liquid, and the drained onions. Cover and heat through.

**Register to Vote Now!**

**FRIENDLY LIQUOR SPECIAL**

**Blue Line Gin**

**\$1.93 pint**

**616 W. BONANZA**



# Is Like A Melody



IF IT BE TRUE that pretty is as pretty does, lovely Yolanda McKinney would still be a pretty girl even if she were not so handsomely endowed. A summer clerk at the Ben Franklin store in the Golden West Shopping Center, Yolanda will begin her senior year at Rancho High School comes September... In the meanwhile, she wins the VOICE'S nomination for the town's prettiest girl who is a real "Lady" in every sense of the word.

## Curtain Timers Casting

The City-Sponsored Recreation dramatic group, the Las Vegas Curtain Timers' next production will take place during the last two weeks of September at the Mint Hotel, with Agatha Christie's 3-act chiller, "Ten Little Indians" set for four performances, according to Nick Sylvester, drama director.

Try-outs for the mystery will be held during the weekly workshops beginning the latter part of July. All interested persons wishing to join the dramatic group should attend the weekly workshops held at the Clark County Education Center, located at Flamingo and Eastern, every Monday night beginning at 7:30 p.m.

The workshops consist of various forms of improvisations, cold readings, script reading, and exercises dealing in memory work, emotions, and expanding the imagination.

The Curtain Timers' first two presentations "Come Blow Your Horn" and "The Cradle Snatchers" (both comedies), were acclaimed by critics and audiences alike, and established the dramatic group as one of the finest Little Theatre Groups to be found anywhere.

### ... DOT'S TIPS ...

A half lemon on a shelf in the refrigerator will help absorb odors.

Cover unused stove burners with pie pans and the clean-up job will be easier...

Men who prefer an unscented deodorant might try baking soda, patting it on dry, as powder. It is as economical as it is effective.

# 4,000 Negroes Register In Mississippi During "Meredith March"

JACKSON - (NPI)--The end of 260-mile Memphis to Jackson protest march which, several times during its 20 days, saw events transpire that could have exploded to overwhelming proportions, ended Sunday as some 12,000 to 15,000 civil rights advocates jubilantly pressed around the State Capitol.

BY THE TIME the march had reached its destination, its numbers had swelled to such a figure that it had become the third largest demonstration in civil rights history, surpassed only by the 1964 March on Washington and the Selma-Montgomery march in 1965.

The effect of the march--aside from the shooting of Meredith, a brief fist encounter in Philadelphia (Miss.) and the teargassing of marchers--seems to have had a salutatory effect upon Mississippi Negroes. The Justice Department reported that more than 4,000 Negroes in 14 counties had registered to vote since the beginning of the march. The largest increase was reported to be in Grenada county, which racked up 1,200 new voters.

In another instance, St. Joachim Catholic mission school for Negroes, near Carthage, was destroyed by fire of mysterious origin last week. According to a staff member at the school, dynamite had been thrown on the school grounds on several occasions since it began classes for Negro adults last February.

The school has served as refuge to marchers when they were passing through Canton and Philadelphia. Though there is no definite link between the march and the fire, the FBI is reportedly looking into the burning for possible violations of Federal law.

# HOUSING REQUIRED

**SEVERAL HUNDRED PERSONS WILL BE DISPLACED BY FREEWAY CONSTRUCTION IN THE LAS VEGAS AREA.**

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