


ADMIRAL 21" TABLE MODEL	\$25	★★★★★★	SILVERTONE 21" PORTABLE	\$60
ZENITH 21" TABLE MODEL	\$35	Bud's TV 	ADMIRAL 17" PORTABLE	\$35
BLONDE CONSOLE CBS	\$19 ⁹⁵		RCA TABLE MODEL	\$24 ⁹⁵
G.E. 21-INCH	\$19 ⁹⁵		MOTOROLA 21" TABLE MODEL	\$29 ⁹⁵
Any TV Repaired Maximum Charge \$10 (Picture Tube Excepted)				

TIP FROM THE PROS

Somewhere out there, where skies are sunny and breezes are warm, the voice of the umpire is heard in the land.

"PLAY BALL!"

With an assist from jet-age transportation and television, the national pastime has been beating out the robins and crocuses in the harbinger department. Even while the groundhogs and other beasts were still hibernating, young men's fancies were slightly turning to thoughts of gloves, baseballs and bats.

Such premature spring fever doesn't do any real harm, the Nevada Heart Association agrees, but now that spring is really hitting home, watch out! That's when all the would-be boys would burgeon into athletes overnight.

THE CALL OF THE WILD PITCH is irresistible, we know, but before you get on your charley horse, take a tip from the pros, the Nevada Heart Association cautions. They're in top shape on opening day, but you're not. And there's the rub--or the rubdown.

Way back in February (remember?), they were working out down south--even though it looked like play on the TV tube. They were getting into playing condition with daily practice, carefully paced to tone and strengthen idle muscles after a long winter layoff, without strain or sprain. Weeks of this kind of day-in, day-out conditioning preceded the opening of the regular season.

And these are professional athletes, most of them on the sunny side of thirty. Their physically active way of life gives them an important extra advantage over the sedentary fraternity in terms of general health, and, more specifically, in terms of heart health.

Can you say the same for yourself? Check off these points on your scorecard: age? weight? occupation? Do you get a moderate quota of exercise every day? just on occasional weekends? or just on your vacation?

For most men in this automated, motorized, mechanized era, work involves minimal muscular activity. Our recreation, too, is, for the most part, passive in form.

IT WOULD BE A GOOD IDEA to break this pattern, you're thinking? And why not now, when spring beckons? You're right, so far. But whatever the season, start with a short, easy workout. Pace yourself gradually, and stick to one basic rule: blow the whistle when you've had enough. Come June, you may be able to go the distance in a Sunday game with your youngsters--if they'll have you on the team.

And you'll be in better condition for tennis, swimming and other summer sports that can make or break your vacation. You will look better, feel better, and you'll be doing your heart a favor--especially if the habit takes, and a daily constitutional becomes part of your way of life in all kinds of weather.

Support Merchants who Support Your Press


★★★★★★★★★★★★★★★★★★★★

EL RIO CLUB

GAMBLING CASINO

and
CHINESE-AMERICAN RESTAURANT

Wine
Liquor



Beer
Barbecue

KENO '21' CRAPS

"Slots That Pay"

REVERE & "H" STREET
LAS VEGAS, NEVADA

★★★★★★★★★★★★★★★★★★★★

Baldwin Homes Is Featuring CRASH RENTAL PROGRAM 85 Homes For Rent

All Locations Available

- 2 Bedrooms & Bath 108 per month
- 3 Bedrooms & Bath 115 per month
- 3 Bedrooms & 2 Baths 126 per month
- 4 Bedrooms & 2 Baths 136 per month
- 5 Bedrooms & 2 Baths 141 per month

These Homes Include The Following Features:

- ★ Front Lawn
- ★ Sprinkling System
- ★ Block-Fenced Yard In Rear
- ★ Houses Brought Up To Tract Requirements

Models Open Until 8:30 p.m.

Models at Carey & West

Call 642-2651 or 642-5462