## ints for omemakers

by SONDRA REID

## HERE'S MORE ABOUT sauce **OUTWITTING STAINS**

Here are some additional hints on how to get those nasty stains out of your children's school clothing. Last week we offered suggestions by McCall's equipment editors on how to remove food stains. This week we take a look at how to treat a wide variety of miscellaneous stains.

CHEWING GUM: Use a dull knife to scrape excess gum gently from the fabric. (If material does not water spot, first rub with ice to harden

gum.) Sponge with a grease solvent. Launder if washable.

CRAYON: Scrape off as much wax as possible with a dull knife. Rub with a liquid detergent and rinse, repeating process if necessary. For fabrics that cannot be washed, sponge with a grease solvent.

GLUE: For most fabrics except Acetate, Arnel and Dynel,

sponge stained area with acetone. (We recommend first testing the acetone in an inconspicuous area of the hem or seam.) Let the glue dissolve, then launder if garment is washable. The glue itself may dissolve acetate; if it has not, sponge with Amyl Acetate (banana oil), then wash and rinse.

Sondra Reid

GRASS: For washable garments apply liquid detergent to stain and work thoroughly into the fabric. Rinse well. If stain remains, soak in a bleach solution and rinse. For non-washable garments, sponge spot with grease solvent;

consider the need for professional treatment. GREASE and TAR: Follow procedure for

butter, cod liver oil given in last week's paper.
INK (ballpoint): For washable fabrics, rub petroleum jelly into spot. Then hand scrub with hot water and liquid detergent. Follow by spong-ing with rubbing alcohol or bleach solution if necessary. Rinse thoroughly. If fabric is nonwashable, treat with a grease solvent.

INK (washable): Soak in warm water, launder.

INK (permanent): Sponge with a grease solvent. Soak stubborn stains in a bleach solution.

LEAD and COLORED PENCILS: If a soft

eraser won't remove the marks, work liquid detergent into stain and rinse well. For heavier marks, apply several drops of ammonia and repeat the detergent and rinse treatment.

MUD: Allow mud to dry completely, then brush well. If stain remains, sponge with cold water, rub liquid detergent into spot, then launder.

(FOR white and colorfast cotton, linen Nylon, Rayon, Acetate, Dacron, Orlon, Acrilan, Kodel, Arnel and blends of these fabrics you can use a bleach solution made by mixing two tablespoons of chlorine bleach in a quart of cold water. Soak stain 5 to 15 minutes. Rinse well and repeat the treatment if necessary. For the above fabrics and others like silk, wool, and unfast colors, mix two tablespoons of monopersulfate bleach such as Beads O' Bleach in a quart of warm water, depending on fabric. Soak 15 to 30 minutes. Rinse well. Repeat if necessary.)

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## KIDNEY BEANS STAR IN LAYERED CASSEROLE

Give kidney beans a new look in a layered casserole.

KIDNEY BEAN BAKE

2 1/2 tsp. brown cooking

1-lb. can kidney beans 1/2 cup quick-cooking

2 1/4 tsp. chili powder 1 1/2 tsp. salt

Dash pepper Dash garlic powder 1/4 cup finely chopped onion

1/4 cup finely chopped celery

1 1/2 lb, ground beef 8-oz. can tomato sauce 1/4 tsp. oregano Chopped parsley

Combine egg, 2 tsp. brown cooking sauce and

Real Wild

AFRICAN MOTIF--An

intriguing African Zig-

Zag gown is modeled by

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5 by Alpha Rho Chapter

liquid drained from beans in mixing bowl. Stir in cereal. Add 2 tsp. chili powder, salt, pepper, garlic powder, onion and celery and mix well. Add meat, mixing lightly but well. Spread 1/2 meat mixture evenly over bottom of 8-in. square baking dish. Arrange beans over meat and top evenly with remaining meat mixture. Bake at 350 deg. 30 min.

Combine tomato sauce, oregano, remaining 1/2 tsp. brown cooking sauce and 1/4 tsp. chili powder. Blend. Pour off any excess fat from meat mixture and pour tomato mixture over meat. Bake 30 min. longer. Garnish with chopped parsley. Makes 6 servings.



FUTURE BALLERINAS--Instructors Tatiana (rear left) and Dee Dee Lynn (rear right) pose with some of their pupils at Miss Lynn's School of Dance, 815 West Owens. Seated (from left) Ethel Blackmon, Tracy Moody and Arnella Kincherlow; (second row from left) Deniece Lightford, Renee Tyler, Tujuana Brown, Kiki Brown and Lorraine Brown.

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