

Hints for Homemakers

by **SONDRA REID**

Vegetable Oil vs. Solid Shortening

When a cake or cooky recipe calls for a solid shortening, many cooks wonder if a vegetable oil may be substituted. If this is done the results will be unfortunate.

When the recipe calls for the shortening to be melted before combining with the other ingredients, vegetable oil generally can be used. However, cake recipes have a delicate balance between the sugar-shortening ratio to produce a batter which results in the delicate texture characteristic of cakes.

Cakes developed using vegetable oil have a different texture from conventional recipes. An example of this is the Chiffon Cake. The texture is more solid than in most layer cakes.

BUTTERSCOTCH BROWNIES

1 cup brown sugar, packed
1/4 cup oil
1 egg
1/2 cup chopped walnuts
1 tsp. vanilla
2/3 cup sifted cake flour
1 tsp. baking powder
1/2 tsp. salt

Combine sugar and oil, blending well. Add egg and beat well. Add walnuts and vanilla. Sift together flour, baking powder and salt and stir into first mixture. Turn batter into a greased and floured 8x8x2-in. pan. Bake at 350 deg., 25 to 30



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min. Cut into squares while warm. Makes 16.

ORANGE CAKE

2 1/4 cups sifted cake flour
1 1/2 tsp. salt
3/4 cup sugar
1/2 tsp. baking powder
1/2 cup oil
1/2 cup water
4 eggs, separated
1 tbsp. grated orange peel

Sift together flour, salt, 1/2 cup sugar and baking powder. Make a well and add in order, oil, water, egg yolks and orange peel. Beat until smooth and well blended, about 1 min. Beat egg whites until stiff but not dry then gradually beat in remaining sugar. Fold egg whites into first mixture. Turn batter into greased and waxed paper lined 9-in. square pan. Bake at 325 deg., 45 to 50 min., or until done. Let cool about 15 min. before removing from pan. Frost as desired.



Use Frozen Bread for Cheese Rolls

Frozen bread is the shortcut to brandy-flavored cheese rolls for breakfast, brunch or lunch.

EXOTIC CHEESE ROLLS

1-lb. loaf frozen ready-to-bake bread
1 tbsp. brandy or rum
1/4 cup golden raisins
1/4 cup sugar
1 tbsp. flour
8-oz. pkg. cream cheese, softened
1 tsp. butter or margarine, melted
1 tbsp. dairy sour cream
1/2 tsp. grated lemon peel
1/2 tsp. vanilla
3/4 tsp. sugar
3/4 tsp. cinnamon

Remove bread from package and allow to soften at room temperature 1 hr. Cut into 12 pieces and roll into 15-in. ropes. Wind each to form a loose pinwheel and place 2 in. apart on greased cooky sheet. Pour brandy over raisins. Blend sugar and flour and add to cream cheese. Add butter, sour cream, lemon peel, vanilla and brandy-raisin mixture, blending well. Place about 2 tbsp. cheese mixture in center of each pinwheel. Combine sugar and cinnamon and sprinkle over rolls. Let rise in a warm place until doubled or tripled in volume. Bake at 375 deg. 15 min. or until done. Makes 1 doz.

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