

# Hints for Homemakers

by **SONDRA REID**

## There's More to Salad Than All the Greens

Green salads are so universally popular that meal planners sometimes forget there are other salads.

A different salad can highlight other vegetables, and with rich rewards in appetite appeal. Cucumbers, beets and other veg-

cucumber mixture and place on lettuce leaves. Garnish with cherry tomatoes. Serve with mayonnaise, if wished. Makes 6 servings.

### RED AND GOLD SALAD

6 to 8 cooked beets or 1-lb. can sliced beets  
1/2 cup oil and vinegar dressing  
3 hard-cooked eggs  
6 lettuce leaves

Drain beets well and slice. Combine with dressing, mix lightly to coat beets well, cover and refrigerate 1 to 2 hr. Meanwhile, slice eggs and remove yolks. Cut whites into half-circles. Sieve yolks. Drain beets and arrange on lettuce leaves. Arrange semi-circles of egg white around beets and top with sieved egg yolk. Serve with mayonnaise, if wished. Makes 6 servings.

### FRESH VEGETABLE CHOP CHOP

1 cucumber  
1 green pepper  
3 green onions with tops  
1 med. tomato  
2 stalks celery  
2 carrots  
1 tsp. seasoned salt  
Dash hot pepper sauce  
1/4 cup (about) French dressing  
6 lettuce leaves

Peel cucumber and remove seeds and ribs from green pepper. Dice cucumber, green pepper, green onions, tomato, celery and carrots fine. Combine vegetables and sprinkle with seasoned salt and pepper sauce. Toss to blend. Add French dressing just to moisten and toss. Serve on lettuce leaves. Makes 6 servings.

### CUCUMBER COOL SALAD

1 cucumber  
1 small sweet onion  
1 tsp. seasoned salt  
1/4 tsp. cracked pepper  
1/2 cup white vinegar  
1/4 cup water  
6 lettuce leaves  
12 cherry tomatoes

Peel or score cucumber and slice thin. Peel onion, slice and separate into rings. Layer cucumber and onion into bowl, sprinkling each layer with seasoned salt and pepper. Mix vinegar and water and pour over cucumber mixture. Cover and refrigerate 4 hr. or longer. Drain



**Sondra Reid**

ables take leading parts in salads to bring everyday meals out of a monotonous rut.

These combinations are nourishing and refreshing, yet lettuce and other greens are used as crisp garnishes rather than the major part of the salads.



CONGRATS, SATCH!—World famous jazz musician Louis Armstrong is all smiles as he celebrates his birthday and the nation's last Sunday. Satchmo was born on July 4, 1900, in New Orleans, which should make him a real "Yankee Doodle Dandy" despite his Dixie origin.



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←MODEL DELEGATE-- Mrs. Gwen Grier of Denver models wig and "formal pants" of her own design at fashion show held in conjunction with last week's national NAACP convention in Colorado city. Unusual costume was well received.

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