

Hints for Homemakers

by SONDRA REID

BAKED CUSTARD POPULAR DESSERT

Baked custard has been a favorite dessert for many years and there are many variations. A plain and caramel custard are the most popular and both are fairly simple to make.

True custards consist only of milk, eggs, a little sugar and flavoring. Whether they are baked, stirred or steamed, the

possible without covering custard tops. This conducts the heat through the mixture to cook it evenly throughout.

Don't cook the custard too much. Remove it from the oven when a small area in the very center is still liquid.

FLAN DE LECHE (Spanish Style)

- 3 cups sugar
- 1/2 cup water
- 6 eggs, slightly beaten
- 1 tsp. vanilla
- Pinch of salt
- 2 cups milk, scalded

In a small heavy skillet, slowly heat 1 cup sugar and 1/2 cup water until it becomes a golden syrup. Pour into 6 greased individual custard cups. Beat eggs only slightly, add remaining sugar, vanilla and salt. Add scalded milk slowly, stirring, then strain through cheesecloth. Pour into custard cups carefully so caramel is not disturbed. Place in pan and pour in boiling water almost to top of cups. Bake at 350 deg., 30 min. Chill well. To serve turn upside down onto dessert dish. Makes 6 servings.

CARAMEL CUSTARD (American Style)

- 3/4 cup sugar
- 1/2 cup water
- 2 tbsp. sugar
- 4 eggs, slightly beaten
- Pinch of salt
- 3 cups milk, scalded
- 1 tsp. vanilla

Sift 1/2 cup sugar into hot aluminum skillet,

shaking skillet vigorously. Heat, stirring with wooden spoon, until sugar melts and turns pale golden. Remove from heat at once and add water then the 2 tbsp. sugar. Simmer over low heat until mixture reduces to 1/2 cup syrup. Pour into greased custard cups. Beat eggs slightly with 1/4 cup sugar and salt. Add milk slowly, stirring constantly. Add vanil-

la, strain then pour carefully into cups. Place cups in pan of boiling water, reaching almost to tops of cups. Bake at 325 deg., 35 to 45 min., until custard tests done. Remove from oven, cool then refrigerate and serve cold. To remove custards, run knife around edge and invert onto plate. Serve plain or topped with whipped cream. Makes 6 to 7 servings.



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cooking principles are the same. Low temperature is necessary for success. Overcooking causes eggs to toughen and milk to curdle.

The eggs are beaten only lightly—just enough to mix yolks and whites. Scalding the milk cuts down on the baking time and it is best to strain the combined mixture through cheesecloth or fine muslin to eliminate the strings in egg whites but this step may be omitted if the strings are removed beforehand.

Custards, whether in individual cups or a casserole, are placed in a deep pan which is filled with as much boiling water as



Corned Beef Hash Is Easy Stuffing

Canned corned beef hash is an easy stuffing for tomatoes baked with a cheese and corn chip topping.

HASH STUFFED TOMATOES

- 6 med. tomatoes
- 2 15 1/2-oz. cans corned beef hash
- 1/2 tsp. salt
- 1/2 cup grated Cheddar cheese
- 1/2 cup crushed corn chips

Cut a thin slice from stem end of each tomato. Scoop out pulp. Combine pulp, hash and salt and stuff mixture into tomato shells. Place in shallow baking dish. Top tomatoes with grated cheese and sprinkle with corn chips. Bake at 350 deg., 35 min. Makes 6 servings.

No. 1 in a Series You May Be Eligible For Social Security

(This is the first of a four-part series on Social Security Administration prepared for VOICE readers by E.H. Cocks, district manager of the Bureau of Old Age and Survivors Insurance of the U. S. Dept. of Health, Education & Welfare. Additional information is available at the district office, 601 South 13th St., Las Vegas, telephone 382-6771)

YOUR INTEREST in social security provides you with a lifetime insurance policy which provides protection in case of permanent disability, death, or retirement. This protection for you (as the worker) and your family begins early in your working lifetime and continues until the need arises for payments to be made.

Retirement payments may be made at age 62 in a reduced amount, and full benefit payments are made if application is not made until age 65. Many workers are unaware of the protection social security affords their families in the event of their total disability or untimely death.

Disability payments are made to eligible workers at any age and to their qualified dependents. A waiting period of six months after the onset of disability is required before payments can be made.

Survivors' payments are made to minor children until age 18 and to the widow at any age as long as she has a minor child of the wage earner in her care. Widow's benefits are payable at age 62 even though there are no minor children. Parents of the deceased worker who were dependent on the worker for at least one-half of their support may also be eligible for monthly payments. A lump sum death payment, not to exceed \$255, is also payable on the worker's account.

Disabled children, at any age, may also become entitled to benefits. The child's disability must have occurred before age 18. These payments are made on the account of a retired, disabled, or deceased parent.

(To be continued.)

Fashion in the News

PARIS.

While mature women are dying to look young, young French girls are currently trying equally hard to look like their grandmothers—if not their great, great, grandmothers.

Actually, they are torn between two periods—the Victorian rococo era and the mad twenties.

This is acutely evident at Dorothee bis, an avant-garde Left Bank boutique which, for the last two years, has had a huge success being the radar of young girls' fashions.

With young and equally adventurous designers such as Christiane Bailly, Michele Rosier and Emmanuelle Khanh in the background and enthusiastic promotion from women's magazines, this new "old" look is already gaining considerable ground in Paris.

"It's natural," said Elie Jacobson, energetic owner of Dorothee bis. "After the tough, sportive look, the pendulum is swinging back. Now, the girls want to look feminine."

When they say "feminine," those girls really mean it, too.

For instance, they do not hesitate to put together a black cloche, a clutch coat dripping with black fox and lacey black stockings. Strangely enough, on young, sexy little things, this blatant harking back to the twenties does not look sad or tired a bit. Somehow, it's the twenties all right—and yet, it isn't.

Another best-seller at Dorothee bis is a long, tight, ribbed pullover worn with a loose belt. "Very Dolly sisters," Mr. Jacobson said.

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