

# Hints for Homemakers

by SONDRA REID

## FALL FASHION PREVIEW

It must be a great relief to the bra manufacturers to note that there are no transparent evening gowns in the fashion picture for the coming fall despite the big buildup accorded Oleg Cassini's "nude" creation for Carroll Baker in her local appearance last week to publicize the "Station Six--Sahara" film.

Cassini, widely known for his numerous contributions to Jacqueline Kennedy's wardrobe, recently unveiled his fall collection for fashion editors attending the American Designer showings in New York City. Compared to some of the dramatic developments of the past month or two, Oleg's designs are quite modest. The closest he comes to transparency in his Young America line is to slit a ple-shape out of those low necklines



Sondra Reid

and fill it with simulated nude fabric. A black velvet dress, for instance, has a bust covered in nude fabric and criss-crossed with velvet latticing.

Cassini's bathing suits, unlike the topless variety introduced by Rudi Gernreich recently, are bare only at the back to the waist. ("It can be worn both ways," he quipped, but you may be sure he didn't mean it.)

His collection has many solid colored basic dresses with full skirt worn under jackets of tweed or contrasting colors.

Incidentally, Oleg is playing quite a trick on the French designers who invade his American market. He's opening his own business in Paris in the fall!

Many designers are easing the skirt. Christian Dior's contribution in this area, for all hours of the day, is a culotte effect in the front of the skirt. Pleats also are being used to ease the skirt. Still another effect is an important new dress silhouette, princess in feeling, with a bias cut skirt that almost produces a fold in front.

Dior is far from exposing the bosom, for the newest look at his famous house of fashion features giant butterfly bows under the neck, with wings spreading out to the shoulders. He likes cranberry, all shades from frosted to pale.

# Most of Carrots Come From California in July

Almost all of the fresh carrots appearing on the nation's grocery counters in July come from California, according to the U.S. Department of Agriculture.

Early summer planting shipped from early May through August supplies the heaviest crop of the year. With 40% of the early summer crop going directly to western markets, carrots are again on the USDA July plentiful foods list.

Three main varieties are produced in California—Chantenay, Nantes and Imperator, with sizes ranging from 4 1/2 to 8 in. long.

Chantenay, the shortest variety, is an all-purpose carrot, light to deep orange in color with an indistinct core. This variety contributes 42% of the total crop.

Nantes, 6 to 7 in. long,

is fine grained, tender and almost coreless. It, too, is a good all-purpose variety.

The Imperator variety, largest of the carrots, accounts for 23% of California's crop. These slender carrots taper to a blunt end. They are deep orange and fine-grained, and are produced mostly for bunching and prepacking.

Carrots are used in a variety of ways to provide nourishing meals and lend color and texture to vegetable, meat and salad dishes, as well as soups. These recipes show their versatility as a vegetable dish and salad.

Mashed carrots, mixed with corn flakes, seasoned with onion and celery and formed into patties, are fried for a different vegetable course. A nest of shredded carrots surrounding a cottage cheese and sweet pickle mixture makes an attractive salad.

Quartered carrots go

gourmet in a sherry sauce creation.

### WESTERN CARROT BURGERS

- 4 cups corn flakes
- 1 1/2 cups mashed, cooked carrots
- 1 egg, beaten
- 1 tbsp. minced green onion
- 1/4 cup minced celery
- 2 tsp. salt
- Pepper to taste

Crush corn flakes into fine crumbs. Mix half the crumbs with carrots, egg, onion, celery and seasonings. Shape into patties. Dip in remaining crumbs. Fry in shallow hot fat until brown on both sides, turning only once. Makes 8 burgers.

### CARROT NESTS

- 1 cup cottage cheese
- 1/4 cup chopped sweet pickle
- 1 tbsp. pickle juice
- 1 1/2 cups shredded carrots

Combine cheese, pickle and juice. Arrange carrot

in crisp lettuce. Place mound of cottage cheese mixture in center of nests. Serve chilled with French dressing. Makes 4 servings.

### CARROTS WITH SHERRY

- 2 lb. carrots
- 3 tbsp. butter or margarine
- Salt, pepper
- Dash sugar
- 1/2 cup sherry
- Water to cover

Cut carrots in halves crosswise, then halves lengthwise. Saute in butter, turning until well coated. Sprinkle with salt, pepper and sugar to taste. Add sherry and simmer 5 min. Add enough water to cover and cook covered 15 min., or until carrots are tender. Uncover and cook over high heat about 10 min. until a little liquid remains in pan. Garnish with minced parsley, if wished. Makes 6 servings.

## First Rights Law Arrests

GREENWOOD, Miss.—Three local white men last week became the first persons in the nation to be arrested for suspected violation of the new Civil Rights Act. Agents of the Federal Bureau of Investigation took the trio into custody for allegedly beating a Negro because he entered a Greenwood theater on July 4, two days after the new law was enacted.

Victim of the alleged assault was Silas McGhee, 21.

The arrests followed another alleged beating inflicted on McGhee on July 16, the same day Greenwood police jailed 111 integrationists for staging a voter registration demonstration outside the courthouse.

An agent said McGhee staggered into the FBI office bleeding profusely around the head and in a state of shock. He was taken to a hospital by FBI agents.

According to a spokesman for an integrationist group, McGhee was standing in a voter registration line July 16 when he saw several white men who had first beaten him July 5, the day after he and several other Negroes had attended a movie at the Le Flore Theater.

McGhee, according to the integrationist spokesman, left the voter registration line and went to the FBI office to report seeing his assailants. When he left the office, three white men forced him into a car at gun-point and he was driven to a garage where he said he was struck with a pipe and a board.

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