

Hints for Homemakers

by **SONDRA REID**

ORGANIZING WORK CENTERS

KITCHEN WORK CENTERS are arranged with the idea that all equipment for a task should be in one area. A receiving center for supplies should be close to the refrigerator and other storage space. Utensils and supplies for preparing a meal should be stored near the work surfaces where they are to be used in cooking, and those surfaces should be next to the range, making a meal-preparation unit.



Sondra Reid

The sink is the center of the cleaning-up unit. The serving space and table for eating make another center. Organization into well-equipped centers results in simplification of the work to be done in the kitchen, shortening the time and reducing the labor.

Regardless of the size and shape of a kitchen or of the simplicity of its equipment, its arrangement into well-organized work centers is important.

FOOD RECEIVING, STORAGE CENTER

FOOD IS RECEIVED, sorted, cared for, and as far as possible, stored in this center. Some provisions go to the sink for care and are then placed in the refrigerator. Other items may be stored in cabinets, in the home freezer, or in the pantry.

If the center is carefully arranged and equipped, a minimum number of steps will be taken in going from the counter or table for sorting, to the sink for washing and to the refrigerator and other storage areas. A wheeled cart or trays will save many steps.

(Next week: FOOD PREPARATION CENTER.)

Fashion Corner

NEW STYLES FOR YOUNG AT HEART

THERE IS BIG NEWS this spring, for the waist has moved low, down to mid-hip, so the peppiest, prettiest outfits for the fun and sun days tell us.

The bloused portion of a dress is not bunched but rather softly gathered at the hips from a fitted shoulder line.

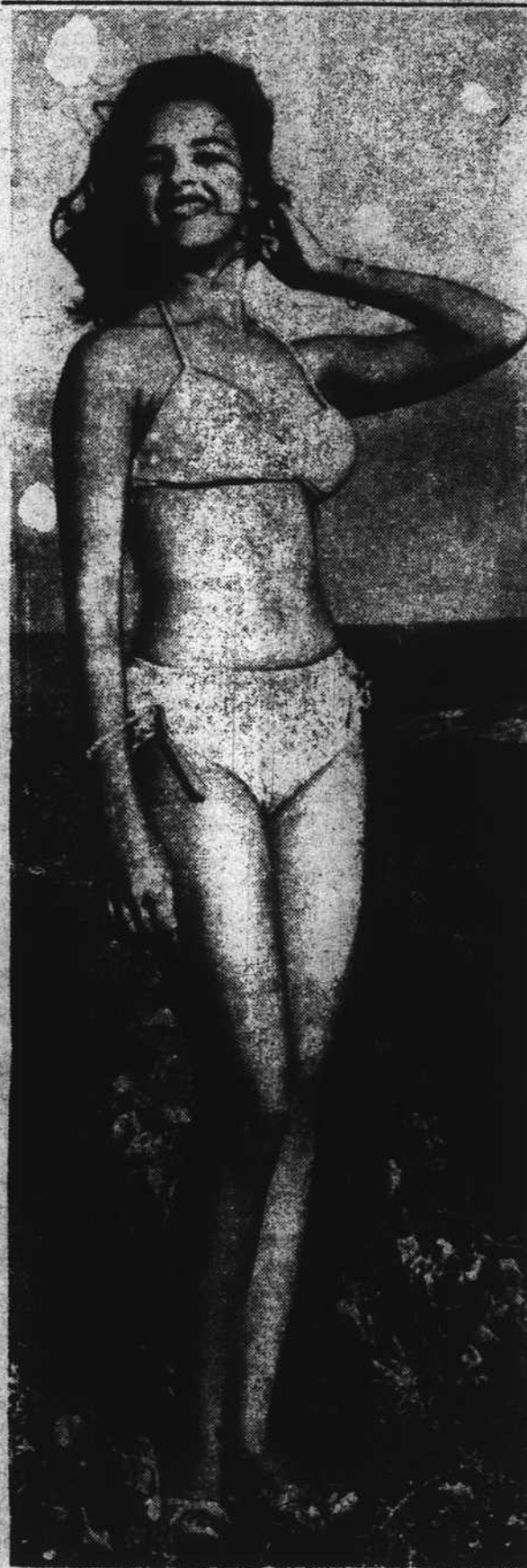
The special feature is the dropped belt which lends it's self to the fashions of the '30's, displaying the very slim look with just a hint of shape.

Straight hanging overblouses play starring roles in the fashion picture. Many have the straight sweater feeling and are often sleeveless to meet the needs of the hot summer days.

ARA PARSEIGHIAN is getting laughs on the banquet circuit with his explanation of why he took so long to sign as new football coach at Notre Dame. Ara, an Armenian, claims: "Father Joyce wanted a shamrock on the helmets and I was holding out for a camel crossing the desert."

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Fashions & Social Events



MISS WORLD of 1964
Carol Joan Crawford of Jamaica

JIM McMILLAN IN STATE TEST AT RENO

James B. McMillan, Jr., 17-year-old son of Dr. James B. McMillan, prominent West Las Vegas civic leader, will be among those seeking state honors in the annual Forensic and Drama Festival at the University of Nevada in Reno on May 7-9.

Jim, a junior at Rancho High, helped his team capture the Sweepstakes Trophy in the recent Clark County oratorical contest at Western High by placing first in the "Original Oratory" category. His subject was "Liberty," particularly appropriate for a budding Negro lawyer.



J. B. McMILLAN, Jr.
Oratorical Champion

Rancho students were winners in two of the other nine categories in the county meet and picked up enough points for second and third place finishes to edge host Western for the team title.

WIN CITY OFFICES

Murfreesboro, 12th largest city in Tennessee with a population of almost 20,000, has elected its first Negro city councilman.

Robert Scales, an undertaker who also owns two restaurants, drew 1,147 votes from both whites and Negroes to lead 17 white candidates seeking four seats.

Despite pre-election reports that Scales would be repudiated by Negro voters because of his pleas for moder-

ation in civil rights demonstrations, he carried the city's largest precinct--predominantly colored--as well as one precinct dominated by whites.

Landy Harrell, 47-year-old junk dealer, is the first Negro to sit on the city council of Grand Coulee, Wash. A native of Nebraska and father of seven, Harrell expressed pleased surprise after defeating an incumbent in the recent city election.

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