

Lends Ships To South America

The way the international wind blows is indicated by the proposal that the President be authorized to lend a number of decommissioned World War destroyers to South American countries. These destroyers would be kept in good operating condition, could be immediately recalled by the United States if needed by us.

It is unthinkable that the U. S. plans a war of aggression. No country desires peace more. But, at the same time, the outlook in world affairs is so grave that we are expanding our military resources on an unprecedented peace-time scale.

The old naval treaty between England-Japan-U. S., is, to all intents and purposes, dead. Japan and England are building ships on a vast scale, and the U. S. has announced that she will mount 16-inch guns, banned by the treaty, on the two super men-of-war now in process of construction.

It is forecast that the navy department will request a still bigger appropriation from the next congress.

WEDDING RING FOUND AFTER 25 YEARS LOSS

Twenty-five years ago a girl of two lost her mother's wedding ring in the back yard of her home at Cudjee, Victoria, Australia. Recently the same daughter, now 27, found the ring almost on the surface of the soil in the same garden. It was untarnished and unscratched. — Australian Press Bureau.

LIFE AFTER FORTY

Life may begin at forty, but for some people with neglected teeth it is an age of disease and poor health, says a current bulletin by the Dental Institute of America, which reminds us that youthful bodies have great resistance to physical ailments, but by forty there is frequently little reserve to draw upon against long established infection.

Much of the ill health of middle age may be traced to poor dental care in early life, a leading medical scientist recently declared.

Saving the teeth means both retaining good looks and repelling disease. Rheumatism, stomach trouble, kidney disturbances and heart disease are often directly traceable to infected teeth that could have been preserved by regular dental supervision in early life.

Dental infections are acute, sub-acute and chronic in character, the same authority explains. The acute, while probably most painful, is the least dangerous because it is seldom overlooked.

The sub-acute, and more often the chronic forms, are considered most dangerous. Their symptoms are often hidden deeply beneath the surface and disclosed only by the X-ray.

A clean mouth, with sound teeth, is a bulwark against disease. Proper care of the teeth from babyhood is essential to preservation of good health for the years after forty.

JUST AS DEAD

War may not have been declared in the Far East, but men, women and children who have been blown to pieces are just as dead as though it had been.—Cleveland Plain Dealer.

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A Starlet's Favorite Lunch



THERE is nothing more tempting to children or grownups than a delicious plate of tender green vegetables, garden-fresh, cooked just enough to be palatable and yet retain some of their raw crispness. Add a glass of fresh cold milk and you have a lunch fit for a queen—or a princess of the movies.

Virginia Weidler, Paramount starlet currently appearing in "Souls at Sea," likes nothing better, and

here's the way her mother recommends preparing them.

To keep green vegetables crisp and fresh in color, drop them into rapidly boiling water and cook uncovered just enough to be tender. In the case of cabbage and cauliflower which develop a strong flavor if cooked long or covered, a large amount of water should be used.

Cover with plenty of butter and serve piping hot.

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