

THE CHURCH WORLD



**ANNOUNCEMENTS
CATHOLIC CHURCH**

Saturday the 15th
10:00 A.M. Instructions for children.
7:00 P.M. Confessions.
Sunday the 25th
7:00 A.M. Mass.
8:00 A.M. Mass.
8:45 A.M. Sunday School.
10:00 A.M. Mass.
7:30 P.M. Evening services.

L. D. S. CHURCH

Sunday the 16th
10:00 A.M. Sunday School.
6:00 P.M. Evening service.
Monday the 17th
7:00 P.M. Mutual Meeting.
Tuesday the 18th
7:30 P.M. Geaneology meeting.

METHODIST CHURCH

Sunday the 16th
9:45 A.M. Church school.
11:00 A.M. Morning Service.
6:30 P.M. League.
7:30 P.M. Evening Services.

SHOPPING NEWS ADS

**PAY GREATEST DIVIDENDS
ON DOLLARS INVESTED**

YOUR CHILD AND THE SCHOOL

By Dr. ALLEN G. IRELAND
Director, Physical and Health Education
New Jersey State Department of Public Instruction

Milk—But None to Drink

It was in a one room rural school that I first met the paradox "plenty of milk but none for children to drink."



This school was located in a productive farming district where milk could be had in abundance. But while giving medical examinations to the children.

I soon discovered that something was wrong. Most of them were undersized. Their muscles were thin and stringy; the skin dry and pale. Some children were definitely undernourished. Others were on the borderline. They tired easily according to the teacher and they seemed to be listless in school work.

It was then that I learned upon inquiry that the teacher had made every effort to obtain milk for the noon lunch at school but without success. Her request was ridiculed and she was told to "forget it." But she wouldn't forget it. The situation was too serious. And she knew that success in her work of teaching depended a great deal upon the health of her pupils.

It was obvious to her, as it would have been to any observer, that these children were decidedly not in the condition or state of fitness to give their best attention and interest to learning. We conferred. It was decided to try an experiment with milk. What happened is told in the next article of this series.

Dr. Ireland will write about "A Valuable Lesson" in next week's article.

BAPTIST CHURCH

Sunday the 16th
10:00 A.M. Bible School.
11:00 A.M. Sunday morning service.
6:00 P.M. Young People's Meeting.
7:30 P.M. Evening Services.

CHRISTIAN SCIENCE SOCIETY

316 South Fourth street, across from grammar school, is a branch of The Mother Church, The First Church of Christ, Scientist, Boston, Mass. Meets every Sunday at 11:00 a.m. Sunday school at 9:30 a.m. Wednesday evening at 8:00 o'clock. Christian Science Reading room: 307 Beckley building, First and Fremont streets, open week days, except holidays, from 1 p.m. until 4:00 p.m.; evening except Wednesday, from 7:00 until 9:00 o'clock.

"GOD THE PRESERVER OF MAN" will be the subject of the Lesson-Sermon in all churches of Christ, Scientist, Sunday, December 16.

The Golden Text is from Psalms 145:20. "The Lord preserveth all them that love Him."

Among the citations which comprise the Lesson-Sermon is the following from the Bible: "Thou, even thou, art Lord alone; thou hast made heaven, the heaven of heavens, with all their host, the earth, and all things that are therein, the seas, and all that is therein, and thou preservest them all;" (Nehemiah 9:6)

The Lesson-Sermon also includes the following passage from the Christian Science Textbook, "Science and Health with Key to the Scriptures," by Mary Baker Eddy: "God is the Life, or intelligence, which forms and preserves the individuality and identity of animals as well as of man." (Page 550:5)

Hold Meeting

The children of Mary of the Catholic church, held their regular meeting Tuesday evening at the parish house on South Second.

Enjoy Picnic

The young people of the Baptist church greatly enjoyed a picnic held Tuesday evening at Grape Vine Springs. Games were played and a lovely supper was enjoyed.

Give Christmas Program

The W. M. U. society of the Baptist church held a meeting Thursday afternoon at the church, after which a lovely Christmas program was enjoyed by all the members.

**ADVERTISE IN THE AGE
IT PAYS**

**CHRIST CHURCH
OUR CHURCH SLOGAN
"Come and See!"**

**ANNOUNCEMENTS
Third Sunday in Advent
December 16th, 1934**

8:00 A.M. No Service. (Vicar in Boulder City.)
9:45 A.M. Church School and Kindergarten.
11:00 A.M. Holy Eucharist and Sermon.

**ST. CHRISTOPHER'S CHAPEL
Boulder City**

8:00 A.M. Holy Communion.
7:30 P.M. Evening Prayer and Sermon.

THE NEGRO CHORUS

Considering that Mrs. Mitchell began with such raw material as she could find among the local colored young people, their performance last Sunday was certainly a great tribute to her skill as a director. And the young people themselves deserve all our praise for the fine result they showed for all their evident hard work. It was a most enjoyable musical treat. And we are all very grateful for their beautiful singing. Incidentally they proved a surprising "drawing card," the attendance being the largest since last Easter.

**HOMEMAKERS'
QUESTION BOX**

By Inez S. Willison

Question: My meat loaves frequently are too dry. What is the cause of this?

Answer: Your meat loaves might be dry from either lack of fat or lack of moisture. If the meat is extraordinarily lean, have the market man grind two or three slices of salt pork with it, or line your loaf pan with bacon and place strips of bacon over the top.

If you add bread crumbs, moisten the loaf with slightly beaten egg, or tomato juice, and bake it in a moderate oven (350 degrees F.) until it is done, about one and one half hours. A higher temperature than this has a drying effect; also too long cooking produces the same effect.

Question: How should meat which is left-over from the meal be cared for?

Answer: As soon as the meal is over, the meat should be placed in a covered container or wrapped in wax paper and put in a cold place. Unless meat is covered or wrapped before placed in the refrigerator it will dry out and become hard.

There is one exception to the rule of covering meat in the refriger-

ator. If it is to be kept for a long time, the dried outside helps in preservation. However, in this case, the dry outside slices should be removed before the meat is prepared.

Question: In broiling my meats often curl. What can I do to avoid this?

Answer: Cut the fat around the outside in several gashes. This is especially necessary in broiling ham, as the fat around the outside does not give as the meat expands. If your ham still persists in curling, have it cut thicker. A thick piece of meat always holds its shape better than does a very thin one.

CALLED TO L. A.

James Cashman was called to Los Angeles Wednesday by the death of his brother, Harvey, who died of cancer after a lingering illness. For years the deceased was a resident of Searchlight and had many friends in this vicinity. He leaves a widow, three daughters and a son.

RETURNS HOME

Andy Croal, son of Mr. and Mrs. Tom Croal, has returned home from U.S.C., where he is attending school, to spend Christmas holidays at home.

JACKETS FOR SMARTNESS



YOU can't down the jacket frock. It crops up season after season and always looks smart, and always fulfills a wardrobe need. A frock of Crown rayon crepe uses a smart plaid for its tailored shirt-waist top. The turned down collar of the blouse is woven over the collarless box cut jacket and the tailored belt adds a finishing touch of smartness. Gay colored plaids are used with blacks, blues and browns.

YOUR HOME IS YOUR CASTLE

Admit only clean, constructive news by reading
THE CHRISTIAN SCIENCE MONITOR
A Daily Newspaper for the Home

It gives all the constructive world news but does not exploit crime and scandal. Has interesting feature pages for all the family on Women's Activities, Home-making, Gardens, Education and Books. Also pages for the Children and Young Folks. Vigorous editorials, an interpretation of news in the "March of the Nations" Column and "Watching the World Go By" are of especial interest to men.

The Christian Science Publishing Society
One, Norway Street, Boston, Massachusetts
Please enter my subscription to The Christian Science Monitor for a period of

One year	\$9.00	Three months	\$3.25
Six months	4.50	One month	75c

Name.....
Street.....
City..... State.....

Sample Copy on Request